

ARLINGTON RECREATION Winter 2016 Program

Arlington
Recreation...
Sign Me Up!

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Do you have an idea for a great program? Do you want to be an instructor? Email us at recoffice@town.arlington.ma.us. We'd love to have you!

Registration Now Open. Register Online at www.arlingtonrec.com

Register By Phone: 781-316-3880 By Walk-in or Mail-In:

Arlington Recreation Department, 422 Summer St., Arlington, MA 02474


Arlington Recreation's After-School Kid Care Program for the 2016 - 2017 School Year



The Arlington Recreation Department is proud to once again offer our licensed, extended-day program for children in Grades K - 5. The program is based at the Gibbs School, located at 41 Foster Street, and includes students from each of the seven elementary schools, St. Agnes and the Covenant School. This is our fifth year of this successful program. Arlington Kid Care is licensed by the Department of Early Education and Care (Lic. #9013594).

There are 5-day, 4-day, 3-day, and 2-day per week options. Enrollment is limited. The program begins the first day of the school year. Arlington Kid Care follows the Arlington Public School calendar with the following exceptions: it is not open when school closes at mid-day for a vacation period or closes early because of bad weather. Early release days are included as long as you are registered for the respective day.



 Arlington Kid Care operates 5 days a week from the end of the school day until 6:00pm. Students from all grades will do some activities together. There is time for playing sports and games, music and drama, foreign language, weekly science experiments, arts and crafts, a quiet space for homework and a caring staff. Students will also have electives to choose from throughout the year.

Frequently Asked Questions

Will There Be Transportation to Kid Care?

Transportation is provided for students to the program from the individual schools. Alternate transportation options may be available upon request.

How Do I Sign Up?

To enroll, a family may choose 2, 3, 4, or 5 days a week for the entire school year. Participants must be enrolled in the Kid Care program, have filed their paperwork, and paid the \$25 registration fee as well as the first month's tuition payment before attending the Arlington Kid Care Program.

What Are the Fees and Due Dates?

5 days a week:	\$445/month
4 days a week:	\$358/month
3 days a week:	\$300/month
2 days a week:	\$204/month

The first payment for the month of September is due by July 1st and all subsequent payments will be due by the 15th of the prior month.

The four, three or two days must be identified at registration.

A \$25 non-refundable registration fee is due upon registration. Monthly payments are through automatic credit card payment only. Registration accepted throughout the year if space allows.

ARLINGTON Recreation
781-316-3880 www.arlingtonrec.com **Sign Me Up!**

General Information

Registration and Payment

If choosing to register on-line, please visit www.arlingtonrec.com. If registering for the first time with Arlington Recreation, you will need to create a household account via our website. Please call 781-316-3880 if you experience difficulties. Phone registrations welcome! Payment must accompany all registrations. Checks should be made payable to Arlington Recreation. MasterCard, VISA, and Discover are also accepted.

Special Needs

Participants with special needs are encouraged to attend all of our programs. Staff members are sensitive to their needs and will do everything possible to assist. If you are unsure about program registration, call regarding specifics.

Program Accessibility

Please note that currently our programs are not programmatically accessible due to architectural barriers at most of our host facilities. The Park and Recreation Commission recently completed an accessibility self-assessment of all facilities under their jurisdiction and is developing a multi-year plan to address the issues highlighted in the report. As facilities are updated and become programmatically accessible they will be highlighted as such within the brochure location description.

Financial Aid

Financial assistance may be available thanks to a Community Development Block Grant program awarded to Arlington Recreation. For eligibility information, contact the Recreation Office. Forms may also be downloaded at arlingtonrec.com.

Refunds

There will be NO REFUNDS unless Arlington Recreation cancels a program. In the event that participants must cancel, household credit requests must be submitted in written form to the Director of Recreation. If approved, the percentage of credit may vary. If you cancel after the start of a program, no credits or refunds will be given. Please note that there is a \$10 administrative fee for all refunds less than \$100 and \$25 for all refunds greater than \$100. If Arlington Recreation cancels the program there is no fee.

Participants' Responsibility

We ask that all participants respect the staff, other participants, program equipment, age requirements, and facilities when participating in programs offered by Arlington Recreation. If participants fail to cooperate with the rules, Arlington Recreation reserves the right to dismiss or suspend a participant in any program without a refund.

Attention Parents

All program participants are encouraged to bring water and snack to the programs, however, due to increased nut allergies, please do not bring or send items containing nuts for snacks and lunches.

Inclement Weather

All cancellations are on the website, www.arlingtonrec.com. Also, sign up online for field closing notice at arlingtonma.gov. The Department of Public Works makes the decision regarding field cancellations. Once a determination has been made, the inclement weather hotline and the website are updated for your convenience. It is also our policy that if Arlington Public Schools close due to weather related issues, our programs will also be cancelled.

Cancellations

We reserve the right to cancel or postpone a program due to low enrollment. If a multi-session program must be cancelled due to inclement weather or other unforeseen circumstances, we will make every effort to reschedule the program. If a program cannot be rescheduled, a household credit will be issued for the canceled program. All program cancellations are on line at www.arlingtonrec.com

Course Confirmation

No confirmation for registering via fax or mail will be sent. A participant is registered ONLY when payment is received. If at any time, there are questions regarding your household account, please log onto www.arlingtonrec.com to view your household account history.

Volunteer Opportunities

Arlington Recreation greatly depends on volunteers to support all of our programs and special events. If you are interested in volunteering, there are a variety of programs and activities looking for a caring heart, a specific skill, and a helping hand! Contact us for openings. Thanks to all who have already given their time and energy!

Scholarship Fund

In order to continue offering quality programs at affordable costs, when registering, please consider donating to our scholarship fund. Arlington Recreation's goal is never to turn away an interested participant due to economic hardship. With your help, we will be able to continue this practice. If you choose to donate to the scholarship fund, please be sure to do so at checkout.

Email program comments, suggestions, ideas, and concerns to Director of Recreation Joseph Connelly, jconnelly@town.arlington.ma.us.

Special Events

Saturday, March 19, 2015

Daddy/Daughter Dance

Time: 5:00pm – 7:00pm
Where: Ottoson Middle School
Cost: \$5 per ticket



Social for girls of all ages with their fathers, grandfathers, uncles and other guardians. Everyone is welcome to attend with their daughters to the Daddy/Daughter Dance. Tickets on Sale January 1

Friday, March 25th

Arlington Recreation Egg Hunt

Time: Start at 11:00am sharp!
Where: McClennen Field
Cost: FREE!

Arlington Recreation is pleased to offer our 6th Annual Egg Hunt. Children from the ages 2 – 8 can take part in the fun! Kids will be separated in the following age groups: ages 2 – 3, 4 – 5, and 6 – 8. All groups start at 11:00am sharp! Kids will have the chance to search the grounds for mini chocolate eggs and other cool age-appropriate prizes. Kids should bring their own basket or paper bag to collect the treats! Start time is 11:00am at McClennen Field. The Egg Hunt is a FREE event!



K-9 Special Events

If you have an idea for a special k-9 community event please e-mail Recreation Supervisor, Erin Campbell at ecampbell@town.arlington.ma.us.

