



Learn, take action, and celebrate during this week of ecological inspiration, with something for everyone! Events are free and open to the public.

More info: [arlingtonma.gov/ecofest](http://arlingtonma.gov/ecofest)

## ONGOING ALL WEEK



### HERRING COUNT

*With Mystic River Watershed Association*

Each spring more than 1/2 million river herring migrate from the ocean up the Mystic River to the Mystic Lakes and Horn Pond to spawn. If lined up back-to-back, this would measure up to 100 miles of fish! This was not always the case - but thanks to citizen action and two new fish ladders the herring spawning ground has grown 160%.

Help be part of this ecological success story by counting the number of herring spawning in the Mystic. The more we know about the river herring the better equipped the Mystic River Watershed Association, and other environmental organizations, are to advocate for a clean and healthy Mystic River and for this keystone species.

Help document this herring migration today - using our underwater camera and online counting platform. Start counting today at [MysticHerring.org](http://MysticHerring.org).



### PODCASTS FOR THE PLANET

*By ACMi and Green Teams*

Thompson Elementary school 5th graders learned about podcast production at ACMi and created podcasts about clean water and their school's recent Bash the Trash program. Listen to their recorded episodes, a few of which they submitted to the NPR Student Podcast Challenge here: <http://tinyurl.com/arlingtonMApodcastPlanet>



### ENERGY WELCOME TABLE

Energy Welcome Table- Learn about Town programs in energy efficiency/renewable energy and reuse/recycling/composting. More about all of these programs at [ArlingtonMA.gov](http://ArlingtonMA.gov)

## TRACKS



Outdoors & Nature



Energy & Climate




Reduce, Reuse, Recycle




Water

# EcoWeek 2019

## ONGOING ALL WEEK

 **DISCOUNTED RAIN BARREL SALES**  
At Department of Public Works, with Great American Rain Barrel  
Great American Rain Barrels are just \$79 each - order online before April 30 and pickup your rain barrels at DPW on Thursday, May 9. <https://www.greatamericanrainbarrel.com/>


 **ARLINGTON'S ECO-BLITZ WITH CITY NATURE CHALLENGE**  
Supported by Arlington Green Teams  
All are invited to participate in the Boston Area City Nature Challenge ([www.inaturalist.org/projects/arlington-s-ecoblitz](http://www.inaturalist.org/projects/arlington-s-ecoblitz)) using the iNaturalist app to record the sounds and sights of our local ecosystem. These observations can be included in "Arlington's Eco-Blitz" from April 22-28 where students from around town will try to record as many species as possible.


## MONDAY - APRIL 22

2:30-4pm  **EARTH DAY FAIR - POSTPONED due to weather**  
Arlington High School Lawn, with Arlington High School Environmental Clubs  
Live music, Animal Control Officer Diane Welch, school clubs, Citizen Science, lawn games

## TUESDAY - APRIL 23

1:30-2:30pm  **"TRY-IT" TUESDAY EARTH WEEK EDITION!**  
Fox Library, Children's Section, with the Arlington Libraries  
Drop-in to try your hand at something new! This week, we'll create structures using recycle materials. For grades K-5. "Try It" Tuesday takes place in the children's section upstairs.

3:30-5:30pm  **COMPOST DAY**  
Department of Public Works, 51 Grove Street  
Visit the Compost Demo Garden, get some helpful tips, and find out more about your food scrap recycling options. All backyard compost bins now just \$25. Free finished compost giveaway while supplies last.

5:30-6:30pm  **WELLINGTON PARK RESILIENCY SITE VISIT**  
Wellington Park at Grove Street, with Department of Planning and Community Development  
Arlington received approximately \$400,000 from the State's Executive Office of Energy and Environmental Affairs and the Municipal Vulnerability Preparedness Program to increase the flood storage capacity of Wellington Park, which has a history of flooding. Come join Town staff to discuss this project, as well as other resilience-building efforts in Town, including the newly updated Mill Brook Corridor Report.

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## TUESDAY - APRIL 23

7-8:30pm



### HEATSMART MEET THE INSTALLERS

*Town Hall Auditorium, with the Department of Planning and Community Development*

Come learn about low cost, clean heating and cooling technologies for your home, including air source heat pumps (including ductless mini splits), ground source heat pumps, solar hot water and modern wood heat. Meet the installers of these four technologies who have been carefully selected by Arlington based on price and quality. After informational presentations, you'll have the opportunity to meet the installers one-on-one and sign up for a home assessment. More details available at [www.heatsmartarlington.com](http://www.heatsmartarlington.com).

