



Town of Arlington Community Development Block Grant  
Consolidated Annual Performance and Evaluation Report  
Program Year 45  
July 1, 2019 – June 30, 2020

Town of Arlington Department of Planning and Community Development  
November 5, 2020

## Executive Summary

Required by the U.S. Department of Housing and Urban Development (HUD), the Consolidated Annual Performance and Evaluation Report (CAPER) provides detailed financial and beneficiary information explaining how the Town of Arlington is carrying out its housing and community development strategies, projects, and activities, outlined in the 2015-2019 Consolidated Plan. This report summarizes the results of activities that have taken place during Program Year 45 (July 1, 2019 – June 30, 2020). It provides information for HUD and the Town of Arlington to review funded programs and evaluate performance against established goals.

For Program Year 45, the Town received twenty-three funding requests from fourteen organizations and town departments totaling \$1,672,757. The applications are grouped into the following categories: Rehabilitation/Housing, Public Service programs, Public Facilities and Improvements, Planning, and Administration. This year the Town received three applications for brand new projects, the Housing Corporation of Arlington has applied to add solar panels to one of their affordable housing properties and has committed to providing the tenants, all of whom make a HUD-defined low- to moderate-income, with the majority of this savings; the Arlington Recreation Department applied for funding to reconstruct a park adjacent to the census block group of highest need; and the Conservation Commission applied for funding for the design of ADA-compliant trails and access at Wellington Park.

Program Year 45 was also impacted by the outbreak of the novel coronavirus (COVID-19) affecting the operations of the Town and many of our subrecipients beginning in March 2020. The social restrictions for the health and safety of staff members working to complete this year's activities complicated the performance of the Town, and a number of projects are still finishing up due to delays. Additionally, one project pivoted to be more responsive to the COVID-19. The Housing Corporation of Arlington (HCA) had difficulty bringing the solar project to construction, and due the outbreak of the pandemic and the resulting economic and employment impacts, HCA requested positioning the committed funds to supplement their homelessness prevention program. The Town undertook a substantial amendment, which was approved by HUD in May 2020.

Even with the difficulties that were brought on by the pandemic, this year aimed to reach as many of the original Consolidated Plan goals as possible, including to:

- Strengthen the community through investment in public infrastructure, parks and open space, and public facilities;
- Maximize affordable housing opportunities by creating and preserving affordable rental and homeownership housing; and

- Invest in public services and community facilities that provide new or improved access to programs that serve youth, seniors, and at-risk, vulnerable households.

The public comment period began on October 15, 2020, and ended on November 4, 2020. No comments were received.

## CR-05 - Goals and Outcomes

### **Progress the jurisdiction has made in carrying out its strategic plan and its action plan. 91.520(a)**

In Program Year 45, the Town continued to focus on affordable housing, public services, public facilities and improvements. This year, there was a greater emphasis on public facilities and improvements, including the construction of the Lussiano Playground, accessibility improvements at Wellington Park, the renovation of the Food Link headquarters, and the annual curb ramp program. As noted in the Executive Summary, the impact of the COVID-19 pandemic was acutely felt by these public facility improvements. The Lussiano Playground reconstruction, Wellington Park accessibility improvements, and the Food Link headquarters renovation were all delayed as a result of the pandemic, but are now substantially underway. Overall, the Town exceeded expectations in certain areas and were below expectations in others primarily in the way the pandemic impacted service delivery.

The Town continued to support the Housing Corporation of Arlington's (HCA) capital improvement program to their existing affordable housing portfolio. HCA's solar project was planned to support those tenants living in HCA properties by reducing their dependence of fossil fuel sources. However, the installation of solar panels on the roof of HCA's Massachusetts Avenue buildings has become a complex issue regarding who will maintain the ownership of the panels and HCA has been unable to negotiate a satisfactory contract between the Partnership and HCA. As a result and with the rising need for rental support, HCA and the Town prepared a substantial amendment to reprogram these funds toward HCA's homelessness prevention program. Supplementing this program has proved valuable to the community members suffering from the economic crisis resulting from the pandemic.

Arlington continued to address the need to help the residents who make a low- to moderate-income to afford the public services available in town. Eligible residents were able to take advantage of scholarships for summer and year-round programming at the Arlington Boys and Girls Club and Fidelity House, scholarships for recreation through the Arlington Recreation Department and the Arlington High School, mental health counseling and domestic violence programs through the Arlington Youth Counseling Center, afterschool homework support through Operation Success, and transportation and programming through the Arlington Council on Aging. While social programs were truncated by the pandemic and the need for social distancing, these public services continue to be of significant value to the community.

Finally, as was outlined in the previous two CAPERs, the Arlington Home Rehabilitation Program wound down significantly with no new funding during Program Year 45. The work that was completed involved wrapping up 3 projects which started in Program Year 44. The projects from Year 44 were the first projects the Program oversaw following a nearly one-year Program suspension by HUD. The Program struggled to reinvent

itself by expanding opportunities for rental rehabilitation and to draw new income-eligible clients. Additionally, the staff working on the Arlington Home Rehabilitation Program also administered the Menotomy Weatherization Program, which unfortunately was suspended due to the pandemic. Without funding, the program was no longer sustainable for the Town of Arlington. The loss of both programs brings into sharp focus how CDBG funds can be leveraged to support housing stabilization and rehabilitation activities that support income-eligible households. At the close of this Program Year, there are not any staff working on these programs. As the Town looks to a future Program year, the Town of Arlington will need to evaluate if a new iteration of this program is feasible and sustainable.

Some of the accomplishment data submitted by the Town appears low or not achieved at all by subrecipients. This is primarily due to the onset of the pandemic in the middle of the program year. Public Service programs were suspended in March to protect the health of program participants, and as such, the accomplishments reported were lower than expected. Additionally, the 32 households assisted under the goal of Affordable Housing Development were associated with HCA's Solar Panel Project. As described above, this activity became complicated due to the ownership of the buildings the panels were to be installed on. However, this funding was reprogrammed to support HCA's Homelessness Prevention Program and 21 households were assisted. In other cases, projects were substantially delayed due to the pandemic which is evident in the Public Facilities and Public Infrastructure category. Work related to the Wellington Park Project and construction of the Lussiano Playground began as the program year was wrapping up, but the Food Link Site Improvements remained delayed.

No CDBG-CV accomplishments were reported during Program Year 45. These will be reported in the CAPER for Program Year 46.

**Comparison of the proposed versus actual outcomes for each outcome measure submitted with the consolidated plan and explain, if applicable, why progress was not made toward meeting goals and objectives. 91.520(g)**

Goal	Category	Source / Amount	Indicator	Unit of Measure	Expected – Strategic Plan	Actual – Strategic Plan	Percent Complete	Expected – Program Year	Actual – Program Year	Percent Complete
Affordable Housing Development	Affordable Housing	CDBG: \$	Public Facility or Infrastructure Activities for Low/Moderate Income Housing Benefit	Households Assisted	0	0		32	0	0.00%
Affordable Housing Development	Affordable Housing	CDBG: \$	Rental units constructed	Household Housing Unit	0	9				
Affordable Housing Development	Affordable Housing	CDBG: \$	Rental units rehabilitated	Household Housing Unit	45	48	106.67%	6	20	333.33%
Affordable Housing Development	Affordable Housing	CDBG: \$	Homeowner Housing Added	Household Housing Unit	0	0				
Affordable Housing Development	Affordable Housing	CDBG: \$	Homeowner Housing Rehabilitated	Household Housing Unit	0	0				
Affordable Housing Development	Affordable Housing	CDBG: \$	Direct Financial Assistance to Homebuyers	Households Assisted	5	0	0.00%	0	0	0.00%

Affordable Housing Development	Affordable Housing	CDBG: \$	Housing for Homeless added	Household Housing Unit	0	3				
Affordable Housing Development	Affordable Housing	CDBG: \$	Housing for People with HIV/AIDS added	Household Housing Unit	0	0				
Economic Development	Non-Housing Community Development	CDBG: \$	Facade treatment/business building rehabilitation	Business	5	3	60.00%			
Housing Rehabilitation	Affordable Housing	CDBG: \$	Homeowner Housing Rehabilitated	Household Housing Unit	40	10	25.00%	4	4	100.00%
Planning and Administration	Planning and Administration	CDBG: \$	Other	Other	1	1	100.00%	1	1	100.00%
Public Facilities	Non-Housing Community Development	CDBG: \$	Public Facility or Infrastructure Activities other than Low/Moderate Income Housing Benefit	Persons Assisted	542	8823	1628%	8175	7300	89.29%
Public Infrastructure	Non-Housing Community Development	CDBG: \$	Public Facility or Infrastructure Activities other than Low/Moderate Income Housing Benefit	Persons Assisted	500	1018	204%	975	912	93.53%

Public Parks and Open Spaces	Non-Housing Community Development	CDBG: \$	Public Facility or Infrastructure Activities other than Low/Moderate Income Housing Benefit	Persons Assisted	500	15	3.00%			
Public Services	Homeless Non-Homeless Special Needs	CDBG: \$	Public service activities other than Low/Moderate Income Housing Benefit	Persons Assisted	9800	7035	71.79%	1236	1045	84.55%
Public Services	Homeless Non-Homeless Special Needs	CDBG: \$	Homeless Person Overnight Shelter	Persons Assisted	0	0		0	0	
Public Services	Homeless Non-Homeless Special Needs	CDBG: \$	Homelessness Prevention	Persons Assisted	0	21		20	21	105.00%

**Table 1 - Accomplishments – Program Year & Strategic Plan to Date**

**Assess how the jurisdiction’s use of funds, particularly CDBG, addresses the priorities and specific objectives identified in the plan, giving special attention to the highest priority activities identified.**

In Program Year 45, the Town awarded nearly half of the grant funds (62.7%) toward projects that address accessibility and improve the condition of affordable housing. Improving access to public facilities and infrastructure is critical to the Town, particularly for low- and moderate-income populations and areas. Improved parks and recreational opportunities and places that are ADA-compliant are important to the Town for achieving CDBG goals.



Further, as continues to be the case, affordable housing is a high priority in Town. Housing is a large focus of the Town’s strategic, consolidated, and annual action plans, and funding will continue to be funneled in this direction through partnerships with the Housing Corporation of Arlington.

## CR-10 - Racial and Ethnic composition of families assisted

Describe the families assisted (including the racial and ethnic status of families assisted). 91.520(a)

	CDBG
White	6,841
Black or African American	190
Asian	503
American Indian or American Native	1
Native Hawaiian or Other Pacific Islander	0
<b>Total</b>	<b>7,535</b>
Hispanic	239
Not Hispanic	7,296

**Table 2 – Table of assistance to racial and ethnic populations by source of funds**

### Narrative

The 2018 5-Year American Community Survey estimates show approximately 84.3% of Arlington residents are white, 3.6% of Arlington residents are Black or African American, 14.5% of residents are Asian, 0.4% of residents are American Indian or Native American, and no residents are Native Hawaiian or Pacific Islander. Of the total population, 5.1% of residents identify as Hispanic or Latinx.

While the above numbers are generally in line with the demographics of the community, the share of Asian residents and Hispanic residents are lower. When considering the individual public service activities from Program Year 45, the share of participants that identify as Asian are in the line with the overall demographics of the community. This is the case for programs geared toward youth as well as the senior populations.