Saturday, March 26, 2016

Volunteer Clean Up Day

Time: 9:00am – 12:00pm
Where: Thorndike Off Leash Recreation Area
Cost: \$5 donation welcome

Celebrate our only Off Leash Recreation Area by coming down and pitching in! Help us keep the park clean by donating your time. Refreshments will be served. A \$5 donation is welcome the day of the event with helps support helps support Arlington's only fenced off-leash recreation area - a great place for dogs and their humans to play and make new friends!

Saturday, April 9, 2016

Walks of Nature – Part 2

Time: Great Meadows
Where: 8:00am – 9:00am
Cost: \$5 donation welcome



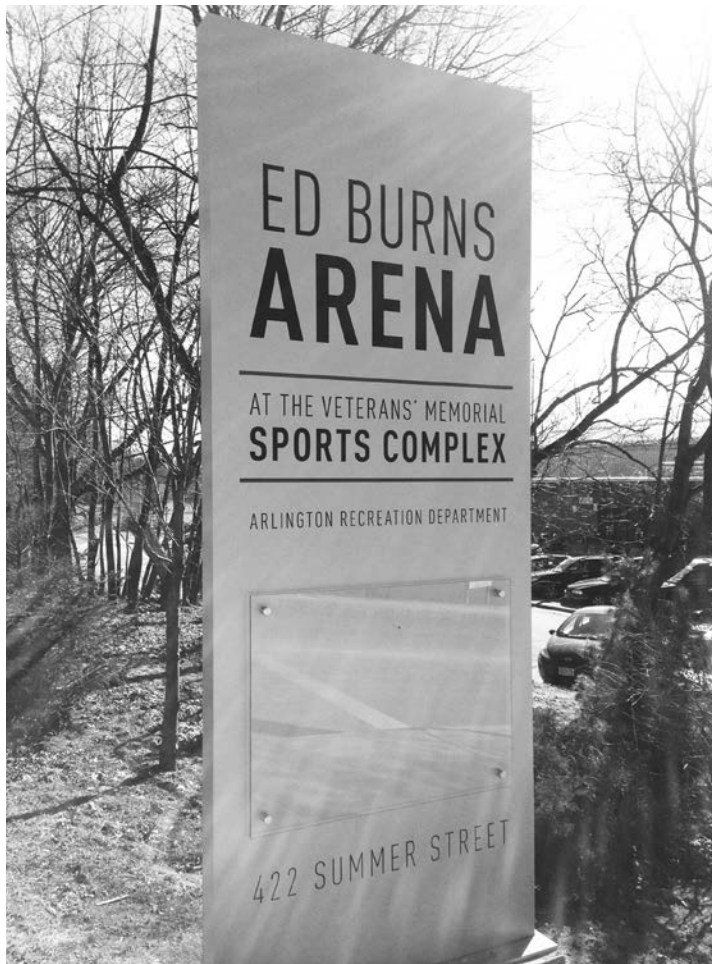
Help support the only Off Leash Recreation Area in Arlington by coming to a tour led by a local guide through Arlington's Great Meadows! Learn about the history of the area and have some fun walking the trails! Well behaved dogs, under voice control are welcome to join off-leash. A \$5 donation is welcome the day of the event which helps support Arlington's only fenced off-leash recreation area – a great place for dogs and their humans to play and make new friends!

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Cover Photo by Zoe McCarron

Ed Burns Arena Ice Skating Rink



The Ed Burns Arena Skating Rink is a newly renovated indoor ice facility located at 422 Summer Street in Arlington. The facility includes a regulation size rink of 85 x197-feet with spectator seating for 1,000 people. Complete snack bar service (hours vary) and vending machines are available in the main lobby, along with skate rental and sharpening services. Team rooms are provided for those renting ice time.

The Ed Burns Arena Skating Rink is open to the public during the months of August through April. The rink is a great place to host a school field trip or birthday party. For rental or event information, contact Dave Cunningham, Facilities Manager at 781-316-3882.

Public Skating Schedule

Dates: December – April (Final date to be determined)

Admission: \$3 children (16 & under) & seniors; \$6 adults
 *Special Friday Afternoon (1:45pm – 3:45pm)
 Rate: \$1 Children, \$3 adults

Skate Rentals: \$5 per pair. **Skate Sharpening:** \$6 per pair

Times: Mondays	12:00pm – 1:50pm
Thursdays	9:00am – 10:50am
Fridays	11:00am – 12:50pm; 1:45pm – 3:45pm*; 7:00pm – 9:00pm
Saturdays	4:00pm – 5:50pm
Sundays	9:30am – 11:30am; 2:00pm – 4:00pm

Dates and times are subject to change. Please check our website www.arlingtonrec.com for Holiday and Public skating times

Holiday/Special Public Skates

Monday, December 14	12:00pm – 1:50pm
Thursday, December 17	9:00am – 10:50am
Friday, December 18	11:00am – 12:50pm 1:45pm – 3:45pm 7:00pm – 9:00pm
Saturday, December 19	4:00pm – 5:50pm
Sunday, December 20	9:30am – 11:30am 2:00pm – 4:00pm: Holiday Bash with a DJ and raffles
Monday, December 21	12:00pm – 1:50pm
Wednesday, December 23	2:00pm – 2:50pm
Thursday, December 24	2:00pm – 3:50pm
Sunday, December 27	2:00pm – 3:50pm

See Pages 5 – 6 for more skating programs



Photo by Bonnie Walsh

Ed Burns Arena Ice Skating Rink

Special Public Skates and Kids Stick & Puck (S&P)

Kids require helmet with a cage, adults require a helmet

Monday, January 18	9:00am – 10:50am	Kids S&P
Monday, February 15	9:00am – 10:50am	Kids S&P
Wednesday, February 17	9:00am – 10:50am 11:00am – 1:50pm	Kids S&P Public Skate
Thursday, February 18	11:45am – 1:45pm	Kids S&P
Friday, February 19	9:00am – 10:50am	Kids S&P
Friday, March 25	9:00am – 10:50am	Kids S&P
Tuesday, March 8	2:00pm – 4:00pm	\$1 Public Skate
Tuesday, March 15	2:00pm – 4:00pm	\$1 Public Skate
Tuesday, March 22	2:00pm – 4:00pm	\$1 Public Skate
Tuesday, March 29	2:00pm – 4:00pm	\$1 Public Skate
Tuesday, April 5	2:00pm – 4:00pm	\$1 Public Skate
Tuesday, April 12	2:00pm – 4:00pm	\$1 Public Skate

Dates Public Skate and Stick & Puck NOT HELD

Friday, December 25	Closed for Christmas	
Saturday, December 26	4:00pm – 5:50pm	
Sunday, December 27	9:30am – 11:30am	
Monday, December 28	12:00pm – 1:50pm	
Thursday, December 31	9:00am – 11:00am	
Friday, January 1	No public skate times	
Saturday, January 2	4:00pm – 5:50pm	
Sunday, January 3	No public skate times	
Friday, March 11	7:00pm – 9:00pm	(Shoot for the Cure)
Saturday, March 12	4:00pm – 5:50pm	(Shoot for the Cure)
Friday, March 18	7:00pm – 9:00pm	(Guns v. Hoses)

Special Events

Friday, March 11	6:00pm – 10:00pm	Shoot for the Cure Family Night
Saturday, March 12	12:00pm – 10:00pm	Shoot for the Cure
Friday, March 18	7:00pm – 9:00pm	Guns v. Hoses (Police v. Fire)
April 15 – 17	TBA	2016 Broomball Tourney

Men's Stick Practice

Ages: 18 years and up
Dates: Thursdays (x12/24, 2/18)
Time: 11:45am – 1:45pm
Cost: \$10/day per person



Women's Stick Practice

Ages: 18 years and up
Dates: Fridays, (x12/25, 1/1, 2/19, 3/25)
Time: 9:00am – 10:50am
Cost: \$10/day per person

All Star Skating

Date: Saturdays, December 12 – February 6 (x12/26, 1/2)
Time: 10:50am – 11:40am
Cost: \$95 (price does not include rentals)



Join Arlington Catholic Coaches and AC Hockey Players for 50 minutes of supervised free skate time. Program is open to children with special needs from 6 years of age and up. Please note parents will not be allowed on the ice during instruction. Participants are required to provide their own single-blade skates or rent a pair for an additional charge. Helmets are required!

