

The September meeting for AYHSC was held on September 1st, 2016 from 5:30-7:00pm at the Whittemore Robbins House.

**In Attendance:**

**Adults:** Ivy Laplante, Colleen Leger, Pat Egan, Rebecca Wolfe, Jared Blake, Marisa Silveri, Kevin Flood

**Students:** Ellie Egan, Julie Powers

**Welcome/ Introductions:**

Student Advisors and community members all introduced themselves and shared their respective roles in our community.

**June Meeting minutes:** Julie Powers moved to approve, Colleen Leger seconded; all approved the June meeting minutes.

**Student Coalition Updates**

Julie Powers will be the AHS Student Intern for the Coalition. The high school Student Advisor club will also be helping the students of the new AYHSC club at Ottoson middle school. This is the first year the middle school club at Ottoson will be active and recruiting new members. It will be led by AYHSC Youth Coordinator, Karen Dillon and OMS teacher, Maureen Nee.

**SAP-C Grant Updates**

Ivy and Karen continue to attend monthly meetings and are working with the BSAS cluster (Arlington, Cambridge, Everett, Somerville) on a strategic plan to reduce underage drinking in each community. This year the cluster hopes to bring community members and students to the MA State House to advocate for underage drinking prevention policies in MA.

**Summer Updates**

**HRC Camp:** AYHSC hosted the 7th annual HRC (Health, Recreation, & Community Safety) Summer Experience in collaboration with Arlington Rec, APD and Arlington Fire. 13 campers aged 4-12 years old attended the 3-day camp. Activities this year included a lesson on cyber safety from APD, a tour of the AFD fire station, hose fun, recreation/sports, and a substance abuse prevention magician.

**Diversion fliers:** AYHSC distributed 233 letters/fliers to residents abutting Menotomy Rocks Park & Turkey Hill, urging them to call APD for youth disturbances. A description of the Diversion Program was also included to make people aware of the resource in Town. Danielle Smith from APD worked with AYHSC on this project and informed the Dispatchers to respond to the increased calls effectively. Jared Blake suggested the Coalition submit the flier to be published in the advocate and then volunteered to write an article as a community member to promote the Diversion program in Arlington. Ellie Egan suggested AYHSC produces another Ad-note to stick on the front page of the Arlington Advocate advertising the APD non-emergency line.

**Project Updates**

**Fall Athletic Night:** AYHSC will be partnering with the Athletic Trainer on September 7th to present a breakout session to parents and students at the Fall Athletic night at AHS. The session is titled "Fueling Your Body for Success" and will incorporate healthy eating tips along with information on how substance abuse affects teenage brain development.

**Good Conduct Policy:**

In July, Ivy met with AHS Principal on behalf of AYHSC about implementing the Good Conduct Policy. The Principal said that in theory the policy works, but will be difficult to implement with the needs of the current administration - more work (and support of the community) must take place first. Ivy informed the Coalition that gaining community buy-in for this policy will be a priority of the Coalition this year.

### **Community Update - "What's happening in Arlington?"**

AYHSC is hosting a variety of events this Fall.

- **Arlington Town Day** - Saturday, September 17 at 9am. Please support AYHSC booth on Mass Ave!
- **"If Only" - free film screening and opioid abuse prevention panel discussion** - Monday, September 19 at 7pm at the Regent Theater: "If Only" film screening and el. Panelists include James Wahlberg ('IfOnly' Producer/ED Mark Wahlberg Youth Foundation), Rebecca Wolfe (Clinical Responder, Arlington Police Department), Mike Duggan (Founder, Wicked Sober & Certified Interventionist), Ivy Laplante (Director, Arlington Youth Health & Safety Coalition), Richard Flynn (Captain, Arlington Police Department), and Kathy Hirsh (Lead Counselor, Arlington High School). The panel will be moderated by APD Chief Fred Ryan.
- **Parent Forum: "The Real Truth: Busting the Myths of Substance Use. An interactive presentation of Results of the 2016 Arlington YRBS."** - Wednesday, September 28th at 7pm at the Ottoson.
- **Parent Forum: "UNDER CONSTRUCTION: What Everyone Must Know about Tween & Teen Brain Development" with Dr. Ruth Potee.** - Thursday, October 20th at 7pm at the Ottoson.
- **AYHSC 10-YEAR CELEBRATION** - Thursday, December 1st. This special event will celebrate the impact of AYHSC on the Arlington Community over the past decade.

**Meeting Adjourned at 6:30 pm.**

Next Coalition Meeting - October 6, 2016 at 5:30pm at the Whittemore Robbins House.