As noted in other sections of this report, the coronavirus pandemic severely limited the continuation of public service activities leading to potentially a reporting of lower numbers of families assisted.

## CR-15 - Resources and Investments 91.520(a)

### Identify the resources made available

Source of Funds	Source	Resources Made Available	Amount Expended During Program Year
CDBG	public - federal	\$1,172,883.69	\$874,982.65

Table 3 - Resources Made Available

### Narrative

In Program Year 45, the Town received \$1,099,358 in CDBG funds. With Program Income resources of \$73,252.69, for a total of resources made available of \$1,172,883.69.

This grant year allocated funds equally to the rehabilitation of affordable housing and public improvements. These public improvements are the most challenging category of expenditures due to the nature of the construction season and the dependence on weather, and further complicated by restrictions on construction related to the coronavirus pandemic which limited progress and therefore expenditures. It should be noted that the public improvement projects are now on course to complete within a timely manner. Although not awarded a large portion of the grant individually, the expenditures for public services and planning and administration continued even with the impacts of the pandemic. The remaining funds are allocated for the public improvement construction projects.

### Identify the geographic distribution and location of investments

Target Area	Planned Percentage of Allocation	Actual Percentage of Allocation	Narrative Description

Table 4 – Identify the geographic distribution and location of investments

### Narrative

The funds that are allocated to the Town are available Town-wide with no priority assigned to geographic target areas. Instead funds are allocated to organizations that provide low- and moderate-income households with housing and supportive services. On an annual basis, the Town prioritizes the use of its CDBG funding for the development of affordable housing (including preservation and conservation) that serve

lower-income households and to address public services for lower-income individuals and families through a range of public and privately-operated social service programs.

In particular for Program Year 45, the eligibility for the reconstruction of the Lussiano Playground eligibility was based on the fact that it is located within an eligible Census track as well as being surrounded by eligible Census tracks and we were therefore able to use Low Mod Area to determine the project's compliance with a National Objective.

### **Leveraging**

**Explain how federal funds leveraged additional resources (private, state and local funds), including a description of how matching requirements were satisfied, as well as how any publicly owned land or property located within the jurisdiction that were used to address the needs identified in the plan.**

Arlington's subrecipients often aim to supplement the total cost of delivering excellent programs and projects by leveraging other funds during Program Year 45.

Many of the public service agencies that received CDBG funding leveraged additional resources to achieve program and project goals. It is important to note that many public service programs that utilize CDBG funding are housed in Town-owned buildings including the Council on Aging, the Arlington Youth Counseling Center, Parks and Recreation, and Arlington High School. Additional funds were leveraged as follows:

- Fidelity House utilized \$24,745 from local funds and private funds to support the Menotomy Manor Outreach program, located at the Life and Skills Building owned and operated by the Arlington Housing Authority.
- The Arlington Youth Counseling Center received funding from the Town of Arlington, Arlington Public Schools, and the Department of Mental Health. In addition, AYCC raised \$70,000 from private donors, corporate sponsorships, and fundraising events like the Out on the Town Gala and the Cause and Event 5k.
- The Arlington Council on Aging leveraged \$92,705 in local funds, donations, and user fees to support the transportation program for seniors in the community.
- The Arlington Boys and Girls Club received approximately \$5,000 in donations from individuals to help support families in need.

The public facility and improvement projects also leveraged additional funds to support the programs as follows:

- Food Link has secured additional Capital Campaign funding of over \$150,000 including donations from the Ludcke Foundation, Eastern Bank Charitable Foundation, The Agnes M. Lindsay Trust and the Foundation for MetroWest as well as philanthropic donations from individuals. Additionally, all members of Food Link’s Board of Directors have committed to one- to three-year pledges in support of Food Link.
- The Recreation Department secured \$125,000 from the Arlington Community Preservation Act Committee and \$100,000 from the state government.
- The Disability Commission and the Department of Public Works also received \$65,000 from the Town’s Capital Plan to support the installation of curb ramps.

Finally, for affordable housing, the Housing Corporation of Arlington leveraged \$5,000 in capital reserves for capital improvements.

## CR-20 - Affordable Housing 91.520(b)

Evaluation of the jurisdiction's progress in providing affordable housing, including the number and types of families served, the number of extremely low-income, low-income, moderate-income, and middle-income persons served.

	One-Year Goal	Actual
Number of homeless households to be provided affordable housing units	0	0
Number of non-homeless households to be provided affordable housing units	0	0
Number of special-needs households to be provided affordable housing units	0	0
<b>Total</b>	<b>0</b>	<b>0</b>

Table 5 – Number of Households

	One-Year Goal	Actual
Number of households supported through rental assistance	20	21
Number of households supported through the production of new units	0	0
Number of households supported through the rehab of existing units	10	24
Number of households supported through the acquisition of existing units	0	0
<b>Total</b>	<b>30</b>	<b>45</b>

Table 6 – Number of Households Supported

**Discuss the difference between goals and outcomes and problems encountered in meeting these goals.**

We continue to rehabilitate fewer homes than needed to meet our goal, putting us at fewer than 25% completed toward our consolidated plan goal of 40 homes. Although the Arlington Home Rehabilitation Program is no longer funded, the program did complete rehabilitation to 4 units in Program Year 45. However, the HCA rehabilitated more than expected units of rental housing in its portfolio this year, allowing the Town to exceed its goal.

With the conclusion of the Consolidated Plan timeline, the Town has envisioned having housed additional low- to moderate-income residents, but it has proved difficult to achieve these goals. HCA's Westminster project was completed and tenanted adding nine new units of housing to the Consolidated Plan outcomes. The Town works close with HCA, regardless of the availability of CDBG funding for its projects, to foster and maintain affordable housing, and its pipeline of 48 units of affordable housing under construction is evidence of this relationship.

Although not envisioned as part of the Program Year 45 Annual Action Plan or the Consolidated Plan, the reprogramming of funds that were allocated toward HCA's Solar Panel Project to be used to supplement HCA's Homelessness Prevention Program enabled the Town to provide rental assistance to 21 households before the close of the program year. This program continues to assist households in light of the coronavirus pandemic.

**Discuss how these outcomes will impact future annual action plans.**

As noted, the Arlington Home Rehabilitation Program wound down significantly with no new funding during Program Year 45. The work that was completed involved wrapping up 3 projects which started in Program Year 44. The projects from Year 44 were the first projects the Program oversaw following a nearly one-year Program suspension by HUD. The Program struggled to reinvent itself by expanding opportunities for rental rehabilitation and to draw new income-eligible clients. Additionally, the staff working on the Arlington Home Rehabilitation Program also administered the Menotomy Weatherization Program, which unfortunately was suspended due to the pandemic. Without funding, the program was no longer sustainable for the Town of Arlington. The loss of both programs brings into sharp focus how CDBG funds can be leveraged to support housing stabilization and rehabilitation activities that support income-eligible households. At the close of this Program Year, there are not any staff working on these programs. As the Town looks to a future Program year, the Town of Arlington will need to evaluate if a new iteration of this program is feasible and sustainable.

The Town continues to fund HCA's Capital Improvement Program each year, which touches a large portion of the HCA portfolio and contributed

to exceeding our goal for this rehabilitation this year, but the fact remains that the Town is in a difficult position to fund future acquisition and production due to the high cost of housing and construction in the greater Boston area.

**Include the number of extremely low-income, low-income, and moderate-income persons served by each activity where information on income by family size is required to determine the eligibility of the activity.**

<b>Number of Households Served</b>	<b>CDBG Actual</b>	<b>HOME Actual</b>
Extremely Low-income	17	0
Low-income	5	0
Moderate-income	2	0
<b>Total</b>	<b>24</b>	<b>0</b>

**Table 7 – Number of Households Served**

**Narrative Information**

The number of extremely low-, low-, and moderate-income households provided or assisted with housing is higher than past years. This is primarily due to HCA’s capital improvement projects within their rental housing portfolio during the program year, which focuses on extremely low- and low-income households due to the population served by HCA. Looking forward, homeowner rehabilitation, which included all ranges of household income, will be nonexistent until the Town can reestablish, if possible, a program such as the Arlington Home Rehabilitation Program. As explained above, the Town of Arlington may not be able to rely on HCA to achieve affordable housing goals, and will need to think critically about how to achieve production and acquisition goals.



## **CR-25 - Homeless and Other Special Needs 91.220(d, e); 91.320(d, e); 91.520(c)**

**Evaluate the jurisdiction's progress in meeting its specific objectives for reducing and ending homelessness through:**

### **Reaching out to homeless persons (especially unsheltered persons) and assessing their individual needs**

Each year the Town of Arlington conducts the Point in Time count with other communities throughout the country to get an accurate count of individuals experiencing homelessness. This year, the Town expanded the staff who were a part of the count to include a Health Compliance Officer from the Arlington Health Department, a social worker with the Council on Aging, the Assistant Director of Planning and Community Development, and an officer from the Arlington Police Department. The group also put together resource bags including food, toiletries, handwarmers, shelf-stable milk, and gift cards to handout to anyone found during the count.

During the evening, three people were found. Earlier in the day, the Arlington Homeless Outreach Team visited a known encampment in Arlington and received verbal confirmation that 8 individuals were sleeping in the encampment that evening, and 3 more individuals were suspected to have stayed at the encampment, but were not observed.

This is the first year that Arlington has reported locating individuals during the Port in Time count. Arlington is part of the Somerville-Arlington Continuum of Care (CoC), which this year merged into the Balance of State (CoC). Homeless individuals can access a waitlist for housing through the CoC.

The partnership between Health and Human Services, the Somerville Homeless Coalition, and the Arlington Police Department coordinates an effective delivery system for persons experiencing homelessness in Arlington. However, a significant gap in serving special needs populations and persons experiencing homelessness can be attributed to the insufficient supply of permanent affordable housing, as well as barriers to workforce participation. The removal of these barriers would bring the jurisdiction closer to ending homelessness. As a result, the Town regularly funds affordable housing efforts as well as a number of education and employment skills programs.

### **Addressing the emergency shelter and transitional housing needs of homeless persons**

Arlington does not have an emergency shelter or transitional housing. To fill this need, the Town of Arlington partners with the neighboring community of Somerville, with which the Town has a strong relationship as partners in the former Somerville-Arlington CoC (now part of the Balance of State CoC). This relationship allows Arlington to refer people in need of emergency shelter or transitional housing to the Somerville

Homeless Coalition, and the transition to the Balance of State CoC will increase the opportunities for placement of individuals and families experience homelessness through Massachusetts.

In addition, the Somerville Homeless Coalition leases twenty-four units of transitional housing in Arlington, for which Arlington residents are eligible. Also, Arlington provides approximately 100 units of special needs housing. These units are a mix of transitional and permanent housing.

**Helping low-income individuals and families avoid becoming homeless, especially extremely low-income individuals and families and those who are: likely to become homeless after being discharged from publicly funded institutions and systems of care (such as health care facilities, mental health facilities, foster care and other youth facilities, and corrections programs and institutions); and, receiving assistance from public or private agencies that address housing, health, social services, employment, education, or youth needs**

Homeless households in need of emergency housing are referred to the Housing Corporation of Arlington (HCA). HCA may refer them to the variety of shelters in the area such as Somerville Homeless Coalition or Bristol Lodge in Waltham. Alternatively, HCA may work with the client to complete and file an emergency housing application with the Arlington Housing Authority if their income makes them eligible or to a less expensive unit if they can afford the rent.