Students are grouped according to age and ability. Participants must provide their own single-blade skates or may rent for \$5 per pair. Helmets are required for all skaters. Don't forget to dress warm...bring hats and gloves! All lessons held at the Ed Burns Arena Skating Rink at 422 Summer Street.

Advertise Your Business or Sponsor a Special Event!

There are yearly options available for businesses to advertise at the Ed Burns Arena. Options include banners, illuminated signage, Zamboni, scoreboard, and message board.

If interested in advertising or to receive further information on available options, contact Dave at 781-316-3882.

Ice Skating Classes at the Ed Burns Arena

Tot Skate with Carol

Ages: 2.5 and up (with parent)

Dates: January 5 – February 3, February 23 – March 22

Time: 11:00 am – 11:45 am

Cost: \$99 per session. Skate rentals are available.

Beginning ice skating made simple and fun! Introduce your child to the exciting sport of ice skating. Instructors emphasize proper balance and control. Helmets are required!

Carol Rosenblith began skating as an adult and continues her training in ice dancing with Robert Rafuse. She is currently a member and registered coach with the Mt. Washington Valley Skating Club in Conway, NH and has been a USFS Basic Skills instructor for more than 10 years. Since November 2003, she has been a group instructor and coordinator with Bay State Skating School, teaching preschoolers through adults at rinks throughout the Boston metropolitan area.

Since 2008 she has also served as an instructor for the Franciscan Hospital Adaptive Skating Program for children with special needs, and over the last decade has also taught for the Weston Skating Club Basic Skills Program and for Learn-to-Skate programs at rinks in West Roxbury and Natick. A member of the Professional Skaters Association since 2004, she earned a PSA rating in group instruction in 2009

Bay State Preschool Skate

Ages: 3 – 4 years

Time: 1:00pm – 1:25pm followed by 25-minute free skate with parent

Dates: Fridays, January 29 – March 25 (x2/12, 2/19)

Cost: \$168 (7-week session)

Basic instruction and open skate for youth, without parents. Children will be taught how to stand up on skates, marching, dips, and forward skate. Participants are required to provide their own single blade skates (rentals available). Helmets are required!

Discount & Gift Tickets Available

Public skating Gift passes are available for purchase at the Arlington Recreation Office or Sports Center. Purchasing a pass is economical! These passes also make great birthday gifts or stocking stuffers for friends and family. Individual Passes: \$3 child & senior; \$6 adult; 10-visit punch passes: \$27 child & senior; \$54 adult.

Skate Rentals & Sharpening

The Arlington Sports Center offers Skate Rentals for \$5 per pair & Sharpening for \$6 per pair or purchase a 10-punch pass for \$50 and 11th service is FREE. Available during public skating, regular business hours, & by appointment.

Bay State Skating School Learn To Skate Program

Ages: 4 years and up

Wednesdays

Time: 3:00pm – 3:50pm

Dates: December 2 – January 20 (x12/30)

Cost: \$168 (7-week session)

Dates: January 27 – March 23 (x2/17)

Cost: \$192 (8-week session)

Saturdays

Time: 11:50am – 12:40pm

Dates: December 5 – January 23 (x12/26, 1/2)

Cost: \$144 (6-week session)

Dates: January 30 – March 26 (x2/13, 2/20)

Cost: \$144 (6-week session)

Basic instruction and open skate for youth, without parents. Children will be taught how to stand up on skates, marching, dips, and forward skate. Participants are required to provide their own single blade skates (rentals available). Helmets are required!

It's time to sharpen your blades for the coming winter season! Join Bay State Skate for skating fun. All teachers are professional ice skating instructors offering excellent classes for students ages 4 and up. The program is structured in 25-minute lessons and 25-minute practice time each week. A co-instructor is in attendance at all times. Students may wear figure skates or hockey skates. Bay State Skating School provides over 40 years of experience teaching lessons to the public!

Adult Skating

Ages: 18 + years

Dates: January 5 – February 3, February 23 – March 22

Time: 12:00pm – 12:45pm

Cost: \$99 per 5-week session

You asked for it, we are delivering! Adult beginner skate lessons are now being offered. Adult skating is gaining popularity – join the fun! A great workout and a chance to meet other Arlington residents! Helmets are now required!

See “Tot Skate with Carol” (above left) for more information on instructor Carol Rosenblith.



ICE RENTAL FEES

Call Dave Cunningham, Facility Supervisor at 781-316-3882 for complete details or an open ice-time schedule. Group rental fees: \$250 per 50-minute block, \$270 per 60 minute block.

Toddler and Youth Winter Classes

Fantastic Gymnastics

Ages: 18 months – 3 years (with parent).
Children should be good walkers
Dates: Tuesdays, January 5 – February 9;
February 23 – March 29
Time: 9:30 am – 10:10am
Where: Gibbs Gym
Cost: \$80 per 6-week session

This class is perfect for the two year old who is ready for some running, jumping, and learning some basic gymnastic skills.



Parents work with their children on basic motor skills on the floor, mini bars, low beam, and vault. Class format uses shape courses, balance, swinging, and bouncing areas. The instructor communicates through the adult to help accomplish the goals for the child. Program run by Tanya Dall.

Fantastic Gymnastics 3+

Ages: 3 – 5 years
Dates: January 5 – February 9; February 23 – March 29
Time: 10:10am – 11:00am
Where: Gibbs Gym
Cost: \$80 per 6-week session

This program includes structured gymnastics instruction as well as learning introductory gymnastics routines on the floor, mini bars, low beam, and child-sized vault. Children will learn proper warm-up and stretching techniques, listening skills, turn taking, and peer interaction. Taught by Tanya Dall.

Tot Soccer with Paige

Ages: 2 – 5
Dates: Saturdays, February 6 –
March 12, 2016 (x2/20)
Where: Ottoson Lower Gym
Time: 4:00pm – 4:45pm
Cost: \$90 per child

This Program focuses on the development of children ages 2-5 years old. Soccer experts and child development professionals have designed an innovative curriculum that introduces your young soccer star to the basic skills needed in soccer as well as developing their motor, social, and psychological skills.



