

## Choke Save Programs

105 CMR 590.009(E) requires that all food service establishments containing (25) twenty-five seats or more must have a person certified in choke saving on premises when food is being sold.

“Pursuant to M.G.L. c. 94, § 305 D, each food service establishment having a seating capacity of 25 persons or more shall: (1) Have on its premises, while food is being served, an employee trained in manual procedures approved by the Department to remove food lodged in a person’s throat; and (2) Make adequate provisions for insurance to cover employees trained in rendering such assistance.”

## Choke Save Trainers

American Heart Association CPR: 887-242-4277 <a href="http://www.americanheart.org/cpr">www.americanheart.org/cpr</a>	Betsy Andrews-DiLuna New England Health Educators 109 Steele Lane Boxborough, MA 01719 Phone: 978-929-9400 fax: 978-929-9651
Technical Medical Training Ctr. Burlington, MA  781-272-5369 (Bill Devereaux)	Red Cross Boston  617-375-0700  <a href="http://www.bostonredcross.org">www.bostonredcross.org</a>

The Arlington Board of Health does not endorse these Choke Saver Trainers.

If you need further information, do not hesitate to contact the Arlington Board of Health at  
781-316-3170