HCA runs the Homelessness Prevention Program (HPP) which can provide grant funds of up to \$1,500 per household for back rent, moving expenses, security deposits and first and last month's rent, as well as providing referrals, budgeting assistance, free furniture, negotiations with landlords to reduce back rent, and housing counseling. HCA raises private funds through an annual mail solicitation which secured up to \$30,000 in prior years.

With the pandemic being present in the last three months of the program year, CDBG funds from this program year were reprogrammed to support the Homelessness Prevention Program, which was redesigned to support households that were impacted from the pandemic's resulting economic crisis. Eligible applicants are those earning up to 80% of the area median income can apply for two months of rental assistance. The assistance is based on the fair market rent of the household's unit size and is payable to the landlord. Utilizing private donations, HCA was also able to support households that had rental arrears as well.

HCA's Homelessness Prevention Funds have also helped many households with Section 8 Housing Choice Program Vouchers. Outreach to families and individuals in need is conducted through Facebook, HCA's webpage, phone calls to HCA, and referrals from local agencies that work

with low-income households, particularly the Arlington Boys and Girls Club, Arlington Housing Authority, Fidelity House, Arlington Public Schools as well as local churches, day care centers, the Council on Aging, Minuteman Senior Services, and Arlington Youth Counseling Center. Homeless households are given priority on the waiting list for HCA and AHA affordable units. Arlington's Veterans' Agent also occasionally helps veterans with housing problems, with both local and federal resources. Almost all of the households who access these services and funds are very low-income.

Further, through the Town's participation in the Balance of State Continuum of Care (CoC), homeless individuals being discharged from publically funded institutions and systems of care, can work with the Somerville Homeless Coalition to identify resources for being housed or preventing the loss of housing. In addition, Arlington residents can access the Healthcare for the Homeless program. The staff from this program conducts inpatient rounds at the Cambridge Hospital for homeless patients and assists inpatient medical teams with discharge planning and treatment plans for homeless patients. The City of Somerville and the Town of Arlington also worked to create a resource guide through which individuals can also find a number of shelters, transitional housing, services for homeless and runaway youth, services for Veterans, and more. Please see the Homelessness Resource Guide, attached.

**Helping homeless persons (especially chronically homeless individuals and families, families with children, veterans and their families, and unaccompanied youth) make the transition to permanent housing and independent living, including shortening the period of time that individuals and families experience homelessness, facilitating access for homeless individuals and families to affordable housing units, and preventing individuals and families who were recently homeless from becoming homeless again**

A number of social service agencies and housing providers came together to create the Humans Services Network (HSN) to support homeless individuals and families in Arlington. The HSN provides direct services and referrals, including financial counseling and mental health services, referrals for legal assistance, state services, etc. One goal of the HSN is to prevent homelessness by providing preventative services.

Additionally, the Somerville Homeless Coalition (SHC) leases 24 units of transitional housing in Arlington, for which Arlington residents are eligible. The SHC also provides services to these tenants to help them stay housed. Arlington provides approximately 100 units of special needs housing. These units are a mix of transitional and permanent housing. The Town's Veterans' Agent works with Arlington Veterans who may be in danger of becoming homeless by working with the Veterans' Association and HCA.

One of the greatest barriers to preventing and ending homelessness in Arlington and the Metro Boston region is the shortage of affordable housing. Arlington is committed to preserving and rehabilitating existing affordable housing and working with both nonprofit and for-profit

developers in the construction of affordable units. The Arlington Department of Planning and Community Development continue to work in partnership with community organizations and local boards to advance planning and zoning initiatives that aim to support the creation and preservation of affordable housing.

## **CR-30 - Public Housing 91.220(h); 91.320(j)**

### **Actions taken to address the needs of public housing**

The Arlington Housing Authority (AHA) receives Federal and State funds to address housing needs. As an independent quasi-public agency, the AHA is charged by statute with providing safe and affordable housing for income-eligible households.

The Arlington Housing Authority offers housing programs that provide affordable housing directly and also administers Section 8 vouchers to subsidize privately-owned rental housing. The AHA manages 896 housing units, of which 520 units are available for elderly or handicapped residents and 176 units are designated for family housing. The Housing Authority administers 422 Section 8 vouchers and certificates, in addition to Massachusetts Rental Vouchers, to allow qualified participants to reside in privately owned dwellings throughout the community. These certificates and vouchers assist recipients to afford the increasing rents experienced in Arlington over the past decade.

Elderly and handicapped housing units are found in five developments: the Robert Hauser Memorial Building, Drake Village, Chestnut Manor, Winslow Towers, and Gerald J. Cusack Terrace. Menotomy Manor is a family housing development with both duplex and multi-unit buildings. The AHA also owns the Francis M. Donnelly Residence, a residential home for thirteen developmentally disabled adults. These developments are located in various areas around Town. Each development has its own Tenant Association. Tenant Associations sponsor a variety of events throughout the year to fund their programs.

The last CDBG-funded construction project at AHA property was the Menotomy Manor Life and Skills Center. The public service programming supporting children living at Menotomy Manor is held at the Life and Skills Building. Although not funded through CDBG, the AHA was awarded a Creative Placemaking grant from the Massachusetts Department of Housing and Community Development for improvements to the public spaces around the cottages at Drake Village. The CDBG Administrator continues to encourage AHA to leverage CDBG funds for capital improvements and other needs.

### **Actions taken to encourage public housing residents to become more involved in management and participate in homeownership**

Completed in early 2019, the last major activity funded by CDBG was to assist the Arlington Housing Authority in the construction of the Life and Skills Center at Menotomy Manor. The Life and Skills Center helps AHA residents gain greater self-sufficiency by encouraging and training

tenants in financial education, including financial management skills needed to purchase and maintain a home. Tenants are becoming more engaged, invested, and potentially part of management for the AHA properties.

Through Section 8, the AHA participates in HUD's Family Self-Sufficiency Program (FSS). The goal of this program is to help families become independent of public assistance within five to seven years through educational development, and technical, trade, and vocational skills training. The FSS strategy is to use housing as a stabilizing force so families are able to invest energy in efforts necessary to achieve self-sufficiency. Through the FSS program, successful participants may have portions of future rent increases placed into escrow accounts that will become available to them upon completion of the program.

### **Actions taken to provide assistance to troubled PHAs**

The Arlington Housing Authority is not a troubled PHA.

## **CR-35 - Other Actions 91.220(j)-(k); 91.320(i)-(j)**

**Actions taken to remove or ameliorate the negative effects of public policies that serve as barriers to affordable housing such as land use controls, tax policies affecting land, zoning ordinances, building codes, fees and charges, growth limitations, and policies affecting the return on residential investment. 91.220 (j); 91.320 (i)**

The Town continues to support amending zoning to allow for increased residential and mixed-use development, especially where additional affordable housing is produced. The Town began advancing a plan to allow multifamily uses by right in higher density residential zoning districts and allow accessory dwelling units in lower density residential districts in late 2018. These changes would have allowed for greater housing flexibility, diversity of housing choice, and affordability. The Town withdrew the proposals in 2019 and is continuing to work on eliminating barriers to production and preservation of housing through improved zoning that will be brought to a Town Meeting in the future.

Beginning in the summer of 2020, the Town began a series of community conversations centered on racism, racial equity, and policing in Arlington (<https://www.arlingtonma.gov/Home/Components/News/News/10288/16>). This multi-part series is intended to open up the dialogue to address challenges past and present the Town of Arlington has faced, acknowledge plans for moving forward in the journey to dismantle the systemic racism that is embedded into all of the Town's institutions, and provide an opportunity for community voices and concerns to be heard and discussed. Six sessions have been held including one on racism and housing and how past government policies created massive inequities. More specifically, CDBG funds are being used to complete a Fair Housing Action Plan by the end of 2020 in Program Year 46. The Fair Housing Action Plan includes an Analysis of Impediments to Fair Housing Choice, as currently required by HUD. It will also include some elements of an Assessment of Fair Housing, as previously required under the Affirmatively Furthering Fair Housing Final Rule.

In 2016, the Housing Production Plan was adopted by the Select Board and Arlington Redevelopment Board and approved by the state Department of Housing and Community Development with recommendations for increasing affordable housing. A Housing Plan Implementation Committee continues to work to advance plan recommendations. This Plan will expire in 2021, and the Town plans to release a Request for Proposals to select and retain a consultant to assist the Town in preparation of an updated Plan.

The implementation plans that will be laid out in the Fair Housing Action Plan and an updated Housing Production Plan will guide the Town to remove barriers to developing affordable housing. The actions identified in these plans may contribute to how CDBG funds are used in the future to address these barriers.

**Actions taken to address obstacles to meeting underserved needs. 91.220(k); 91.320(j)**

Annually, Arlington addresses the need for affordable housing through the Community Development Block Grant funds; in 2019-2020, Arlington allocated over \$200,000 for capital improvements to existing affordable housing. Although the Arlington Home Rehabilitation Program did not receive funding during this program year, rehabilitation projects began prior to this program year were completed.

Also annually through CDBG, Arlington continues to tackle the accessibility of Town infrastructure through the construction of Americans with Disabilities Act (ADA)-compliant curb cuts throughout town. An annual commitment of at least \$100,000 is spent on this effort each year. The Town is working to increase access to parks and recreational opportunities by addressing ADA compliance. The Town’s recently-completed ADA Self-Evaluation and Transition Plan will provide greater direction and help prioritize architectural barrier removal, especially where CDBG funds could be used to leverage other funds.

Arlington continues to focus on human service transportation needs, particularly of note is our work in serving older adults and people with disabilities. Thirty-five thousand dollars were spent on activities that assist with the Council on Aging’s transportation program, bringing older people and people with disabilities to places throughout town and to critical medical and wellness appointments. This program was vital in continuing to provide transportation needs for older adults during the start of the pandemic.

**Actions taken to reduce lead-based paint hazards. 91.220(k); 91.320(j)**

Hazards created by lead-based paint are addressed through enforcement of the Lead Paint Notification Laws, the promotion of the MassHousing “Get The Lead Out” Program, which provides Lead Remediation financing to eligible property owners, and the integration of lead remediation in the housing rehabilitation programs and affordable housing development programs. Any property owner participating in Housing Rehabilitation/ Weatherization programs is provided notification about these laws and that the program ensures compliance with these laws. In order to comply, lead testing, containment through Interim Controls/ abatement, and monitoring occurs and is funded by the program accordingly. Property owners and their tenants are also supported with relocation assistance. The program maintains a relocation policy that includes relocation and protections/ support for tenants for these instances.

Public awareness and education is the keystone of an effective public health policy. The Commonwealth’s Childhood Lead Paint Prevention Program (CLPP) provides a wealth of information on the hazards, safe treatment, and legal responsibilities related to Lead-based Paint



Hazards. The CLPP additionally tracks childhood blood testing rates and incidence of poisoning. The commitment to raise public awareness led to the passage of Massachusetts' Lead Law that requires property owners to remove or cover all lead paint hazards in homes built before 1978 if a child under 6 resides in the home. The Town's Health and Human Services Department provides public notification, including to tenants and landlords, about the hazards of lead-based paint. If a child tests for elevated lead-based paint levels, then the Town connects property owners to options for containing or abating the problem and improving health and housing conditions.