Little Dragons Karate

Ages: 3 & 4
Dates: January 8 – April 15
(x2/19, 3/25)
Time: 4:45pm – 5:15pm
Where: Brackett School
Cost: \$320 per 13-class session



Little Ninjas Karate

Ages: 5 – 7 years
Dates: Fridays, January 8 – April 15 (x2/19, 3/25)
Time: 5:15pm – 6:00pm
Where: Brackett School
Cost: \$320 per 13-class session
Ages: 8 – 12 years
Dates: Fridays, January 8 – April 8 (x2/19, 3/25)
Time: 6:00pm – 6:45pm
Where: Brackett School
Cost: \$320 per 13-class session



One of the best karate programs in the country taught by four-time world champion Steve Nugent. These classes teach proper stances, breathing, stretching, discipline, confidence and practical self-defense.

This class also underlines the importance of nutrition, exercise, fire safety and stranger awareness. All uniforms are included in the class fee.

See Your Child on the Cover of the Arlington Recreation Department Program



The Arlington Recreation Department invites you to submit photographs at any time to be considered for use in our programs. Photos should be in full color and be high-resolution. Email your submissions to stevemoniak@lightingdesign.net

Super Soccer Stars

At Super Soccer Stars, it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, to build self-confidence, and to develop teamwork in every class. Our specially designed curricula use positive reinforcement and a low child-to-coach ratio to ensure that each child improves at his or her own rate while having endless fun.



Super Soccer Star Birthday Party at the Gibbs Gym

Whether your child is a soccer expert or an enthusiastic beginner, let Super Soccer Stars turn your child's birthday into an unforgettable soccer extravaganza! With two party packages we are sure to have something to fit your every need.

Super Soccer Stars birthday parties include a full hour of fun, age-appropriate soccer activities that can even be adapted into other exciting themes, such as superheroes, princesses, or anything that your child can imagine! After the soccer fun, the kids will sit down to eat food and cake, sing, and celebrate your child's big day. Our two packages are:

Kick-Off Package

90-minute party, 60 minutes of soccer, 30 minutes for food and cake (food and cake not included), soccer equipment, coaching and activities.

Cost: \$345 for 10 kids; \$15 each additional child

Super Soccer Stars Package

90-minute party, 60 minutes of soccer, 30 minutes for food and cake (food and cake not included), soccer equipment, coaching and activities, soccer ball party favor

Cost: \$445 for 10 kids; \$25 each additional child

Call 781-316-3880 to make reservations and for more party information.

Super Soccer Stars Winter 2016

Dates: Sundays, January 3- March 27

Time: 8:00am - 8:40am	Ages: 2 - 3 years olds
8:00am - 8:45am	3 - Young 4 years old
9:00am - 9:50am	Older 4 - 5 years old
9:00am - 9:50am	5 - 7 years old

Where: Gibbs Gym

Cost: \$320 per player

Looking for
an Inclement
Weather
Location?

Need A
Space To
Hold Your
Next Event?

Consider Renting the Gibbs Gymnasium!

Arlington Recreation rents the Gibbs Gymnasium to the public. Facility is open Monday - Saturday, 6:00pm - 10:00pm, Sunday 1:00pm - 5:00pm.

Single-Use or Long-Term options available!
Rental Fee for each space is \$50 per hour.

For complete details or to book your space,
call Arlington Recreation at 781-316-3884.

Youth Winter Programs

Baby Sitting Training

Grades: 5 – 8

Dates: Monday – Thursday, March 7 – March 10

Time: 3:00pm – 4:30pm

Where: Ottoson Middle School – Room 232

Cost: \$125 per 4-day session

The Babysitter's Training is a course designed for those interested in becoming responsible babysitters. Students learn: characteristics of children, basic care such as feeding, changing and holding, supervising and playing with children, accident prevention, proper emergency response, basic first aid for common injuries and illnesses. Students receive appropriate certifications from Safety 911.

Arlington Recreation Fencing Program

Dates: Thursdays

Session 3: January 28 – March 31 (x2/18, 3/24)

Session 4: April 7 – June 1(x4/21)

Times: 6:00 pm – 7:30 pm

Beginner - Intermediate ages 7 and above

7:00 pm - 8:30 pm

Beginner - Advanced ages 12 and above

Where: Gibbs Gymnasium

Cost: \$200 Fee includes recreational membership in United States Fencing Association.



Come learn the exciting sport of fencing! Often called a physical game of chess, fencing develops endurance, coordination, agility, poise and balance. While fencing is a physical sport, it is also a mental game requiring concentration, quick decision-making and problem-solving. It's an ideal activity for people of all ages and

sizes. Equipment is provided for the first eight-week session one participates in.

Clothing Requirements: Track or sweat pants (no shorts! jeans are safe, but not comfortable.) T-shirt, or other lightweight top. (You're going to be putting on a fencing jacket.) Shoes should be sneakers, tennis, racquetball, indoor soccer or similar shoes. No sandals, crocs, heels, boots or dress shoes.) Glove, such as garden glove, baseball hitting glove or something similar for dominant hand. These requirements are all for your safety!

For more information, contact Michael at 978-210-2711 or michael@nefencing.com.

Boys Lacrosse Clinics Winter 2016

Ages: Grades 1 – 8

Dates: Tuesdays and Thursdays, March 3, 8, 10

Time: Grades 1 – 4, 4:00pm – 6:00pm

Grades 5 – 8, 6:00 pm – 8:00pm

Where: AHS Red Gymnasium

Cost: \$65 for 3 sessions



Arlington Youth Lacrosse runs this popular program. Participants will learn the basic skills of the game, as well as participate in friendly competitive play. Please bring lacrosse stick and sneakers.

For more information about Arlington boys' lacrosse please visit www.arlingtonlax.org.

Girls Lacrosse Clinics Winter 2016

Grades: 1 – 8

Dates: Monday & Wednesday, March 2, 7, 9

Time: Grades 1 – 4, 4:00pm – 6:00pm

Grades 5 – 8, 6:00pm – 8:00pm

Where: AHS Red Gymnasium

Cost: \$65 for 3 sessions

Arlington Youth Lacrosse invites returning players and any new players (grades 1 – 8) interested in learning "the fastest game on foot" to participate in the 2016 girls lacrosse clinic. The Winter Clinic is designed to give new and existing players the opportunity to develop skills through various structured activities including catch-and-throw and ground ball shuttles, cradling, dodging, defense, shooting, and open scrimmage.

For more information about Arlington girls' lacrosse please visit www.arlingtonlax.org.



Street Soccer with Paige

Grades: 3 – 5

Dates: Wednesday, January 27 – March 2 (x2/17)

Where: Hardy School

Time: Session 1 6:00 pm – 6:45 pm

Session 2 7:00 pm – 7:45 pm

Cost: \$65

Join Paige from the Arlington Soccer Club and Challenger Soccer for an exciting hour of indoor street soccer! Work on your skills indoors this winter while getting more touches on the ball. Space is limited.



