# Board of Youth Services Meeting Minutes January 14, 2015 7:00pm

# **Whittemore Robbins House**

Present: Linda Suzuki, Lauren Boyle, Lynn Horgan, Colleen Leger, Joan Axelrod-Lehrich, Libby Cole, Linda Padulla, Carlene Newell

Motion to approve minutes: Joan made,

#### **Clinical Report: Linda**

- Requests keep coming in so now the waitlist is back to address this, AYCC is looking to hire additional clinicians
- Still looking for a psychiatrist 8 hrs per week
- Data is being complied to address demographics such as what brings people into counseling, family dynamics (single parents, step families), substance abuse, insurance, anxiety levels,
- Arlington High groups are going well still waiting on insurance info
- Friends of AYCC volunteer opportunities data collection and entry, grant proposals, front desk

#### **Directors Report: Colleen**

- Possible senior citizen volunteers through the Harry Barbour service program.
- 19K donation from High Rock from their Christmas Concert. This \$ goes to case management.
- Legislative breakfast was a success. Talk of more advocacy, more voices needed, assistant deputy whip Donnelly now has a leadership role, on mental health committee, he is looking for data that shows the need for mental health services,
- Brainstorm on data collection how do we get data on ER visits, hospital stays, prevention strategies successes, early intervention numbers
- DMH will be cut with the new Administration however we need to strongly advocate for more resources.
- Board applications are coming in.

#### **Fundraising and Major Donors: Lisa**

- Colleen reports that the Cummings Foundation grant application is being reviewed, \$25000 for 4 yrs to have social workers in the schools
- Fundraising needs to be more structured. Discussion over the major donors?

- The Board needs to be aware of where the fundraising emphasis should be placed. Awareness of what areas need to be funded and how to better fund it is included.
- Colleen reports that First Step needs to be funded as well as psychiatry, maintenance charges of electronic medical records system, reimbursements do not cover the costs, and fee for service needs.
- A letter will be drafted which is a good introduction for fundraising and then follow up.
- List of potential donors for next meeting

## Team Up

- Scheduled for June 20<sup>th</sup>
- Outreach has begun, teams are forming
- Looking into possibly offering an early bird special

## **Parent Forums:**

March 10<sup>th</sup> – the Yellow Dress Michael Thompson – rescheduled because of snow. Cindy will be holding Guiding Good Choices workshops.

Adjourn