In addition, the Town provides information to area landlords and property owners regarding rental property requirements, specifically that they must provide these notifications and forms prior to execution of a rental agreement:

- Provide a copy of lead inspections reports
- Provide a copy of the letter of compliance
- Any information about lead in the home

The Town works with the local real estate community to ensure that sellers of homes built prior to 1978 must provide buyers with the following:

- Property Transfer Notification
- A signed Property Transfer Lead Certification
- Any information about lead in the home
- A copy of any lead inspection report, Letter of Compliance, or Letter of Interim Control
- A 10 day period to have the home inspected for lead at the Buyer's expense.

The Town has coordinated with the "Get the Lead Out" program and will continue to do so through the Consolidated Plan period. The program provides secondary financing at desirable rates to remediate/remove lead hazards from residential units. The funds, while limited, are available throughout the Commonwealth. Properties undergoing rehabilitation or weatherization may also have access to funding to address hazards.

Arlington has fully integrated Lead Hazard education and remediation into housing policies and programs. The Town requires compliance with Mass Lead Notification and Federal Laws, including the Lead Safe Housing Rule which is documented in all project files. Affordable rental projects are required to abate lead-based paint hazards prior to occupancy; first-time homebuyers are required to sign the Commonwealth's Transfer of Property Notification in the case of purchasing of existing properties and follow other requirements as noted above; and, any new construction or substantial rehabilitation is made fully compliant. The Town of Arlington makes available the EPA's Protect Your Family from

Lead in Your Home booklet to the community for any project funded through CDBG. In addition to requirements noted above, the CDBG program require the following:

1. The Property Owner is required to provide required notice to all occupants;
2. The home is to be inspected by a trained professional;
3. Assess if the project is low, moderate, or high-risk de-leading due to the scope of work;
4. Have work performed by a licensed contractor;
5. Monitor de-leading to insure compliance with federal and state laws; and
6. Obtain project clearance for occupancy.

Additionally, every year, the Arlington Water Department works with the Massachusetts Water Resources Authority (MWRA) to test water for lead levels at 15 sites that are likely to have lead components. Sites more likely to have lead include older homes that may have lead service lines or lead solder. For the test period ending September 2019, two of the sites did result in lead levels above the Action Level of 15ppb (17.4 ppb and 18.9 ppb) likely due to fixtures as MWRA water is lead-free when it leaves reservoirs. As a result, the Town began a public awareness campaign regarding lead in drinking water, including providing the Town information on how to reduce exposure to lead in drinking water, including how to have water tested, children tested, and how to find out if plumbing fixtures contain lead, among other simple ways to address lead in drinking water.

**Actions taken to reduce the number of poverty-level families. 91.220(k); 91.320(j)**

The Town aims to reduce the number of poverty-level families by targeting CDBG and local funds to projects that will provide affordable housing units and related services to foster self-sufficiency. The Town does not have the resources or the capacity to increase income of poverty-level families, although the Town does act to reduce tax costs for lower-income seniors and has a community development corporation to administer an emergency rental assistance program. The HCA Homeless Prevention Program was supplemented by funding reprogrammed from the Solar Panel Project at the start of the pandemic. Twenty-one households were assisted prior to the end of the Program Year, and more households have been supported over the summer and fall of 2020.

With a portion of the CDBG-CV allocation awarded to Arlington in April 2020, an Emergency Tenant Assistance Program was established and administered by the Town. Although there were no accomplishments to report during this program year, thirty-nine households were supported during the summer of 2020 and will be reported in the next CAPER.

The Arlington Boys and Girls Club and Fidelity House both operate a jobs program for teens in the summertime. This provides a stipend for youth. Through participating in the program, participants learn valuable employment skills that will better prepare them for a career in the workforce. Jobs, Jobs, Jobs applicants are required to attend two workshops during July and August. Existing partnerships include Whole Foods, Cambridge Savings Bank, Boston Children's Hospital, Bunker Hill Community College, Colby College, and area high school guidance counselors. This activity provides a long-term, solution to reducing poverty-level families in Arlington.

The Arlington Boys and Girls Club and Fidelity House also receive CDBG funds for scholarships to help youth attend their programs during the summertime when school is not in session. This provides childcare for families when parents are at work, helping to ensure parents are stay employed.

While all of these programs were impacted due to the start of the pandemic in March as well as continuing into the next program year, the Town of Arlington has made CDBG-CV funds available to the Arlington Boys and Girls Club to implement a Board of Health approved childcare program beginning in the summer of 2020.

#### **Actions taken to develop institutional structure. 91.220(k); 91.320(j)**

The Town Department of Planning and Community Development (DPCD) administers all of the activities specifically identified in the Consolidated Plan. The Assistant Director specializes in affordable housing and works closely with other housing-related organizations and service providers in the Town and region to ensure that local housing needs and demand can be addressed.

The working relationships between the DPCD and other Town departments is strong and facilitative. Due to the Town's relatively small size, communication is typically direct and immediate. As a result, gaps in program or service delivery are typically not the result of poor institutional structure or lack of intergovernmental cooperation, but rather due to lack of available resources. The Town's close relationships with public services agencies and other community development agencies ensures that cooperation is strong among agencies supporting the community. In particular, this program year, Food Link and Arlington EATS became more active participants in the institutional delivery system due to the pandemic, and that is seen with the subrecipient relationship developed with both agencies.

The Town actively encourages collaboration between housing providers and service agencies with the intention of fostering development of more supportive housing options. The Town continued to participate in the ongoing Continuum of Care planning process, which facilitates increased collaboration among the Town, neighboring City of Somerville, and virtually all housing and homeless service providers in the

immediate region. With the merger into the Balance of State CoC, the Town of Arlington has regional access to providers in the greater Boston area.

**Actions taken to enhance coordination between public and private housing and social service agencies. 91.220(k); 91.320(j)**

A number of social service agencies and housing providers recently created the Humans Services Network or (HSN). Agencies involved in this effort include the Arlington Youth Counseling Center, Council on Aging, Arlington Housing Authority, Housing Corporation of Arlington, the Arlington Police Department, Arlington Health Department, the Arlington Food Pantry, the Arlington Public School's Social Worker, and most recently Mt. Auburn Hospital Social Work Department. The group meets monthly to discuss client households and other issues pertinent to assisting low income households. The HSN provides direct services and referrals, including financial counseling and mental health services, referrals for legal assistance, state services, etc. One goal of the HSN is to prevent homelessness by providing preventative services.

**Identify actions taken to overcome the effects of any impediments identified in the jurisdictions analysis of impediments to fair housing choice. 91.520(a)**

As a member of the North Suburban HOME Consortium, Arlington participated in the Consolidated Plan process, setting forth a five-year plan. Unfortunately, that plan did not include an updated Analysis of Impediments to Fair Housing Choice. The prior five-year plan also did not include an updated AI. The most recent AI with Arlington information is from 2012.

Given the fact that our regional participating jurisdiction has and will not be putting forth a fair housing assessment due to the suspension of the Affirmatively Furthering Fair Housing Rule, the Town moved forward with activities to comply with HUD's Affirmatively Furthering Fair Housing policy. As described above, the Town is nearing completion of a Fair Housing Action Plan. Also, the Town has an approved housing production plan that recognizes the high cost of housing within the town. The Housing Production Plan will expire in 2021, and the Town is in the process of updating this document. A number of committees work to reach these goals and to identify new and creative ways to address the high cost of housing. Housing prices continue to be the biggest impediment to fair housing. The implementation plans that will be laid out in the Fair Housing Action Plan and an updated Housing Production Plan will guide the Town to remove barriers to developing affordable housing.

All units owned by the Housing Corporation of Arlington are affirmatively marketed to diverse populations. The Town's Affirmative and Fair Marketing Plans must be approved by the Massachusetts Department of Housing and Community Development.

## **CR-40 - Monitoring 91.220 and 91.230**

**Describe the standards and procedures used to monitor activities carried out in furtherance of the plan and used to ensure long-term compliance with requirements of the programs involved, including minority business outreach and the comprehensive planning requirements**

The program regularly monitors CDBG funded activities to ensure that all projects and programs are administered in compliance with applicable regulations and to ensure that those accomplishments are addressing the priorities established in the Consolidated Plan.

**Subrecipients:** The majority of funding is allocated to subrecipients. The subrecipient enters into an agreement with the Town detailing program requirements, applicable statutes and regulations, and references to the provision of OMB circulars containing federal cost principles, audit and uniform administrative requirements.

**Technical Assistance:** The Town is now conducting a mandatory orientation session in which all subrecipients receive updated information pertaining to their funded activities and throughout the year, Town staff provide additional technical assistance through one-on-one contacts with the subrecipient agencies. Staff conducts a desktop review of the financials and program records of each subrecipient annually. On-site monitoring visits are completed as needed.

**Reporting:** Subrecipients of CDBG funds are required to submit quarterly reports as noted above. Each of the quarterly reports must provide information regarding the subrecipient's activities, beneficiaries, and accomplishments. This information is entered into HUD's Integrated Disbursement and Information System (IDIS). The staff will then review and monitor the reports for compliance with all applicable federal and local regulations, goals and objectives. **Performance Measurement System:** Utilizing HUD's system of measuring goals and objectives, the staff is measuring milestones of success for meeting the needs of the community's low and moderate income and minority residents.

This year's on site monitoring was complicated by the pandemic and social distancing, changes in staff administering the CDBG program, and projects having a late start in the program year. The Town is committed to completing the requisite monitoring. Beginning in the summer of 2020, the Lussiano Playground project overseen by the Recreation Department has been activity monitored. Although onsite monitoring has been difficult to complete, the Interim Community Development Program Manager maintained close contact with all subrecipients at the start of the pandemic to discuss programming and schedule changes. Based on this effort, it appears that all subrecipients are following program guidelines with suggestions that included improved internal procedures and clear timelines for completion of work despite the challenges

presented by the pandemic.

### **Citizen Participation Plan 91.105(d); 91.115(d)**

#### **Describe the efforts to provide citizens with reasonable notice and an opportunity to comment on performance reports.**

In December 2019, the Town of Arlington updated its Citizen Participation Plan (CPP) for the first time since 1995. This update modernized the CPP. It now provides clear direction to all stakeholders on participation in the CDBG planning process. The CPP was again amended in May 2020 to ensure flexibility of the participation process in states of emergency such as the national coronavirus pandemic.

Each year, the Town holds several public hearings throughout the CDBG funding cycle and encourages citizen participation to help address the needs of its residents. To ensure that all people, public agencies, and other interested parties have the opportunity to review and comment on performance reports on housing and community development activities and the use of CDBG funds, public notices are placed in the local newspaper.

A draft of the Consolidated Annual Performance and Evaluation Report (CAPER) will be made available for public review for 15 days prior to submission to HUD. A notice will be published in the local newspaper and the draft is posted on the Town's webpage. Although Town Hall is closed to the public, hard copies can be made available to interested parties upon request. The draft CAPER is also distributed via email to interested parties and no-cost copies of the documents are provided to interested parties who do not have internet access, upon request. A summary of the public comment will be included prior to the submittal to HUD.

The Town has made provisions to provide bilingual translators and captioning services for people with hearing impairments through a CART service upon request. The sites utilized for all public meetings/hearings are ADA compliant and within proximity to public transportation. Currently all Town operations are remote and meetings are also held remotely.