Youth Winter Programs

Boston Stars Premier Advanced Skill Training

Dates: Session 1 - Saturdays, January 9 – February 13
Session 2 – Saturdays, February 20 – March 26
Time: 9:00am – 10:00am **Ages:** 5 – 7
10:00am – 11:00am 8 – 10
Where: Peirce School
Cost: \$197 per player

Mass Youth Soccer Winter Skills Clinic

Age Groups: Boys and Girls U7/U8, U9/U10, U11/U12
Dates: Session 1, Mondays, January 25 – February 22 (x2/15)
Session 2, Mondays, February 29 – March 21
Times: U7/U8 5:30pm – 6:30pm
U9/U10 6:30pm – 7:30pm
U11/U12 7:30pm – 8:30pm
Where: Ottoson Middle School
Cost: \$75 per person

Are you looking for a local opportunity to improve your soccer skills over the winter? The Arlington Soccer Club and Arlington



Rec are partnering with Mass Youth Soccer to provide you with an opportunity to develop your technical skills and speed of play. The sessions will be dynamic and fast-paced and will cover all areas of technical development, and they will be fun!

The sessions will be run by members of the Mass Youth Soccer State Instructional Coaches, many of whom hold a US Soccer A or B license. Space is limited so register early! Though program is offered in conjunction with Arlington Soccer Club, please register through the Arlington Recreation Department.

2015-2016 Arlington Futsal League Third Year of the League!

Ages: U-8, U-10, U-12, U-14 Divisions to host both boys and girls teams if numbers allow
Dates: Session 1: Saturdays, December 12, 2015 – January 30, 2016 (x12/26)
Session 2: Saturdays, February 6 – March 26 (x2/20)

Free Futsal Clinic on Saturday, December 5, 2015 which will be open to all who have registered!

Times: Times will range from 8:00am to 6:00pm on Saturdays. Schedule will be available once the number of teams is finalized.

Individual Entry per Session: \$70 per player

Team Entry per Session: Please have players register individually and then coaches can send their team lists to ecampbell@town.arlington.ma.us



Futsal in New England has experienced a tremendous growth during the past few years! Futsal has finally been recognized as the sport that best fosters the development of soccer players at a very fast pace.

Arlington Recreation and the Arlington Soccer Club are once again teaming up to offer this fast-paced, fast growing sport in the Town of Arlington. Don't miss out on this great opportunity to sharpen your skills this off-season.

Please note that the level of play will be novice to moderate travel team play. This will not be a premier select team league.

Arlington Recreation will supply team shirts, warm-up and practice balls and officials. Arlington Recreation will work with the Wolves Futsal Club who will help coordinate the clinics for players and coaches and will supply referees weekly. Individuals should be prepared to play with proper footwear and shinguards.

Sponsored by Arlington Recreation with support from the Arlington Soccer Club



Advertise Your Business or Sponsor a Special Event at the Ed Burns Arena

Would you like Arlington Recreation to help you get the word out about your services or an upcoming event? Need more exposure in Arlington and the surrounding area? Would you like to support Arlington Recreation or sponsor a special event?

There are yearly options available for businesses to advertise at the Veterans Memorial Ice Rink! Options include banners, illuminated signage, Zamboni, scoreboard, or seasonal brochure with over 12,500 copies distributed each season!

Call Dave Cunningham at 781-316-3882 for more information.

February Vacation Programs

Kids Care Vacation Week Program

Grades: K - 5

When: Tuesday, February 16 - Friday, February 19

Time: 8:00am - 6:00pm

Where: Gibbs Gym

Cost: \$60 per day and individuals can sign up for as many days as they like. \$200 for the week.

Join us for an expansion of our successful after school program. This Fun program is open to all. Each day will have its own different special activity planned. A detailed schedule will be available online after January 1st.

Viking Sports - Multi Sport

Grades: 1 - 5

Dates: Tuesday - Friday, February 16 - 19

Time: 9:00am - 3:00pm

Where: Lower Ottoson Gymnasium

Cost: \$195

The philosophy at all Viking programs is safety, good sportsmanship, and fun. Multi Sports clinic includes: soccer, basketball, baseball/t-ball, flag football, kickball, floor hockey, wiffle ball, capture the flag, and many other sports and games! All coaches are carefully selected based on their enthusiasm, professionalism, and experience.



Challenger Soccer February Vacation Program

Grades: 1 - 5

Dates: Tuesday - Friday, February 16 - 19

Where: Ottoson Upper Gym

Time: 9:00am - 3:00pm

Cost: \$195

Join Challenger Soccer for this energetic program that gives participants the opportunity to learn the fundamentals of soccer in a non-competitive, fun environment. Kids will participate in a variety of lessons and drills designed to familiarize them with teamwork, sportsmanship and coordination. Participants should bring plenty of water and a lunch each day.



Birthdays Party at the Gibbs Gym!

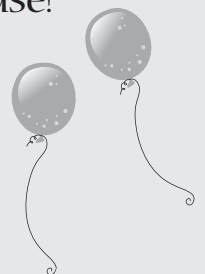


Arlington Recreation will book birthday parties on Saturdays and Sundays throughout the year.

Birthday parties are in two-hour time blocks. Bouncy House rental available!
Great price: \$140 without Bouncy House, \$190 with Bouncy House!



**For more information
please call us at 781-316-3880
or email us at
jconnelly@town.arlington.ma.us**



Winter Skiing: Ski Lessons at Nashoba Valley

Ski/Snowboard – New Day Tuesday!

The Learn to Ski Program provides ski or snowboard lessons, lift tickets and transportation to the Nashoba Valley Ski Area in Westford, MA.

Grades: 2 – 5

Dates: Four Tuesdays, January 12– February 2

Time: 2:00pm – 6:30pm (times are approximate).
Lessons are scheduled for 3:15pm.

Cost: \$265 per participant. Each week participants will have time for free ski before lessons begin.

Equipment Rental

There will be a mandatory fitting on Monday, December 7 from 5:30pm – 6:30pm in the lower level classroom of the Gibbs Gymnasium. Rentals are an additional \$85.00 for the season, checks payable the night of the fitting directly to Nashoba Valley. If you do not make this date, it will be necessary to go to Nashoba on your own before the first session for a private fitting. Helmets will also be sold at the fitting for \$60.



Transportation

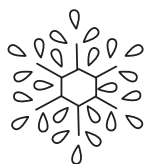
Buses will meet at the Arlington Recreation Department. We will begin boarding at approximately 2:00pm. Return location will be the same. If a session needs to be canceled due to inclement weather, the session will be made up the following Tuesday.

Registration Note

Please note that registration numbers are limited and accepted on a first-come, first-serve basis.

Parent Volunteers

Parent volunteers are allowed to ski/snowboard for free, but must attend all four weeks of the program. Parent volunteers are assigned to same group for the entire program and are responsible for taking attendance, assisting with equipment rental, and chaperoning participants at Nashoba Valley. Parent volunteer spaces are limited. If you are interested in being a parent volunteer, please contact Arlington Recreation at 781-316-3880.



Badminton at the Dallin School Gym

January 2016 to May 2016

Register for Badminton programs at elainegam@rcn.com

Badminton is a fast, fun, and social game that can be played and enjoyed by people of all ages. Even if you are new to badminton, you will quickly learn the basics and join others in exciting games. Indoor badminton is more fun, more exciting, and more energetic than the 'backyard badminton' that most Americans are familiar with. Shuttlecocks will be supplied. Some racquets will be available for use. Chauncy Liu will coach all sessions.

On Mondays there will be two sessions dedicated to "Just Families" from 6:30pm – 7:20pm and from 7:20pm – 8:10pm. "Monday Doubles" follows at 8:10pm – 9:50pm.

