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Council On Aging Minutes 01/16/2014

Arlington Council on Aging
Approved Meeting Minutes
January 16, 2014

Susan Carp, M.S., Executive Director
Sue Culhane- Chair
Joanne Morel- Co-Chair
Ann FitzGerald- Secretary

Members present: Sue Culhane, Ann FitzGerald, Ingeborg Reichenbach, Richard "Dick" Phelps, Annette Bender, Mara Klein Collins, Absent, Bill Carey. Lucilia Prates, Joanne Morel

Assoc Members, Karen Nichols

1. Call to Order by Sue Culhane, Chair at 5:45 pm.

2. Citizens Open Forum- No discussion.

3. Minutes of November 21, 2013, all in favor and accepted.

4. Report of Chair. No meeting on Dec. 19, 2013. 5 members chose to attend TRUE STORY THEATER. The players ask a volunteer to relate the one life event that changed their life. Using various props they conveyed to the audience an astonishing number of emotions. The Redevelopment Board posted a notice regarding after hours use of Senior Center and the Whittemore Robbins House at \$50.00 an hour and \$100.00 for out of town groups. Small non-profits have protested to the Selectmen. The Arlington Friends have donated \$8,500 this year. Thank you, Art and Friends! The New Year's Eve day luncheon and jazz was great 50 attended.

5. Executive Directors Report – The COA has 4- 6 student nursing interns from UMass Boston, Northeastern. 6 Harry Barbour places filled, 4 more remain open, low-income housing residents may now apply as per Chapter 59 MGL and Mrs Buongiorno gave the go ahead. Warrant for Town Meeting is due January 31, 2014. Susan Carp and staff will submit.

130 Thanksgiving meals given out, thanks Bill and volunteers. 66 Christmas Stockings were stuffed and delivered to homebound seniors in need of cheer, again thanks Art, Elves and Police volunteers. Gift cards and sundries were included.

An LGBT Elderly social program is underway, called Game Nite. Coming in February a SHINE representative with Lisa Krinsky and MMHSS will give a presentation concerning Medicare, DOMA or Defense of Marriage Act and same sex marriage benefits. The COA Inclusion statement will be in March newsletter.

Susan has met with John Griffith of Arlington Housing Authority regarding providing programs at the 4 sites. The Tenant's Association at each site is given funds for events.

Each Nursing student will be assigned to a site for the semester. There are many issues of note especially Drake with the largest population, language barriers, low use of Meal site, some residents are afraid to leave their apartments at night because of dark halls, some younger tenants and a few transients always about. Susan hopes to offer the famous Lobster Roll lunch as an ice breaker. She also would like to collect data on residents in order to help AHA solve some of the major issues. Some tenants do not utilize the Center and its resources.

Senator Ken Donnelly will offer 4 programs this year beginning on February 25, 2014,

"Getting to the Heart of the Matter: Medicare-Observation or Admission, which one is Covered? \$1 buys lobster lunch. Coming in March, sponsored by the DA's office, a program on Elder's Physical and Economic Safety, Betsy Crimmens presenter.

6. Reports –MMSS-No meeting.

COA liason to ASA-Ingeborg no meeting.

ASA Liason to COA- No meeting.

Joint ASA, COA – No meeting this month, resume in April.

Friends of Arl. COA- Thanks for the donations, and stockings, Friends.

7a.Unfinished Business- Budget will be covered when all bills received.

8. New Business- a .By-Law and Term Limit Committee formed by Sue C. To meet 01-30, 2014 to revise Policies and Proceedures in draft form and to present to Board for February meeting. Members are, SueC, Ingeborg, Dick and Ann F. Recruitment of new members needed. Several names suggested. Please invite prospective members to next meeting.

b.Dick P. would like an answer to Walking Clubs indoor place, perhaps by next meeting.

9 Adjourn- Motion made at 6:56 pm. Next Meeting , February 20, 2014

Respectfully Submitted,
Ann FitzGerald, Sec.

File 34/34A