## **CR-45 - CDBG 91.520(c)**

**Specify the nature of, and reasons for, any changes in the jurisdiction’s program objectives and indications of how the jurisdiction would change its programs as a result of its experiences.**

The Town of Arlington did not change program objectives outlined in the 2015-2019 Consolidated Plan. The Town’s goals continue to be Affordable Housing Development, Housing Rehabilitation, Public Infrastructure, Public Parks and Open Spaces, Public Facilities, and Public Services.

Upon review this past program year, “Direct Assistance to Homebuyers” was not possible to achieve due to the purchase price of homes in Arlington. Additionally, the “Public Facility or Infrastructure Activities for Low/Moderate Income Housing Benefit” was not achieved due to the complicated ownership of the HCA properties which were to receive solar panels. However, this funding was reprogrammed toward “Rental Units Rehabilitated” and “Homelessness Prevention” allowing many more HCA units to rehabilitate and households assisted through HCA’s Homelessness Prevention Program in response to the coronavirus pandemic.

The Arlington Home Rehabilitation Program did not receive funding during this program year, although 4 units in three homes were completed during this program year, but were started in the prior program year. The projects from Year 44 were the first projects the Program oversaw following a nearly one-year Program suspension by HUD. The Program struggled to reinvent itself by expanding opportunities for rental rehabilitation and to draw new income-eligible clients. Additionally, the staff working on the Arlington Home Rehabilitation Program also administered the Menotomy Weatherization Program, which unfortunately was suspended due to the pandemic. Without funding, the program was no longer sustainable for the Town of Arlington. The loss of both programs brings into sharp focus how CDBG funds can be leveraged to support housing stabilization and rehabilitation activities that support income-eligible households. At the close of this Program Year, there are not any staff working on these programs. As the Town looks to a future Program year, the Town of Arlington will need to evaluate if a new iteration of this program is feasible and sustainable.

**Does this Jurisdiction have any open Brownfields Economic Development Initiative (BEDI) grants?**

No.



**PART I: SUMMARY OF CDBG RESOURCES**

01 UNEXPENDED CDBG FUNDS AT END OF PREVIOUS PROGRAM YEAR <b>MANUALLY INPUTTED FROM PREVIOUS PR26</b>	514,636.89
02 ENTITLEMENT GRANT	1,099,358.00
03 SURPLUS URBAN RENEWAL	0.00
04 SECTION 108 GUARANTEED LOAN FUNDS	0.00
05 CURRENT YEAR PROGRAM INCOME <b>ADJUSTED</b>	73,252.69
05a CURRENT YEAR SECTION 108 PROGRAM INCOME (FOR SI TYPE)	0.00
06 FUNDS RETURNED TO THE LINE-OF-CREDIT	0.00
06a FUNDS RETURNED TO THE LOCAL CDBG ACCOUNT	0.00
07 ADJUSTMENT TO COMPUTE TOTAL AVAILABLE	225.00
08 TOTAL AVAILABLE (SUM, LINES 01-07) <b>ADJUSTED</b>	1,687,247.58

**PART II: SUMMARY OF CDBG EXPENDITURES**

09 DISBURSEMENTS OTHER THAN SECTION 108 REPAYMENTS AND PLANNING/ADMINISTRATION	720,607.66
10 ADJUSTMENT TO COMPUTE TOTAL AMOUNT SUBJECT TO LOW/MOD BENEFIT	0.00
11 AMOUNT SUBJECT TO LOW/MOD BENEFIT (LINE 09 + LINE 10)	720,607.66
12 DISBURSED IN IDIS FOR PLANNING/ADMINISTRATION	154,374.99
13 DISBURSED IN IDIS FOR SECTION 108 REPAYMENTS	0.00
14 ADJUSTMENT TO COMPUTE TOTAL EXPENDITURES	0.00
15 TOTAL EXPENDITURES (SUM, LINES 11-14)	874,982.65
16 UNEXPENDED BALANCE (LINE 08 - LINE 15) <b>ADJUSTED BASED ON LINE 8 ADJUSTMENTS</b>	812,264.93

**PART III: LOWMOD BENEFIT THIS REPORTING PERIOD**

17 EXPENDED FOR LOW/MOD HOUSING IN SPECIAL AREAS	0.00
18 EXPENDED FOR LOW/MOD MULTI-UNIT HOUSING <b>MANUALLY INPUTTED</b>	153,394.00
19 DISBURSED FOR OTHER LOW/MOD ACTIVITIES	532,263.66
20 ADJUSTMENT TO COMPUTE TOTAL LOW/MOD CREDIT	0.00
21 TOTAL LOW/MOD CREDIT (SUM, LINES 17-20) <b>ADJUSTED</b>	685,657.66
22 PERCENT LOW/MOD CREDIT (LINE 21/LINE 11) <b>ADJUSTED</b>	95.15%

**LOW/MOD BENEFIT FOR MULTI-YEAR CERTIFICATIONS**

23 PROGRAM YEARS(PY) COVERED IN CERTIFICATION	PY: PY: PY:
24 CUMULATIVE NET EXPENDITURES SUBJECT TO LOW/MOD BENEFIT CALCULATION	0.00
25 CUMULATIVE EXPENDITURES BENEFITING LOW/MOD PERSONS	0.00
26 PERCENT BENEFIT TO LOW/MOD PERSONS (LINE 25/LINE 24)	0.00%

**PART IV: PUBLIC SERVICE (PS) CAP CALCULATIONS**

27 DISBURSED IN IDIS FOR PUBLIC SERVICES	170,447.70
28 PS UNLIQUIDATED OBLIGATIONS AT END OF CURRENT PROGRAM YEAR <b>MANUALLY INPUTTED</b>	500,000.00
29 PS UNLIQUIDATED OBLIGATIONS AT END OF PREVIOUS PROGRAM YEAR	0.00
30 ADJUSTMENT TO COMPUTE TOTAL PS OBLIGATIONS	0.00
31 TOTAL PS OBLIGATIONS (LINE 27 + LINE 28 - LINE 29 + LINE 30) <b>ADJUSTED</b>	670,447.70
32 ENTITLEMENT GRANT	1,099,358.00
33 PRIOR YEAR PROGRAM INCOME	120,324.96
34 ADJUSTMENT TO COMPUTE TOTAL SUBJECT TO PS CAP	0.00
35 TOTAL SUBJECT TO PS CAP (SUM, LINES 32-34)	1,219,682.96
36 PERCENT FUNDS OBLIGATED FOR PS ACTIVITIES (LINE 31/LINE 35)	13.97%

**PART V: PLANNING AND ADMINISTRATION (PA) CAP**

37 DISBURSED IN IDIS FOR PLANNING/ADMINISTRATION	154,374.99
38 PA UNLIQUIDATED OBLIGATIONS AT END OF CURRENT PROGRAM YEAR	0.00
39 PA UNLIQUIDATED OBLIGATIONS AT END OF PREVIOUS PROGRAM YEAR	0.00
40 ADJUSTMENT TO COMPUTE TOTAL PA OBLIGATIONS	0.00



41 TOTAL PA OBLIGATIONS (LINE 37 + LINE 38 - LINE 39 +LINE 40)	154,374.99
42 ENTITLEMENT GRANT	1,099,358.00
43 CURRENT YEAR PROGRAM INCOME	73,027.69
44 ADJUSTMENT TO COMPUTE TOTAL SUBJECT TO PA CAP	0.00
45 TOTAL SUBJECT TO PA CAP (SUM, LINES 42-44)	1,172,385.69
46 PERCENT FUNDS OBLIGATED FOR PA ACTIVITIES (LINE 41/LINE 45)	13.17%

**LINE 17 DETAIL: ACTIVITIES TO CONSIDER IN DETERMINING THE AMOUNT TO ENTER ON LINE 17**

Report returned no data.

**LINE 18 DETAIL: ACTIVITIES TO CONSIDER IN DETERMINING THE AMOUNT TO ENTER ON LINE 18**

<u>Plan Year</u>	<u>IDIS Project</u>	<u>IDIS Activity</u>	<u>Activity Name</u>	<u>matrix Code</u>	<u>National Objective</u>	<u>Drawn Amount</u>
2017	1	1198	Downing Square, 19R Park Ave., HCA	12	LMH	\$30,000.00
				<b>12</b>	<b>Matrix Code</b>	<b>\$30,000.00</b>
2018	1	1243	35 Sherborn Street, #1506	14B	LMH	\$9,900.00
2019	1	1266	HCA, Capital Improvements, 48-50 Decatur St.	14B	LMH	\$44,795.00
2019	1	1270	HCA, Capital Improvements, 6 Burton St & 1166 Mass Ave	14B	LMH	\$18,200.00
2019	1	1271	HCA, Capital Improvements, 2 Orchard Pl & 1016 Mass Ave	14B	LMH	\$74,974.00
2019	1	1275	HCA, Capital Improvements, 29 Bow Street	14B	LMH	\$10,475.00
				<b>14B</b>	<b>Matrix Code</b>	<b>\$158,344.00</b>
<b>Total</b>						<b>\$188,344.00</b>

**LINE 19 DETAIL: ACTIVITIES INCLUDED IN THE COMPUTATION OF LINE 19**

<u>Plan Year</u>	<u>IDIS Project</u>	<u>IDIS Activity</u>	<u>voucner Number</u>	<u>Activity Name</u>	<u>matrix Code</u>	<u>National Objective</u>	<u>Drawn Amount</u>
2018	3	1229	6298759	ADA-Compliant Spy Pond Trails	03F	LMC	\$51,371.76
2018	3	1229	6323733	ADA-Compliant Spy Pond Trails	03F	LMC	\$778.56
2018	3	1229	6343149	ADA-Compliant Spy Pond Trails	03F	LMC	\$778.56
2019	3	1256	6379716	Wellington Park ADA-Compliant Trails and Access Project	03F	LMA	\$16,725.50
2019	3	1256	6387253	Wellington Park ADA-Compliant Trails and Access Project	03F	LMA	\$113.50
					<b>03F</b>	<b>Matrix Code</b>	<b>\$69,767.88</b>
2017	3	1214	6323733	ADA-Compliant Curb Cuts	03L	LMC	\$11,026.37
2018	3	1226	6323733	Annual Curb Cut Ramp Project	03L	LMC	\$136,207.93
2018	3	1226	6370545	Annual Curb Cut Ramp Project	03L	LMC	\$38,447.90
2018	3	1228	6370545	ADA-Compliant Curb Cuts, Sunnyside Neighborhood	03L	LMC	\$5,050.80
					<b>03L</b>	<b>Matrix Code</b>	<b>\$190,733.00</b>
2019	3	1258	6376027	Parking Lot Reconstruction	03Z	LMC	\$27,382.50
					<b>03Z</b>	<b>Matrix Code</b>	<b>\$27,382.50</b>
2019	2	1249	6323733	Adult Day Health Services	05A	LMC	\$2,468.00
2019	2	1249	6370545	Adult Day Health Services	05A	LMC	\$1,716.00
2019	2	1250	6343149	Transportation Program, Council on Aging	05A	LMC	\$14,860.19
2019	2	1250	6366783	Transportation Program, Council on Aging	05A	LMC	\$19,023.50
2019	2	1250	6376027	Transportation Program, Council on Aging	05A	LMC	\$1,116.31
2019	2	1251	6298759	Volunteer Coordinator, Council on Aging	05A	LMC	\$7,775.86
2019	2	1251	6323709	Volunteer Coordinator, Council on Aging	05A	LMC	\$10,707.95
2019	2	1251	6343131	Volunteer Coordinator, Council on Aging	05A	LMC	\$9,756.36
2019	2	1251	6364911	Volunteer Coordinator, Council on Aging	05A	LMC	\$8,761.50
2019	2	1251	6366783	Volunteer Coordinator, Council on Aging	05A	LMC	\$1,947.00
2019	2	1251	6370545	Volunteer Coordinator, Council on Aging	05A	LMC	\$1,947.00
2019	2	1251	6376027	Volunteer Coordinator, Council on Aging	05A	LMC	\$2,920.50
2019	2	1251	6379716	Volunteer Coordinator, Council on Aging	05A	LMC	\$1,947.00
2019	2	1251	6387253	Volunteer Coordinator, Council on Aging	05A	LMC	\$3,894.00
2019	2	1251	6390650	Volunteer Coordinator, Council on Aging	05A	LMC	\$1,362.90
					<b>05A</b>	<b>Matrix Code</b>	<b>\$90,204.07</b>
2019	2	1244	6323733	Scholarship Project, Arlington Boys and Girls Club	05D	LMC	\$19,400.00
2019	2	1245	6366783	Jobs, Jobs, Jobs Program, Arlington Boys and Girls Club	05D	LMC	\$4,000.00
2019	2	1246	6379716	Athletic Scholarships, Arlington High School	05D	LMC	\$7,600.00