On Thursdays there will be one session dedicated to "Just Families" from 6:30pm – 7:20pm with one court dedicated to adults learning or returning to the game and four half-courts for family play. "Thursday Adult Club" follows at 8:10pm – 9:50pm.

Just Families on Monday

Who: Family groups.

Dates: January 12 – May TBD

Times: 6:30pm – 7:20pm and 7:20pm – 8:10pm

Cost: Half court \$200 for 12 weeks
Full court \$390 for 12 weeks
Single adult player \$100 for 12 weeks.

This session is structured for families to play with their children. Chauncy Liu will assist with playing techniques and join in family games with some coaching. This session is very popular and "Just Families" fills quickly.

Just Families and Basics on Thursday

Who: Family groups and adult players returning to the game.

Time: 6:30pm – 7:20pm

Dates: January 8 – May TBD

Cost: Half court \$218 13 weeks
Full court \$423 13 weeks
Single adult player \$110 for 13 weeks.



This session is structured for families to play with their children. One court is dedicated to adult players returning to the game. Chauncy Liu will assist with playing techniques and join in family games with some coaching. This session is very popular and fills quickly.



Doubles Court on Monday

Time: 8:10pm – 9:50pm

Who: Youth or adult players with game-playing skills.

Dates: January 12 – May TBD

Cost: \$140 for season,
\$10 per person walk-in when space available.

Play is exclusively doubles, but there are not regular partnerships. Instead a 'Ladder System' is used to arrange even strength matches, as well as to diversify partnerships throughout the evening. Three courts are available. Chauncy Liu and other experienced players will be playing with the group and helping players to develop playing skills. Only 28 passes will be sold per season, so space is limited.

Adult Club Badminton on Thursday

Time: 7:20pm – 9:50pm

Who: Adult players with advanced game-playing skills.

Dates: January 8 – May TBD

Cost: \$145 for season
\$15 per person walk-in when space available.

Play is almost exclusively doubles, but there are not regular partnerships. Instead a 'Ladder System' is used to arrange even strength matches, as well as to diversify partnerships throughout the evening. Three courts are available. There is no coaching, however Chauncy Liu as well as other experienced players from the Winchester Club will be playing with the group. Only 30 passes will be sold per season, so space is limited.

Passes for all programs are available only by advanced sign-up via email at elainegam@rcn.com or email her with questions. For more Badminton Club info, go to: <http://abc.wolfberg.net>.

Adult Programs

Open Basketball

Ages: 18 & up

Dates: Every Tuesday evening through June

Time: 7:00pm – 9:00pm

Cost: \$10/day

Where: Hardy School Gymnasium



Maureen Nee Fitness Program: TRX® Boot Camp

Dates: Session 2: Monday, Wednesday and Friday, January 11 – February 22 (x1/18)

Time: 5:45am – 6:30am

Where: Gibbs Gym

Cost: \$240

Sign up for the only Winter session for TRX Boot Camp. Class will meet Mondays, Wednesdays and Fridays at 5:45am at the Gibbs Gym. This class is a combination of cardiovascular drills to keep your heart healthy and TRX Suspension Trainer strength exercises to tone all your muscles! You can make the TRX exercises harder or easier just by changing your stance, body angle and speed.

The class is appropriate for beginners and seasoned athletes alike. Class is limited to 20 participants. Bring a yoga mat and water to each class.

All sessions taught by Maureen Chagnon Nee, a certified group exercise instructor and personal trainer, and local triathlete.



Arlington Recreation Adult Fencing Program

Dates: Session 3: January 28 – March 31 (x2/18, 3/24)
Session 4: April 7 – June 1(x4/21)

Times: Thursdays 7:00 pm - 8:30 pm, Beginner – Advanced

Where: Gibbs Gymnasium

Cost: \$200 Fee includes recreational membership in United States Fencing Association.

Come learn the exciting sport of fencing! Often called a physical game of chess, fencing develops endurance, coordination, agility, poise and balance. While fencing is a physical sport, it is also a mental game requiring concentration, quick decision-making and problem-solving. It's an ideal activity for people of all ages and sizes.

Equipment is provided for the first 8-week session one participates in.

Clothing Requirements: Track or sweat pants (no shorts! jeans are safe, but not comfortable.) T-shirt, or other lightweight top. (You're going to be putting on a fencing jacket.) Shoes should be sneakers, tennis, racquetball, indoor soccer or similar shoes. No sandals, crocs, heels, boots or dress shoes.) Glove, such as garden glove, baseball hitting glove or something similar for dominant hand. These requirements are all for your safety!

For more information, contact Michael at 978-210-2711 or michael@nefencing.com.

Arlington Recreation...
Sign Me Up! Register Online
at www.arlingtonrec.com



The Arlington Recreation Department Winter 2016 Program was designed and composed by

Lightning Design

www.lightningdesign.net

Community Organizations

ARLINGTON BABE RUTH

OF ARLINGTON, MA

Arlington Babe Ruth Baseball Association (ABA)

www.Arlingtonbb.org

Arlington Babe Ruth Baseball Association is a non-profit organization that offers baseball to players between the ages 13 - 19. The program is designed to allow the players to learn and advance their baseball skills in an environment where fair play and competition is encouraged, so as to advance them into mature young adults on and beyond the fields of baseball.

Our spring program offers two levels of competitive play, so that any player of any skill has a place to play. We then move into the summer program with teams who play against some surrounding towns. The fall comes and we have teams who are made up of current and new players. It is a great transition for the recent Cal Ripken grads to get a taste of the "big diamond." Games are against surrounding towns.

In addition to our base programs, we offer a more competitive AAU alternative at a cost that is generally less than other AAU programs. This AAU alternative allows players the opportunity to get more workouts and to play at a more competitive level against other AAU teams. Finally, we offer a program for our older kids (15-19) in the very competitive Middlesex League



Arlington Hockey Club (AHC)

www.Arlingtonice.com

The Hockey Club offers a high quality, affordable opportunity for girls and boys to play hockey from ages 5 to High School. We provide age-appropriate and skill-appropriate player development and coaching and strive to build solid foundational skills as part of our travel, developmental and in-house programs, which enables us to have a strong, sustainable program year after year. Please visit Arlingtonice.com to learn more about playing hockey in Arlington.



Arlington Pop Warner

Arlington Pop Warner (APW)

leaguelineup.com/welcome.asp?url=arlingtonpw

Arlington Pop Warner football and cheer registration is open to all children ages 5 to 15 who live in Arlington and/or attend school in Arlington. Pop Warner football is the only nationally organized program that sets and enforces strict age and weight guidelines to promote player safety. There are no tryouts and everyone plays.

Pop Warner football and cheer programs teach fundamental values, skills and knowledge that young people will use throughout their lives.



Arlington Soccer Club (ASC)

www.arlingtonsoccerclub.com

The Arlington Soccer Club is a volunteer organization that provides an opportunity for the boys and girls of Arlington to learn, play and love the sport of soccer through individual skills development, fitness, teamwork, and sportsmanship.

We have 1,900 players, ranging in age from pre-K through high school, and over 300 coaches. We offer both a spring and fall season for players of all skill levels, ranging from the recreational to Division 1 players. We offer in town leagues for our younger players, pre-K through 4th grade. Our older teams participate in the BAYS soccer league and travel to other towns for games.