7-8:30pm



### BLACK GOLD: LEARN HOW TO COMPOST CLASS WITH JEREMY MARIN

REGISTRATION REQUIRED

*Arlington High School, with Arlington Community Education*

Register through Arlington Community Education, \$19 fee

## WEDNESDAY - APRIL 24

All day



### SHREDDING EVENT FOR ARLINGTON SENIORS

*Senior Center, with the Council on Aging and DPW*

Arlington Seniors may place personal documents in the locked bins. Secure shredding will take place off site. Available April 24 and 25.

3:30-6pm



### THOMPSON SCHOOL POLLINATOR PROJECT

*Thompson School, 187 Everett Street, with Arlington Green Teams*

Arlington residents are invited to Thompson Elementary School to help create pollinator habitats in East Arlington. Bring a shovel if you have one. Donations of pollinator plants welcome.

4-6pm



### OPEN SPACE COMMITTEE COMMUNITY WALK

*Wellington Park, Grove Street*

Come join the Open Space Committee as they walk along one of their walking routes and discuss the Open Space and Recreation Plan and open space efforts across Town. The walk will begin at Wellington Park and walk through the Reservoir and Mount Gilboa. For more information about the Committee's walking routes, check out this online map: <https://www.mapsonline.net/arlingtonma/walkingroutes.html>

6:30-7:30pm



### RE-IMAGINING OUR WASTE STREAM - FOX LIBRARY TALK

*Fox Library, with the Arlington Libraries and Dept. of Public Works*

Town Recycling Coordinator Charlotte Milan will discuss local waste streams and increased opportunities for waste diversion. Find out what we can do as individuals as well as what kind of infrastructure and/or policy support may help us dispose (recycle, reuse, repurpose, repair, etc.) of things we don't need anymore.

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## THURSDAY - APRIL 25

1pm-2:15pm



### RE-IMAGINING OUR WASTE STREAM: BROWN BAG LUNCH AND DISCUSSION

*Robbins Library, Community Room, with the Arlington Libraries, Dept. of Public Works*

Bring your lunch and together we'll discuss local waste streams and increased opportunities for waste diversion with Recycling Coordinator Charlotte Milan. Find out what we can do as individuals, as well as what kind of infrastructure and/or policy support may help us dispose (recycle, reuse, re-purpose, repair, etc.) of things we don't need anymore.

2:30-4pm



### REUSE CRAFTS

*Robbins Library, Children's Area, with the Arlington Libraries*

For Earth Day we'll be creating crafts from "found" objects. We'll provide the materials, you provide the imagination! For all ages. Drop In.

6:45-8:45pm



### FILM & DISCUSSION: WASTED, THE STORY OF FOOD

*Arlington Senior Center, 27 Maple Street, with FoodLink, Sustainable Arlington & the Recycling Committee*

85-minute film with discussion to follow. An informative and entertaining documentary produced by celebrity chef Anthony Bourdain, "Wasted!" takes you around the world, showing the 1.3 billion tons of food that gets thrown out each year and the people fighting hardest to prevent it. Film not rated. Warning: course language, not appropriate for all ages.

## FRIDAY - APRIL 26

4-6:30pm



### BOX TRUCK TINY HOUSE TOURS

*Robbins Library Parking Lot, with the Recycling Committee, Sustainable Arlington, & DPW*

Tour this box truck tiny house and meet the builder Derek Diedricksen. Free admission.

7:15pm



### FILM: REUSE, BECAUSE YOU CAN'T RECYCLE THE PLANET & MEET THE FILMMAKER

*Regent Underground, 7 Medford St, with Recycling Committee, Sustainable Arlington, & DPW*

A 60-minute thrill ride on a 48-state journey in search of reuse solutions to our waste problems. Following the film there will be discussion and Q&A with the filmmaker Alex Eaves and the box truck tiny house builder Derek Diedricksen. Free admission.

## SATURDAY - APRIL 27

8am



### BIRD WALK WITH KARSTEN HARTEL

*Menotomy Rocks Park, meet at Jason St. entrance, with Friends of Menotomy Rocks Park*

The resident redwing blackbirds have returned, but there are a multitude of other feathered friends if you just know where to look. Join veteran bird watchers Karsten Hartel and David Bean as they point out birds that make Menotomy Rocks Park their summer home. Meet at the Jason Street entrance, suitable for all ages, the walk will be through the woods.

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## SATURDAY - APRIL 27

10am-2pm



**SUNDIAL ACTIVITY WITH JOHN PICKLE** - **CANCELLED** due to cloudy weather

*Whittemore Robbins Lawn, behind Robbins Library*

Sundials have been used for centuries as a compass, clock, and calendar. Join meteorologist and science teacher John Pickle to learn how to do these on your own. Drop in any time.

1-2:15pm



**FAMILY EVENT: DIY CRAFT AND MINI FAMILY FILM FEST**

*Robbins Library, Community Room, with the Arlington Libraries*

Reuse craft project for all ages. Short films and videos that celebrate our planet and the many ways youth voices make a difference. Recommended for K-5 youth and their families.