2019	2	1247	6364911	Operation Success Learning Center	05D	LMC	\$2,857.99	
2019	2	1247	6379716	Operation Success Learning Center	05D	LMC	\$1,845.39	
2019	2	1252	6379716	Jobs, Jobs, Jobs Program, Fidelity House	05D	LMC	\$4,000.00	
2019	2	1253	6323733	Menotomy Manor Outreach Program, Fidelity House	05D	LMC	\$1,062.38	
2019	2	1253	6364911	Menotomy Manor Outreach Program, Fidelity House	05D	LMC	\$18,937.62	
2019	2	1254	6387253	Recreation Program Scholarships	05D	LMC	\$5,540.25	
							<b>05D Matrix Code</b>	<b>\$65,243.63</b>
2019	2	1248	6366783	Mental Health Counseling and Support Services	05O	LMC	\$14,130.00	
2019	2	1248	6376027	Mental Health Counseling and Support Services	05O	LMC	\$870.00	
							<b>05O Matrix Code</b>	<b>\$15,000.00</b>
2018	1	1238	6353686	113 Medford Street, Capital Improvements, HCA	14A	LMH	\$28,600.00	
2018	1	1240	6298759	14 Gorham St., Loan #1503	14A	LMH	\$35,400.00	
2018	1	1240	6370545	14 Gorham St., Loan #1503	14A	LMH	\$5,000.00	
							<b>14A Matrix Code</b>	<b>\$69,000.00</b>
2018	1	1232	6298759	Arlington Home Rehab Administration	14H	LMH	\$2,015.74	
2018	1	1232	6364911	Arlington Home Rehab Administration	14H	LMH	\$607.23	
2018	1	1232	6370545	Arlington Home Rehab Administration	14H	LMH	\$85.29	
2018	1	1232	6387253	Arlington Home Rehab Administration	14H	LMH	\$2,224.32	
							<b>14H Matrix Code</b>	<b>\$4,932.58</b>
<b>Total</b>								<b>\$532,263.66</b>

**LINE 27 DETAIL: ACTIVITIES INCLUDED IN THE COMPUTATION OF LINE 27**

Plan Year	IDIS Project	IDIS Activity	voucnr Number	Activity Name	Matrix Code	National Objective	Drawn Amount	
2019	2	1249	6323733	Adult Day Health Services	05A	LMC	\$2,468.00	
2019	2	1249	6370545	Adult Day Health Services	05A	LMC	\$1,716.00	
2019	2	1250	6343149	Transportation Program, Council on Aging	05A	LMC	\$14,860.19	
2019	2	1250	6366783	Transportation Program, Council on Aging	05A	LMC	\$19,023.50	
2019	2	1250	6376027	Transportation Program, Council on Aging	05A	LMC	\$1,116.31	
2019	2	1251	6298759	Volunteer Coordinator, Council on Aging	05A	LMC	\$7,775.86	
2019	2	1251	6323709	Volunteer Coordinator, Council on Aging	05A	LMC	\$10,707.95	
2019	2	1251	6343131	Volunteer Coordinator, Council on Aging	05A	LMC	\$9,756.36	
2019	2	1251	6364911	Volunteer Coordinator, Council on Aging	05A	LMC	\$8,761.50	
2019	2	1251	6366783	Volunteer Coordinator, Council on Aging	05A	LMC	\$1,947.00	
2019	2	1251	6370545	Volunteer Coordinator, Council on Aging	05A	LMC	\$1,947.00	
2019	2	1251	6376027	Volunteer Coordinator, Council on Aging	05A	LMC	\$2,920.50	
2019	2	1251	6379716	Volunteer Coordinator, Council on Aging	05A	LMC	\$1,947.00	
2019	2	1251	6387253	Volunteer Coordinator, Council on Aging	05A	LMC	\$3,894.00	
2019	2	1251	6390650	Volunteer Coordinator, Council on Aging	05A	LMC	\$1,362.90	
							<b>05A Matrix Code</b>	<b>\$90,204.07</b>
2019	2	1244	6323733	Scholarship Project, Arlington Boys and Girls Club	05D	LMC	\$19,400.00	
2019	2	1245	6366783	Jobs, Jobs, Jobs Program, Arlington Boys and Girls Club	05D	LMC	\$4,000.00	
2019	2	1246	6379716	Athletic Scholarships, Arlington High School	05D	LMC	\$7,600.00	
2019	2	1247	6364911	Operation Success Learning Center	05D	LMC	\$2,857.99	
2019	2	1247	6379716	Operation Success Learning Center	05D	LMC	\$1,845.39	
2019	2	1252	6379716	Jobs, Jobs, Jobs Program, Fidelity House	05D	LMC	\$4,000.00	
2019	2	1253	6323733	Menotomy Manor Outreach Program, Fidelity House	05D	LMC	\$1,062.38	
2019	2	1253	6364911	Menotomy Manor Outreach Program, Fidelity House	05D	LMC	\$18,937.62	
2019	2	1254	6387253	Recreation Program Scholarships	05D	LMC	\$5,540.25	
							<b>05D Matrix Code</b>	<b>\$65,243.63</b>
2019	2	1248	6366783	Mental Health Counseling and Support Services	05O	LMC	\$14,130.00	
2019	2	1248	6376027	Mental Health Counseling and Support Services	05O	LMC	\$870.00	
							<b>05O Matrix Code</b>	<b>\$15,000.00</b>
<b>Total</b>								<b>\$170,447.70</b>

**LINE 37 DETAIL: ACTIVITIES INCLUDED IN THE COMPUTATION OF LINE 37**

<u>Plan Year</u>	<u>IDIS Project</u>	<u>IDIS Activity</u>	<u>voucher Number</u>	<u>Activity Name</u>	<u>matrix Code</u>	<u>National Objective</u>	<u>Drawn Amount</u>
2019	3	1261	6298759	Environmental Planner	20		\$1,679.08
2019	3	1261	6323709	Environmental Planner	20		\$2,638.57
2019	3	1261	6343131	Environmental Planner	20		\$2,398.68
2019	3	1261	6364911	Environmental Planner	20		\$2,395.27
2019	3	1261	6366783	Environmental Planner	20		\$546.56
2019	3	1261	6370545	Environmental Planner	20		\$479.74
2019	3	1261	6376027	Environmental Planner	20		\$719.61
2019	3	1261	6379716	Environmental Planner	20		\$479.74
2019	3	1261	6387253	Environmental Planner	20		\$662.75
2019	4	1259	6298759	Assistant Director	20		\$2,695.90
2019	4	1259	6323709	Assistant Director	20		\$4,236.43
2019	4	1259	6343131	Assistant Director	20		\$3,874.38
2019	4	1259	6364911	Assistant Director	20		\$3,596.15
2019	4	1259	6366783	Assistant Director	20		\$799.14
2019	4	1259	6370545	Assistant Director	20		\$799.14
2019	4	1259	6376027	Assistant Director	20		\$1,198.71
2019	4	1259	6379716	Assistant Director	20		\$799.15
2019	4	1259	6387253	Assistant Director	20		\$2,036.00
2019	4	1260	6298759	Senior Planner	20		\$2,867.39
2019	4	1260	6323709	Senior Planner	20		\$4,505.93
2019	4	1260	6343131	Senior Planner	20		\$4,096.29
2019	4	1260	6364911	Senior Planner	20		\$3,686.67
2019	4	1260	6366783	Senior Planner	20		\$819.26
2019	4	1260	6370545	Senior Planner	20		\$819.26
2019	4	1260	6376027	Senior Planner	20		\$1,228.89
2019	4	1260	6379716	Senior Planner	20		\$819.25
2019	4	1260	6387253	Senior Planner	20		\$1,457.06
2019	4	1263	6323733	Planning Studies	20		\$2,049.00
2019	4	1263	6343149	Planning Studies	20		\$2,049.00
2019	4	1263	6370545	Planning Studies	20		\$13,521.00
2019	4	1263	6379716	Planning Studies	20		\$17,413.00
2019	4	1263	6387253	Planning Studies	20		\$7,000.00
2019	4	1263	6390650	Planning Studies	20		\$2,000.00
2019	4	1264	6364911	Annual Town Survey, Envision Arlington	20		\$1,560.00
2019	4	1264	6387253	Annual Town Survey, Envision Arlington	20		\$179.43
					<b>20</b>	<b>Matrix Code</b>	<b>\$98,106.43</b>
2019	5	1262	6298759	Grants Administration	21A		\$1,830.10
2019	5	1262	6343131	Grants Administration	21A		\$14,437.80
2019	5	1262	6364928	Grants Administration	21A		\$13,404.61
2019	5	1262	6387253	Grants Administration	21A		\$12,679.73
2019	5	1265	6343149	General Administration	21A		\$499.20
2019	5	1265	6364911	General Administration	21A		\$7,965.00
2019	5	1265	6366783	General Administration	21A		\$444.76
2019	5	1265	6379716	General Administration	21A		\$528.00
2019	5	1265	6387253	General Administration	21A		\$4,479.36
					<b>21A</b>	<b>Matrix Code</b>	<b>\$56,268.56</b>
<b>Total</b>							<b>\$154,374.99</b>

**Citizen Participation on the Program Year 45**  
**Consolidated Annual Performance and Evaluation Report**  
**July 1, 2019 through June 30, 2020**

1. Legal Ad published in the Arlington Advocate, October 15, 2020
2. Screenshot of CDBG Website with CAPER posted, October 15, 2020
3. Press Release on CAPER release, October 15, 2020.