We also employ local referees to officiate our games, both youth and adult. For more details about the various programs we offer, or to register your child to play with our club, please visit our website at www.arlingtonsoccerclub.com.

If you have a specific question you can find email contact information for our board members on our website.

Community Organizations



Arlington Youth Lacrosse (AYL) *arlingtonlax.usl.la*

Arlington Youth Lacrosse (“AYL”) is a volunteer-based organization comprised of student-athletes, parents, coaches and supporters that provides opportunities for Arlington’s boys and girls to learn about the game of lacrosse, to develop their skills through practice and competition, and to enjoy the camaraderie associated with team play. We welcome all comers regardless of skill level or experience, and offer in-town and travel-based spring programs for students ranging from first grade through eighth grade.

Arlington Girls Lacrosse (“AGLAX”) has recently joined forces with Arlington Youth Lacrosse (historically the boys lacrosse program) to form a unified lacrosse organization for the town of Arlington. We are excited to bring together these two organizations that have fostered the incredible expansion of lacrosse in Arlington, and we look forward to providing an ever-growing number of our youth with opportunities to learn and participate in the fastest growing sport in the country.

Arlington Town Tennis Association *www.attatennis.org*



Do you play tennis? Would you like to meet others who play tennis? Visit our web site to learn more about the Arlington Town Tennis Association (ATTA) and become a member. You do not need to be a member to sign up for the ATTA newsletter, or events. ATTA is a great way to meet others who play tennis.

ATTA will be hosting an Adult Spring Draw Doubles Event, Saturday May 2 and Sunday May 3 (if needed) 2015. Those who sign up will be matched up with a partner and matching will be according to level. Sign up for either men’s, women’s and/or mixed doubles.

Visit www.attatennis.org to sign up for updates as well as the ATTA newsletter.



Arlington Youth Baseball and Softball (Little League) *aybsaonline.org*

The Arlington Youth Baseball and Softball Association is a non-profit organization for Arlington children who enjoy the game of baseball, centered on the ideals of good sportsmanship, honesty, loyalty, courage and respect.

Our program offers spring, summer and fall baseball and softball programs to 1,100 kids from ages 5 to 14 years old. The League is intended to teach basic skills including throwing, hitting, catching flies, fielding grounders, and base running. We also offer umpire opportunities to our graduating players 12 years of age or older.

For more details about the various programs we offer, or to register your child to play, please visit our website. If you have a specific question you can find email contact information for our board members on our website.



Arlington Parks, Fields, & Facilities

Sign up online for field closing notices at www.arlingtonma.gov

To request the use of a field or park for special event or outing, please submit a field permit request to Director of Recreation Joe Connelly at JConnelly@town.arlington.ma.us. Downloadable permit forms can be found at www.arlingtonrec.com

Bishop Field: Located at Bishop School on 25 Columbia Road. Park has a softball/little league field, open field area used for soccer, hardtop basketball area, and a playground. Parking available.

Brackett School: 66 Eastern Avenue. Area has a playground and a hardtop basketball area. On-street parking available.

Buck Field: 422 Summer Street. Field is located on the right of Arlington Sports Center (Rink). Park has a softball/little league field, access to bike path. Parking available.

Buzzell Field: 229 Summer Street. Area has two little league/softball fields (Buzzell 1 - near Summer Street, Buzzell 2 - near bikeway), a playground, picnic tables, a basketball court, and access to bike path. On-street parking available.

Crosby School/Tennis Courts: On Winter Street about 1/2 way down. Area has a medium size green space used for soccer and a playground. Limited on-street parking available.

Cutter School Park: Park is located between Robbins Road and School Street. Area has a playground.

Ed Burns Arena: 422 Summer Street. An indoor ice facility, regulation-size rink, spectator seating for 1,085 people, complete snack bar and vending machines, skate rentals and sharpening. Open September through April. Parking available.

Florence Field: Located at Dallin School at 185 Florence Avenue. Area has a little league/softball field, a large open green space for soccer/lacrosse, a playground, and a small basketball area. On-street parking is available.

Gibbs Gym: 41 Foster Street, off Mass Ave. Area has two playgrounds available to the public (after 6pm on weekdays) and a basketball court. Parking available.

The Great Meadows: Area is owned by the Town of Arlington. It is located between two schools, the Waldorf School of Lexington and Lexington Christian Academy off of Lowell Street. Area has walking trails in Arlington and Lexington.

Hibbert Playground: Hibbert Street. Area has a small playground.

Hill's Hill Field: Located behind Buck Field on the far right of Arlington Sports Center at 422 Summer Street. Open field for various sports or activities, with access to bike path, and has a playground. Parking available.

Hurd Field: Located on Drake Road behind Trader Joes and Walgreen's in the Heights. Area has two softball/little league fields, large open field used for soccer; access to bike path and the Reservoir. Parking available.

Locke School Playground: David Road behind the Locke School condos.

Lussiano Field: Located at Thompson School on North Union Street. Area has a playground, a basketball court, three picnic tables, one basketball court, one softball/little league field, one baseball field, and a big open field used for soccer. Seasonal spray pool area open from June to August. Parking available

Magnolia Field: On Herbert Street/Magnolia Street. Area has a playground, a basketball court, a large open field that is used for soccer and lacrosse, community gardens area, and access to the bike path. Very limited parking available.

McClennen Park: Located on Summer Street (Rte. 2A) across from Palmer's Garage, Lexington line. Area has playground, skate boarding ramps, walking trail, two soccer fields, and one little league field. Parking available.

Menotomy Rocks Park: Main entrance on Jason Street. Area has two open green spaces, a picnic area, playground, walking trails and fishing. On-street parking available.

Ottoson Middle School: 630 Acton Street off Appleton Street. Area has a softball/little league field in back and practice area in front. Parking available.

Parmenter Park: 17 Irving Street. Area has a playground and a basketball court. No parking available

Peirce School: 85 Park Avenue Extension. Area has a playground, a basketball court, and green space. Parking available after 3:00pm.

Poet's Corner: 175 Dow Avenue. Off Route 2 service drive and Dow Avenue. Area has a playground, softball/little league field, basketball courts, and tennis courts.

Reservoir Beach: On Lowell Street. Seasonal beach, playground, concession stand. Walking path year round. Off-street parking available.

Robbins Farm: 166 Eastern Avenue, off Park Avenue in the Heights and across from Brackett School. Area has a baseball diamond, large green space area used for soccer, a playground, summer-time movies in the park, and a 4th of July celebration. On-street parking available.

Robbins Library: 700 Mass Ave. Area has a playground and a small green space. Parking available.

Scannell: Field: 90 Linwood Street, off Mass Ave. Area has a softball/little league field, access to the bike path and stands to watch athletic activities.

Spy Pond Field: 66 Pond Lane. Overlooking the Boy's and Girl's Club. Area has a baseball diamond, little league field, stands to watch athletic activities, a large open field used for soccer, five tennis courts and a tennis mini-court. On-street parking available.

Spy Pond Park: Located on the north shore of Spy Pond on Pond Lane. The area has a playground, boat ramp and access to the bike path.

