

Board of Youth Services Meeting

3/1/17

Present: Justine Block, Kim Cayer, Kristin Barnicle, Roblyn Brigham, Colleen Leger, Mary DeCoursey, Carlene Newell, Joan Axelrod Lehrich, Linda Suzuli, Lisa Pedulla, Ivy LaPlante

1. Introductions

2. Approve minutes from 2/8/ 17:

3. Arlington Health and Safety Commission: Ivy LaPlante

- Prevention of abuse of substances
- Focus on middle and high school
- Coordinate Youth Risk Behavior Survey
 - Also trying to develop Middlesex regional prevention
 - Disseminate information to stake holders
 - ~1000 students respondents last year
 - Use it to inform intervention
 - Trying to change all aspects of the environment
 - Concerns re making sure we are reaching athletes about substance abuse
 - Proposed: Good conduct policy
- Parent Survey
- Currently focusing in middle school
- Arlington Catholic has reached out
- Have been doing compliance checks at stores and restaurants
- Meetings 5:30 to 7 first Thursday;; Maybe have parent meetings in evening

Action Items

- Ivy will post the results of the parent survey and athlete data on the web and possibly ask a parent to write a letter to the editor
- Roblyn will go to the next Parent Advisory Council to inquire what high school is doing
- Kristin will raise concerns about discussing substances at athlete meetings
- Encourage high school to require students to do online course: Alcohol.edu

4. Director's Report

- Nothing pressing

5. Cause + Event

- About 20 people have signed up
- Kickoff: April 6

6. Civics day: Saturday March 18: 10-2 Town Hall

7. Parent Forums

- March 6: Seeking the Middle Path: Increasing Collaboration and Decreasing Moments of Conflict with Families; Dr. Michelle Jacobo
- March 15: Eight Things You Cannot Do For Your Children (But Wish You Could) Dr. Michael Thompson
- April 5: Supporting LGBTQ Youth Through Adolescence and Beyond