No public comments were received on the CAPER.



e, versatile and elegant it. Take this daytime class with friends or family to get creative together, or use your newfound skills to craft beautiful cards to remind someone that you care. Visit <http://ArlingtonCommunityEd.org> or email [communityEd@arlington.ma.us](mailto:communityEd@arlington.ma.us) for more information or to register for any class. Arlington Community Education is a program of the Arlington Public Schools that is completely supported by tuition from ACE courses. ACE provides affordable education and enrichment opportunities for children and adults from Arlington and surrounding communities.

onehill College in Easton. **Mass** Rupesh Kapoor, of Arlington, was initiated into the honor society of Phi Kappa Phi while enrolled at UMass. To be eligible, a student must be in the top 10% of seniors and 7.5% of juniors.

**Washington and Lee University** Natalie Biddle Burden and Nikki Marie Doherty, of Arlington, were named to the president's list for the recently ended academic year at Washington and Lee University in Lexington, Virginia.

**Wentworth Institute of Technology** Caitlin Conneely, of Arlington, graduated from Wentworth Institute of Technology in Boston.

Caitlin Conneely and Chris Mark Anderson, of Arlington, were named to the dean's list for the summer semester at Wentworth Institute of Technology in Boston.

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on Thursday, October 8, 2020 may be viewed and downloaded from the Redevelopment Board webpage of the Town's website at [www.arlingtonma.gov](http://www.arlingtonma.gov).

# 20-46

Rachel Zsembery, Chair  
Arlington Redevelopment Board

AD#13917676  
Arlington Advocate 10/8/20, 10/15/20

**BUCKLEY ESTATE**  
**LEGAL NOTICE**  
Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court  
Middlesex Division  
208 Cambridge Street  
Cambridge, MA 02141  
(617) 768-5800

Docket No. MI20P4424EA

**CITATION ON PETITION FOR FORMAL ADJUDICATION**

Estate of: Clare S Buckley

Also known as: Clare T Buckley

Date of Death: 08/16/2020

To all interested persons:

A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Maryellen Cyr of Arlington MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that Maryellen Cyr of Arlington MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

**IMPORTANT NOTICE**

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 10/30/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

**UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)**  
A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

**WITNESS, Hon. Marueen H Monks,**  
First Justice of this Court.

Date: October 02, 2020

Tara E. DeCristofaro  
Register of Probate

AD# 13918609  
Arlington Advocate 10/15/20

Muscular Dystrophy Association  
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**MDA**  
1-800-FIGHT-MD  
[www.mdausa.org](http://www.mdausa.org)

**CAPER**  
**LEGAL NOTICE**  
**TOWN OF ARLINGTON**  
**NOTICE OF PUBLIC COMMENT PERIOD**  
**DRAFT CONSOLIDATED ANNUAL PERFORMANCE AND EVALUATION REPORT (CAPER) PROGRAM YEAR 45**

Under the guidelines established by the U.S. Department of Housing and Urban Development (HUD), notice is hereby given that the Town of Arlington has opened a 15-day public comment period and is making the draft Program Year 45 CAPER available for public review and comment until and through Wednesday, November 4, 2020. The CAPER covers Community Development Block Grant (CDBG) community development objectives undertaken during the period of July 1, 2019 through June 30, 2020. The purpose of the notice of public comment is to gain input and comment on the Town's efforts in meeting its goals and objectives described in the HUD-approved Consolidated Plan and Program Year 45 Annual Action Plan.

The draft CAPER will be available for review and public comment beginning on Thursday, October 15, 2020, through Wednesday November 4, 2020. An electronic copy of the draft CAPER will be available upon publication of this notice on the Town's website at <https://www.arlingtonma.gov/cdbg>. Upon timely request, the Town will provide reasonable accommodation to enable individuals with disabilities or Limited English Proficiency to participate in public comment, including access to materials in alternative formats.

All comments received on the CAPER will be considered, and included in the final report sent to HUD along with the Town's responses. Comments may be emailed to [misullivan@town.arlingtonma.us](mailto:misullivan@town.arlingtonma.us) or sent in writing by 4 PM on November 4, 2020 to the Town of Arlington, Department of Planning and Community Development (DPCD), 730 Massachusetts Avenue, Arlington, MA 02476, attn: Mallory Sullivan.

Mallory Sullivan  
CDBG Administrator  
Department of Planning and Community Development  
Town of Arlington

AA, 10/15/20

AD# 13919179  
Arlington Advocate 10/15/2020

**BIDS/Food Link Inc.**  
**LEGAL NOTICE**

Food Link Inc., a local non-profit agency that rescues fresh food and alleviates hunger, is seeking separate competitive bids for the following scope packages for their new headquarters currently under construction at 108 Summer Street:

1. Site improvements to include: bollards, paving, striping
2. Landscaping/hardscaping to include: pavers, bicycle racks, planters, landscaping
3. Façade repairs to include: stucco patching and exterior painting
4. Furnish and install of generator

Bid documents will be available on 10/8/20. Please contact owner's agent Brad Higdon at [bhigdon@rubicon-builders.com](mailto:bhigdon@rubicon-builders.com) to obtain bid packages.

Bids will be due by 10/22/20 and further instructions for bidders can be found in the bid packages.

AD#13917550  
Arlington Advocate 10/8, 10/15/20

**REQUEST FOR PROPOSAL – BOND COUNSEL SERVICES**

The Town of Arlington, Massachusetts requests proposals from law firms with experience in Massachusetts municipal bond law to serve as Bond Counsel to the Town in connection with financings, transactions and legal matters relating to the ongoing management of the Town's debt. Proposals to act as Bond Counsel should illustrate how your firm can offer complete services to meet the Town's needs in future bond financings and re-financings. The services solicited through this request for proposals envision a one year contract term with the selected Bond Counsel and an option for two options of one year renewal extension to be granted at the sole discretion of the Town.

Bid Documents available for viewing and downloading on Town website: [www.arlingtonma.gov/purchasing](http://www.arlingtonma.gov/purchasing)

TOWN OF ARLINGTON

Adam W. Chapdelaine  
Town Manager

October 15, 2020

AD#13918966  
Arlington Advocate 10/15/20

86 River Street Block  
**LEGAL NOTICE**  
Town of Arlington  
Zoning Board of Appeals

Notice is herewith given in accordance with the provisions of Section 3.2.3A, of the Zoning Bylaws that there has been filed by Smooth Automotive Car Care and Tire Center of Arlington, Massachusetts on August 23, 2020 a petition seeking permission install a sign at 86 River Street Block Plan No. 041.0-0006-0011.0 Said petition would require a Special Permit under Section 6.2 "Signs" of the Zoning Bylaw for the Town of Arlington.

Hearing in regard to the said petition will be remotely conducted via "Zoom" on Tuesday evening, October 27, 2020 at 7:30 P.M. or as soon thereafter as the petitioner may be heard. Please visit the Town of Arlington website for hearing information.

**DOCKET NO. 3635**

Zoning Board of Appeals  
Christian Klein, R.A., Chair.

For information contact:  
[ZBA@town.arlingtonma.us](mailto:ZBA@town.arlingtonma.us)

AD#13916029  
Arlington Advocate 10/8, 10/15/20

Muscular Dystrophy Association  
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[www.mdausa.org](http://www.mdausa.org)



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## Community Development Block Grant (CDBG)

CDBG is a program of HUD and was created in 1974 as part of Title I of HCD ACT of 1974, as amended. The primary objective of Title I is the development of viable urban communities. These viable communities are achieved by providing the following, principally for persons of low-and moderate-income:

1. Decent housing;
2. A suitable living environment; and
3. Expanded economic opportunities.

The [CDBG Subcommittee](#) prepares and recommends to the full Select Board a preliminary budget of the Town's annual Community Development Block Grant allocations for Board approval.

The [Citizen Participation Plan](#) provides for and encourages residents to participate in the development of the Town of Arlington's Consolidated Plan, Annual Action Plan, any substantial changes to the Consolidated Plan or Annual Action Plan, and the Consolidated Annual Performance and Evaluation Reports (CAPER). Adopted by the Select Board on December 2, 2019, and amended on May 2, 2020, this plan amends and supersedes the Town's existing Citizen Participation Plan, and is in compliance with Section 104(a)(3) of the Housing and Community Development Act of 1974.

## Current Reports

[Draft Program Year 45 Consolidated Annual Performance and Evaluation Report \(CAPER\)](#)

[Final Substantial Amendment of 2020-2024 Consolidated Plan and 2020-2021 Annual Action Plan](#)

[Final 2020-2024 Consolidated Plan and 2020-2021 Annual Action Plan](#)

[Final Substantial Amendment of the 2019-2020 Annual Action Plan for the CARES Act](#)

## CDBG Regulations

[CDBG Regulations](#)

## Previous Reports

[2019-2020 CDBG Annual Action Plan](#)

[Draft 2018-2019 Consolidated Annual Performance and Evaluation Report \(CAPER\)](#)

[2019-2020 Draft Annual Action Plan](#)

[2018-2019 Draft Annual Action Plan](#)

[CDBG 2015-2019 Consolidated Plan](#)

[2017-2018 Consolidated Annual Performance and Evaluation Report \(CAPER\)](#)

## CDBG News & Notices

### **Consolidated Annual Performance and Evaluation Report for CDBG Program Released**

**Comment period ends November 4, 2020 at 4 PM.**

**Post Date:** 10/15/2020 8:30 AM

The Town of Arlington Community Development Block Grant (CDBG) Program has released its draft Program Year 45 Consolidated Annual Performance and Evaluation Report (CAPER) and has opened a comment period under the guidelines established by the U.S. Department of Housing and Urban Development (HUD). The CAPER covers CDBG community development objectives undertaken during the period of July 1, 2019 through June 30, 2020. The purpose of the notice of public comment is to gain input and comment on the Town's efforts in meeting its goals and objectives described in the HUD-approved Consolidated Plan and Program Year 45 Annual Action Plan. [The CAPER is available on the CDBG Program's website.](#)

The draft CAPER will be available for review and public comment beginning on Thursday, October 15, 2020, through Wednesday November 4, 2020. Upon timely request, the Town will provide reasonable accommodation to enable individuals with disabilities or Limited English Proficiency to participate in public comment, including access to materials in alternative formats.

All comments received on the CAPER will be considered, and included in the final report sent to HUD along with the Town's responses. Comments may be emailed to [mjsullivan@town.arlington.ma.us](mailto:mjsullivan@town.arlington.ma.us) or sent in writing by 4 PM on November 4, 2020 to the Town of Arlington, Department of Planning and Community Development (DPCD), 730 Massachusetts Avenue, Arlington, MA 02476, attn: Mallory Sullivan.

*[Return to full list >>](#)*

# Resource Guide for People Homeless in Somerville and Arlington

(October 2018)

*This guide is based on Fred Berman's original "Directory of Resources for People Homeless in Cambridge". It was updated several times, the last being in October 2018 by the Somerville - Arlington Homeless Providers Group. Online copies are available on the City of Somerville and Town of Arlington's website. To report changes (or obtain paper copies), please contact:  
Heidi Burbidge of the City of Somerville at 617-625-6600 x 2587 and  
hburbidge@somervillema.gov or*

*Julie Wayman of the Town of Arlington at 781-316-3094 and  
JWayman@town.arlington.ma.us*

**Note: The information contained in this guide was, to the best of our knowledge, accurate at the time of publication. Some of the services listed tend to come and go. Please call ahead before referring clients. If you determine that there is a listing that should be added, updated or removed, please notify us. We aim to provide the best possible resource information.**




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## Overview of Services

*Residents of the Town of Arlington and City of Somerville have access to an array of services designed to prevent homelessness and to address homelessness where it already exists. All the services listed in this Resource Guide are open to Arlington or Somerville residents (unless otherwise noted) and all may be contacted directly by the person seeking services (unless otherwise noted that an agency or other referral is needed).*

**Disability Access:** In this resource guide, listings which include a  are wheelchair accessible. For general information about the accessibility of municipal services, please contact the City of Somerville's Diversity, Equity and Inclusion Services at 617-625-6600 or call 311 or the Town of Arlington's Housing and Disability Program Office at 781-316-3431.

