



**Town of Arlington  
Office of the Town Manager**

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**March 27, 2020 Arlington Alert from Town Manager, Adam Chapdelaine**

This is Arlington Town Manager, Adam Chapdelaine. The COVID-19 pandemic continues to affect virtually all communities and it is spreading at a rapid rate in Massachusetts, and here in Arlington as well.

This is an unprecedented public health emergency, and I want to offer my sincere gratitude to all of the residents who have heeded our advice to stay home and practice social distancing. For those still not taking this seriously, I implore you to adhere to our guidance. We're all in this together and our collective efforts matter.

It is important that we take the stay-at-home advisory seriously. It is only by working together – by staying apart– that we can flatten the curve and stem the increase of coronavirus in our community and beyond.

During the stay-at-home advisory, you can still go the pharmacy for your prescriptions, you can still go the grocery store, and you can still help a family member in an emergency. However, remaining six feet or more away from others is strongly advised. Restaurants in town are restricted to curbside or delivery service only in order to promote social distancing.

Today, Governor Charlie Baker imposed new travel guidelines and is asking visitors arriving in Massachusetts from out of state to self-quarantine for 14 days.

Finally, I encourage you to take part in our 6 Feet at 6Pm program. 6 Feet at 6PM is our new nightly community-building program where we encourage residents to step outside or look out their windows and wave to their neighbors – greet them, say hi and talk to one another. We are a community. We might be farther apart physically right now, but as residents we will emerge closer than ever before when this is over. We're all in this together.