2:30-5pm



**REDUCE PLASTIC USE: DIY DROP IN FOR TEENS AND ADULTS**

*Robbins Library, Community Room, with the Arlington Libraries*

Easy do it yourself hacks to reduce your plastic use. Come watch and learn how to make your own yogurt, granola, dishwasher detergent, and nut milks. Samples to take home! Good for ages 12+.

3-4pm



**POND STUDY WITH ELLEN REED**

*Hills Pond, Menotomy Rocks Park, with Friends of Menotomy Rocks Park*

There are all sorts of critters living in and near Hills Pond. At three different stations along the shore, there will be simple hands-on activities to learn and see what lives beneath the water's surface and the chance to get up close and personal with a variety of bugs. Suitable for young children and accessible.

4-5pm



**GEOLOGY WALK WITH ED HECK**

*Meet at the Jason Street shore of Hill's Pond, Menotomy Rocks Park, with Friends of Menotomy Rocks Park*

Menotomy Rocks Park has been an Arlington park since 1896, but the land has been here for millennia. There are stories in the hills and rocks that explain how the landscape was formed. Join geologist Ed Heck on a walk through the park as he explains the physical history of the hills, pond, and fields. Meet at the Jason Street beach. Suitable for all ages, the walk will be through the woods.

## SUNDAY - APRIL 28

9am-12pm



**CONSERVATION CLEAN-UP DAY WITH THE ARLINGTON LAND STEWARDS**

*Meet at Hills Hill, 422 Summer Street, with Arlington Land Stewards*

The Arlington Land Stewards is hosting its annual clean-up event during EcoWeek! Help clean up two of Arlington's beloved conservation spaces - Hills Hill and Symmes Woods. Volunteers will meet at Hills Hill at 9am to clean-up litter and clear invasive plants, and then walk to Symmes Woods to do the same. **Please RSVP to Emily Sullivan** (esullivan@town.arlington.ma.us) if you would like to participate. If you have gloves, please bring them! The Town will provide shears, bags, and extra gloves.

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## SUNDAY - APRIL 28

10am-12pm



### **BICYCLE SAFETY DAY**

*with the Arlington Police Department*

*Meet at Uncle Sam Park, 4 Mystic Street. Ride goes to Summer St. fields, 422 Summer St.*

Children ages 8-14, parents welcome. Arlington Police Bicycle Unit will ride along with the kids, teaching them bicycle safety along the way. Bike ride to Arlington Recreation, 422 Summer Street, for an obstacle course and bike safety coaching from the Arlington Police Department Bicycle Unit. Helmets and parent waivers required, register with Cheryl at [cnahigian@town.arlington.ma.us](mailto:cnahigian@town.arlington.ma.us)

11am-2pm



### **TOWN HALL GARDENS WORK DAY**

*Town Hall Gardens, with the Arlington Garden Club*

Stop by and ask veteran gardeners about the vision and upkeep for this historic garden. Visitors with some previous experience are invited to help club members with light pruning; please bring pruning shears, garden gloves and wearing long sleeves is recommended.

12pm-2:30pm



### **COMMUNITY BYO PICNIC: CELEBRATING SUSTAINABILITY IN OUR COMMUNITY**

*Whittemore Robbins House Lawn, behind Robbins Library*

*With student groups, Town departments, and local organizations*

Bring your own picnic and we'll supply the entertainment: Nature games, Citizen Science activities, meet locally active environmental groups.

**RAIN is predicted so this event is canceled**

2:30-4pm



### **ECO BIKE TOUR OF ARLINGTON**

*Meet at Buzzell Field basketball court at Summer St. and Victoria Road,*

*With Department of Planning and Community Development*

Daniel Amstutz, Senior Transportation Planner, will lead a bike ride along the Minuteman Bikeway and Alewife Brook Greenway that will include brief stops to highlight recent and upcoming transportation projects to improve mobility for walking, bicycling, public transit, and other sustainable transportation modes. This 5-mile no-drop ride is meant for all ages and abilities, over generally flat terrain and at a moderate pace. Children under 16 must have helmets; adults are encouraged but not required to wear helmets. Although the route will mostly take place on off-street separated bike paths, some riding will occur on streets with low to moderate traffic volumes, and will require crossing some major street intersections. The ride will start at Buzzell Field and end at Kickstand Cafe on Swan Place.

2:30-5pm



### **CLOTHING SWAP**

*Senior Center, 27 Maple St., organized by Everything Is Free In Arlington Facebook group* Spring/summer men, women and children's clothing (in clean and wearable condition) will be collected, sorted and organized before the event by volunteers in time for the general public to browse and select. If you have any questions, have clothing to contribute or would like to volunteer please contact us at [eif.arl.swap@gmail.com](mailto:eif.arl.swap@gmail.com).

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