Stratton School: 180 Mountain Avenue. Area has a playground, hardtop basketball court, and a small green space. Parking available after 3pm.

Summer Street: 422 Summer Street on the left of the Sports Center (skating rink) on the corner of Forest St. Area has a playground, a basketball court, a baseball diamond, a large open field used for field hockey, and access to the bike path. Parking available.

Thorndike Field: At the end of Margaret Street, off Lake Street. Area has a large field for soccer and lacrosse, Off-Leash Dog Park, and access to the bike path. Parking available.

Turkey Hill: Access from Dodge Street. Passive recreation area and trails.

W. A. Peirce Turf Field: Behind Arlington High School located on 869 Mass Ave. A newly-renovated turf field, new six-lane track, one baseball field, one softball/little league field, one multi-purpose practice field, and two basketball courts.

Waldo Park: Teal Street. Area has playground, basketball court and small open area for play.

Wellington Park: Grove Street across from DPW Garage. Area has tennis courts, climbing wall and passive recreation area.

Whittemore Robbins House: 700 Mass Ave. Turn into the Robbins Library parking lot and follow drive. Area has a playground and a small green space. Parking available.

Meet the Recreation Department Staff

Joseph Connelly
Director of Recreation

Erin Campbell
Program Supervisor

Maria Day
Administrative Assistant

Linda Kirchner
Administrative Assistant

Dave Cunningham
Facility Supervisor

Mark Linskey
Maintenance Craftsman

Parks & Recreation Commission

Jen Rothenberg
Chairperson

Shirley Canniff
Vice Chairperson

Leslie Mayer
Don Vitters

Elena Bartholomew
Associate Member

Peter Hedlund
Associate Member

Crispy Tarantino

Recreation Department Phone Numbers

Main Number:
781-316-3880

Fax Number:
781-641-5495

Ice Rink:
781-316-3887

Mission Statement

Arlington Recreation, a self-sustaining Division of the Town, offers safe, quality and affordable programs and facilities for citizens of all ages and abilities.

Our staff members are qualified professionals, dedicated to serving the community with excellence and pride.

Registration Form

Participant's Name: _____ Grade & School: _____

Address: _____ City, Zip: _____

Home Phone: _____ M / F DOB: _____

Allergies/Medications/Limitations?: _____

PARENT/GUARDIAN INFORMATION

Guardian: _____ Cell Phone: _____

Business Phone: _____ Email: _____

EMERGENCY INFORMATION

Name: _____ Phone: _____

PROGRAM REGISTRATION SECTION

CLASS	SESSION	TIME	FEE
1.			
2.			
3.			

I, the undersigned parent/guardian of _____, a minor, do hereby consent to my child's participation in voluntary athletic or recreation programs of the Town of Arlington-Recreation Division. I also agree to forever release the Town of Arlington, Arlington Recreation, and all their employees, contractual agents, commission members, volunteers and any and all individuals and organizations assisting or participating in voluntary athletic or recreation programs of the Town of Arlington-Recreation Division ("the Releases") from any and all claims, rights of action and causes of action that may have arisen in the past, or may arise in the future, directly or indirectly, from personal injuries to my child or property damage resulting from my child's participation in the Town of Arlington-Recreation Division's voluntary athletic or recreation programs. I also promise, to indemnify, defend, and hold harmless the Releases against any and all legal claims and proceedings of any description that may have been asserted in the past, or may be asserted in the future, directly or indirectly, arising from personal injuries to my child or property damage resulting from my child's participation in the Town of Arlington - Recreation Division's voluntary athletic or recreation programs. I further affirm that I have read this Consent and Release Form and that I understand the contents of this Form. I understand that my child's participation in these programs is voluntary and that my child and I are free to choose not to participate in said programs. By signing this Form, I affirm that I have decided to allow my child to participate in the Town of Arlington-Recreation Division's athletic and recreation programs with full knowledge that the Releases will not be liable to anyone for personal injuries and property damage my child or I may suffer in voluntary Arlington Recreation athletic or recreation programs.

Emergency Medical Treatment: I hereby give the Arlington Recreation Program permission to administer basic First Aid, CPR, and necessary medication to my child _____ and/or take my child _____ to a hospital and secure medical treatment when I cannot be reached or when delay could be dangerous to my child's health.

Allergies, Chronic Health Conditions: Allergies must also complete EAAP plan at the Recreation Dept office. Please list all of your child's allergies and/or chronic health conditions: _____

SIGNATURE _____

Credit Card Payment: MC/ VISA/DISCOVER: Card # _____

EXP. _____ SIGNATURE _____ CVV# _____

Please make checks payable to Arlington Recreation.

*Mail form to Arlington Recreation, 422 Summer Street, Arlington, MA 02474
or fax to 781-641-5495*

Non-Profit Org.
U.S. Postage
PAID
Boston, MA
Permit No.
59927

Arlington Recreation Kid Care Pre-School 2016 – 2017

Ages 2.9 – 5 years old. Registration begins January 1st for the 2016 – 2017 school year. Parents are encouraged to visit the program at any time before registration.

The Arlington Recreation Department welcomes your preschooler to join us in our licensed preschool program. (Lic. #9013594) Come and take part in the many different subjects such as arts and crafts, reading, foreign language classes, story time, sports and games, gymnastics, and much more.

Your little students will enjoy socializing with other children in a structured, safe, and welcoming environment.

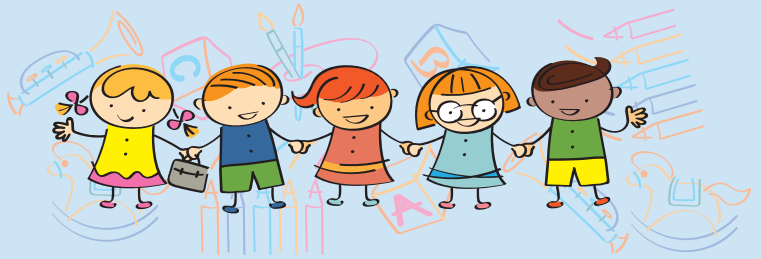
We offer snack time and request you pack a snack with your child for the day. Please no nut or peanut products because of children's allergies.

Kid Care Pre-School 2016 – 2017 Cost Per Month

You have the option to choose one, two, three, four or five days a week.

Full Year

One Day A Week	\$118
Two Days A Week	\$231
Three Days A Week	\$344
Four Days A Week	\$457
Five Days A Week	\$571



Payments will be broken down into 10 monthly payments for full year.

A \$25 non-refundable registration fee is due upon registration.

Monthly payments are through automatic credit card payment only.

First month's deposits are due by July 1.

Enrollment is accepted throughout the year as space allows!

Calendar

Arlington Kid Care follows the Arlington Public School calendar and school cancellation schedule. The program will begin the first full week of school.

How Do I Sign Up?

To enroll, a family may choose 1, 2, 3, 4 or 5 days a week for the entire school year. Participants must be enrolled in the Kid Care Pre-School Program, have filed their paperwork, and paid the \$25 registration fee and the first month's tuition payment before attending the Arlington Kid Care Pre-School Program.

Arlington Recreation Department
422 Summer Street
Arlington, MA 02474

*Arlington Recreation...Sign Me Up!
Register Online at www.arlingtonrec.com*