



**Town of Arlington, Massachusetts**  
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## March 7, 2007 Meeting Minutes

**Board of Health Meeting Minutes**  
**Wednesday, March 7, 2007**  
**First Floor Conference Room**  
**Senior Center**  
**5:45pm**

*Board Members in Attendance: Dr. Carole Allen, Mr. Gregory Leonardos (Chair) and Dr. Michael Fitzpatrick*

*Staff in Attendance: Christine Connolly, Director of Public Health, Natasha Thorne Health Inspector, Joseph Carabello, Health Inspector, Mary Ann Jacobs, Secretary*

- I. Accept January 31, 2007 meeting minutes were accepted as written.
- II. **HEARING: Tobacco Sales Violation: Mystic Street Gulf 140 Mystic Street**  
 Natasha Thorne reported a compliance check was conducted on Sunday, March 4, 2007, of all tobacco vendors in Arlington. Cigarettes were sold to a 16-year old male at 12:35 pm without an ID check at the Mystic Street Gulf Station. Representing Mystic Street Gulf at the meeting was the owner Mr. Ellakkis. At this point in the hearing, Dr. Allen excused herself from participating in view of the fact that Mr. Ellakkis was a former patient. This is the first violation of cigarettes sales to a minor at this establishment since 2000. Mr. Ellakkis was not working at the time of the sale on March 4, and could not identify the employee who sold the cigarettes. It was motioned and passed that a 7-day suspension of all tobacco sales would begin on the following day, Thursday, March 08, 2007.
- III. **HEARING: Mifune Restaurant Variance Request**  
 Jason Ye is purchasing Viets Café at 303 Broadway and requests a variance for the preparation of sushi (acidification of rice). He is presently working with Food Service Solutions and has developed a HACCP plan to prepare the rice along with the necessary procedures needed to manage and operate the in compliance with the HACCP requirements. Both Jason Ye and Hong Yu hold certificates as sushi chefs. Until a permit is issued, food is not allowed in the Mifune Restaurant, therefore, Food Service Solutions will demonstrate how to prepare rice next week at Jason's Stoneham restaurant. A pH log must be kept and the variance must be renewed annually. Hong Yu and Anton Truong of Viets Café were present at the meeting. The Board approved the variance.
- IV. **PRESENTATION: Massage Therapy Advisory Board Applicant Appointments**  
 Following a proposal approved by the Board in 2006, Teresa Wood sent a written request to several experienced massage therapists in Arlington for possible appointment to a Massage Therapy Advisory Board. The response was immediate and we have seven possible candidates. This board would assist with questionable applications and review regulations as needed. Christine along with office staff will review these applicants and will appoint at least five to the Massage Therapy Advisory Board.
- V. **PRESENTATION: Arlington Youth Health and Safety Coalition**  
 Each board member has received a vision and mission guide of this coalition. Last year after the student's suicide at Arlington High School related to substance abuse, there was tremendous outcry for the school and police to do something about the problem. The coalition members include the Town Manager's office, Health & Human Services Dept, schools, parents, youth, religious communities and local businesses. The first event scheduled for the public will take place at the Arlington Town on May 3 from 6:30 to 9:00 pm. There will be keynote speaker along with a panel of speakers and an opportunity for participants to speak about their concerns.
- VI. **UPDATE: Food establishment changes**  
 Natasha reported the following changes in Arlington's food community – Broadway Diner, 113 Broadway, opened on 2/1/07. Jenny Craig, 1398 Mass Ave, opened 3/1/07. Bagels By Us, 789 Mass Ave is expanding to 46 seats and will serve breakfast and lunch. Scutra, 92 Summer St, expanded the building and will be opening the new dining area soon. Rio Brazilian, 473 Mass Ave is still under construction. Licenses have been granted for two package stores, Menotomy Beer & Wine, 80 Broadway and

Spy Pond Beer & Wine, 137-137A Mass Ave.

- VII. PRESENTATION: 2007/2008 Permit Fee study  
This study has been tabled for the next BOH meeting.

The next meeting will be held on Wednesday, May 2, 2007.

Adjourn.