



Town of Arlington, Massachusetts
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September 19, 2007 Meeting Minutes

Board of Health Meeting Minutes
Wednesday, September 19, 2007
First Floor Conference Room
Senior Center
5:15pm

Board Members in Attendance: Dr. Carole Allen, Mr. Gregory Leonardos and Dr. Michael Fitzpatrick (Chair)

Staff in Attendance: Christine Connolly, Director of Public Health, Natasha Thorne, Health Inspector, Teresa Wood, Health Inspector, Mary Ann Jacobs, Secretary

- I. The May 2, 2007 minutes were accepted as amended.
- II. The June 13, 2007 minutes were accepted and approved as read.
- III. HEARING: Peter Miano, 16 Orvis Road
 Natasha Thorne presented a background of the 16 Orvis Road case and stated one of the main issues was an unsafe railing on the outside porch area on the second floor. Peter Miano owns the property and was present at the meeting. He reported that all repairs cited have been made and suggested that owners of properties to be inspected by the Board of Health should be notified by the inspector before the inspection is conducted. An inspector will re-inspect the property and send a compliance letter to Mr. Miano.
- IV. HEARING: To propose Massage Therapy Regulation changes
 Teresa Wood introduced Linda Guttman, Barbara May and Lisa Santoro, Arlington Massage Therapists, and a discussion was held concerning massage regulations. It was decided to study the issues brought up before any changes are incorporated. Specifically the Board wanted to know how many therapists currently qualify to become certified by AOBTA and NCCOAM.
- V. Flu Clinic Schedule: Fall 2007
 The first flu clinic is scheduled for September 27 for anyone 65 and older at the Senior Center. November clinics are planned and the annual regional clinic will be held on Saturday, December 1, at the Town Hall from 10:00am to noon, this will include FluMist, flu, and pneumonia shots. Flu shots will also be given to children 6 months and over
- VI. Graduate Student Summer Intern Update
 Lynn Tran, a graduate student from BU, was the intern this past summer and she completed an environmental health inspection program with the schools through the Board of Health. Lynn made checklists for the teachers and custodians and several recommendations. Lynn also conducted a training session for the custodians.
- VII. Restaurant Updates
 Natasha Thorne gave the following updates: Shanny Beer & Wine (94A Summer St) opened on 9/15/07. Rio Brazillian BBQ (473 Mass Ave) (owned by Punjab) opened 8/21/07. Manna Sushi (formerly Bombay) opened on 8/20/07. Upcoming: Asiana Grill is changing ownership to be known as Kayhga II. Whatta Wing formerly Geillo's (next to the Capitol Theatre) will be opening soon. Maria's Pizza is changing ownership and will be Odyssey Pizza & Subs. Edible Arrangements will also be opening in the near future (formerly Video Horizons) at 342 Mass Ave.
- VIII. UPDATE: On October 18 we are kicking off the "Vial of Life" project which is a joint project with the Fire Dept, Health & Human Services and Council of Aging. A free packet will be given out which will include a medicine bottle and forms to be filled out with medical information and inserted into the vial to be put into the

refrigerator. A magnet is also included that is to go on the front of the refrigerator. In case of an emergency, the first responders will spot the magnet and immediately retrieve the vial and find existing conditions of the patient, doctor and hospital. The kits will be distributed at flu clinics, meetings, and available at various offices.

Youth Health & Safety Coalition – Diversion Program: This program will be funded through the Police and School Departments. Any youth caught breaking the law for the first minor offense by the police or school department will be screened into the Diversion Program for guidance. The program has been successful in other towns. The department is also applying for a grant in collaboration with Winchester through the Attorney General's office.

Housing Condemnations: **840 Mass Ave #7** August 2007 – There was no electricity or hot water in the unit. The unit was filled with trash and garbage. An administrative search warrant was obtained by the Board of Health from Cambridge District Court. Tenant refused all help and was finally removed by the Minuteman Protective Services to a assisted living facility. The property was then cleaned out by the owner. **348 Mystic Street:** The house was condemned in September 2007. The department received a complaint from the DPW Water and Sewer workers as to the condition of the home. The home was filled with trash and garbage as well as a number of cats and two dogs. Animal Control and MSPCA were involved. The home was cleaned out by After Math Cleaning Company.