**Shelters** provide emergency housing. Different types of shelters serve different sectors of the homeless population: families, battered women (with or without children), homeless and runaway youth, sober adults, and adults who are intoxicated or high. Each kind of shelter has its own rules regarding eligibility and access.

**Transitional Housing** offers 6-24 months of residential stability to homeless persons who have demonstrated their commitment to work towards ending their homelessness within a stable residential program with on-site case management.

**Drop-in programs** provide a safe place where homeless persons can go during the daytime, whether to simply get off the street or to access supportive services.


**Street outreach** serves homeless persons living on the street (or in parks, the subway, their cars, etc.).


**Case management** provides individualized assistance with developing and implementing a plan for ending an individual or family's homelessness.

## **Services for Non-English Speaking Persons**

### **The United Way's First Call for Help: Information and Referral - Mass 211.**

(www.mass211.org) Access via the hotline: dial 211. 877-211-6277. Open 24/7. Provides guidance to find shelter, food, child care, emotional support, help for children or teens and other essential services and resources to raise quality of life. Information and referrals available in English and Spanish. Serves Somerville and Arlington as well as the rest of MA. Email address is [mass211help@gmail.com](mailto:mass211help@gmail.com).

**Cambridge Health Alliance Multilingual Affairs & Patient Services**  (617-665-3333) 1493 Cambridge St, Cambridge MA 02139. Provides interpreter services in more than forty languages to all Cambridge Health Alliance sites. Provides professional medical interpreters and written translation services.

**City of Somerville**  (Dial 311) 93 Highland Avenue Somerville MA 02143. Clients access the services through telephone, walk in, email, social media. 24/7 service available and no referral needed. Phone translation available in Spanish, Portuguese or Haitian Creole. Other languages are available via the Language Line by 3 way call. Those calling from outside Somerville should dial 617-666-3311. Only serves Somerville constituents.

**Massachusetts Alliance of Portuguese Speakers** (617-864-7600): Portuguese [www.MAPS-inc.org](http://www.MAPS-inc.org)

## **Shelters for Homeless Families and Adults**

**Somerville Homeless Coalition (SHC)** (617-623-6111) Post Office Box 440436, Somerville MA 02144 / 1 Davis Square, Somerville. Operates a family shelter (Cross Street Family Shelter) and an adult shelter (on Chapel Street) in Somerville. Also works with homeless families and individuals on case management, homeless prevention, and supportive housing. Clients come in through walk-in with or without referral. Serves Somerville and Arlington residents only. SHC Offices open daily from 9 to 5 except for weekends. <http://www.shcinc.org>

### **Shelters for Homeless Families:**

*Families seeking shelter should contact the **Mass. Department of Transitional Assistance (DTA)** from Monday to Friday between 8 am and 5 pm. The phone number is 617- 551-1700. Address: 80 Everett Avenue, 3<sup>rd</sup> Floor, Chelsea, MA 02150. The DTA arranges placement for low income families determined to be homeless and eligible for Emergency Assistance (EA). Those found to be non-eligible can gain advocacy support in gaining DTA approval for shelter placement, or for help finding shelter at one of the few programs serving non-eligible families.*

**Cross Street Family Shelter**, (617-776-6661) Shelter address: 59 Cross St, Somerville.

Operated by SHC. Open 24/7. This is a residential facility for families in a communal-like atmosphere where families reside together and share services and resources. The family shelter can serve five families at one time and offers housing search, case management, referrals to community resources such as school enrollment, child care, parenting skills, budgeting, etc. *Referral required from DTA.* The building is not wheelchair accessible.

### **Shelters for Persons Experiencing Domestic Violence and their Children:**

**Respond, Inc.** (617-623-5900) Location disclosed only to residents. Victims of domestic violence can call for emergency shelter, support, advocacy, and education. Support is offered in the following languages: English, Spanish, French, Portuguese and Amharic. Referral from DTA needed. Other services provided include counseling, legal referral and court accompaniment, basic needs assistance, housing, group support sessions and advocacy. For shelter availability please call the crisis hotline at 617-623-5900.  
<http://www.respondinc.org/main.html> Safelink 24-hour hotline: 877-785-2020

### **Shelters for Homeless Individuals in Somerville/Arlington area:**

*All of the following shelters—except **CASPAR's Emergency Service Center** at 240 Albany St, Cambridge (see below) —require sobriety and require that guests reserve their bed, in some cases by as early as 7:30 AM. Beds fill quickly, especially in cold/bad weather. Some require referrals.*

#### **Referral Needed:**


**Heading Home Shelter** (617-547-1885) 109 School Street, Cambridge. Short term and extended stay beds for **men and women**. Provides case management, housing search, and referrals to community services to assist with mental health, medical care, employment, education,

and benefits. *Referral is needed*; then call at 10 am to reserve a bed. Lunch 12-3 Food Friday 12:30-2:00 only. Clothing Mon-Thurs 12-1 only. <http://www.headinghomeinc.org>

**First Church Shelter** (617-661-1873) 11 Garden St., Cambridge. Provides comfortable and safe place to stay. Extended stay beds for **sober men only**. *Referral required*. Offers two meals, showers and personal storage facilities. Assistance with identifying, applying for- and securing resources needed to move out of homelessness. Partnership between shelter and HomeStart. Guest or referral source should call periodically to ‘refresh’ request. <http://www.firstchurchcambridge.org/first-church-in-the-world/first-church-shelter>

No Referral Needed:

**SHC Adult Shelter** (617-623-2546) 14 Chapel St, Somerville (Davis Square stop on the Red Line). Operated by the Somerville Homeless Coalition. An emergency and extended stay **sober** shelter for **12 men and 4 women**. Call to get on waitlist (leave name and number on voicemail) and call daily to “check in” on waitlist status. Drug and alcohol testing. Mandatory housing focused case management. Required to save 50% of income during stay. [www.shcinc.org](http://www.shcinc.org)

**CASPAR Emergency Service Center / Bay Cove Human Services**  (617-661-0600) 240 Albany St, Cambridge. Provides 107 beds for **men and women** who are actively using drugs and/ or alcohol. Clients have access to medical care, 3 meals a day, personal hygiene supplies, case management, and treatment referrals in a safe and welcome environment. Service is 24/7 year round. Shelter for more than one night requires proof of history of Somerville, Arlington, Cambridge, Belmont, or Watertown residency. Bed lottery is at 3:00 PM. Arrive early as it is first-come, first-served for lottery. Beds can only be reserved in person. <http://www.casparinc.org/programs/emergency-services/emergency-services-center> and shelter

**Harvard Square Shelter** (617-547-2841) or (888-285-4038) 66 Winthrop St, Cambridge MA 02138. Open from November 15th evening to April 15th. Shelter is open from 7pm to 8 am (Saturdays open until 9 am). Short term and extended stay beds for **sober men and women**. Extended stay beds are assigned by lottery and are typically reserved for people who are working. Call between 7:30 and 8am for lottery number. Call back between 8:05 and 8:30am to see if you were assigned a bed. For short term beds call at 9:30am. [hshs.info@gmail.com](mailto:hshs.info@gmail.com) <http://www.hcs.harvard.edu/~hshs/>

**St. Patrick’s Shelter** (617-628-3015) 270 Washington St, Somerville. An emergency and extended stay shelter for **sober women only** over the age of eighteen. Operated by Catholic Charities. No referral needed, walk in by 3pm. Hours of operation: shelter 24/7,

Office 9/5 daily except for weekends. Serves all of Middlesex County. Clients need to call in the morning for bed reservation. Shelter offers bed and a food pantry on Tuesdays and Thursdays. It is not wheelchair accessible. <http://www.ccab.org/patricks.html>

**Salvation Army** (617-547-3400) 402 Massachusetts Ave, Cambridge. Short term and extended stay beds for **sober men** only. Provides case management, substance abuse services and vocational counseling. Call first thing in the morning (7am or later) to reserve a bed. Arrive before 7pm to claim a bed. No referral needed. No geographic restrictions. M-F 8:30-3:30 Sat 11:30-1:00 Sun 1:00-3:00  
<https://massachusetts.salvationarmy.org/ma/camneedhelp#DIDS>

**Y2Y Harvard** (617-864-0795) One Church Street (middle entrance), Cambridge, MA 02138  
Serving young adults 18-24 years old from October 15 – April 15. Open nightly 7pm – 8am. One-night beds and 30-day stays. No drugs or alcohol in the space, security check at door. Low-threshold program. Proof of age is required, (help for that provided). Beds are distributed daily through a lottery. To enter 1-night bed lottery, call between 9:00-9:30 p.m. Y2Y does not give away any beds at the door. To enter 30-day stay lottery, call between 8:00-8:30 a.m. every morning, or use an online form anytime at:  
<http://www.y2yharvardsquare.org/beds/>.

### **Other Nearby Shelters for Homeless Individuals**

**Pine Street Inn**, (617-892-9100) 444 Harrison Street, Boston, MA. A shelter that provides meals, medical care, dental care, eye services and case management to clients. No referral needed, no geographical restrictions. The shelter has a lobby with ramp but is not wheelchair ready. No person is denied but if the shelter is full, clients referred to other qualifying institutions. Clients need to be 18+ to qualify.

**Middlesex Human Services Agency** (781-894-6110) <https://www.mhsainc.org/ourservices>  
Regional shelters-call or visit website for information.

**Rosie's Place** (617-442-9322) 889 Harrison Ave., Boston, MA 02118. Provides meals and shelter to homeless women as well as English and literacy classes, job and housing search assistance, employment opportunities through the Women's Craft Cooperative, and multilingual advocacy services.

**Bristol Lodge Individual Shelter for Men** (781-893-0108) 27 Lexington Street, Waltham.  
Bristol Lodge is not wheelchair accessible. Beds for 45 men. No referral needed.

**Bristol Lodge Single Women's Shelter** (781-893-0108) 205 Bacon Street, Waltham. Bristol Lodge is not wheelchair accessible. Beds for 12 women. No referral needed.


## **Transitional Housing**


See also:


- "Residential Treatment Programs" listed under "Addiction Services".
- "Shelters" for those offering "extended stay" beds
- "Homeless and Runaway Youth" for transitional housing programs for youth


Note: Each program has its own eligibility guidelines and participation requirements.

**Mass. Bay Vets Center (MBVC)** (617-627-9712 x 181 and 182) 2 North Street, Somerville MA. Operated by Volunteers of America. 22 transitional beds (and 7 permanent housing units) for homeless veterans. Other services include mental health counseling, employment and health care referrals, life skills training, homeless services, recovery services to help transition back into the community.

**PASS (Prevention and Stabilization Services) Program**  (617-623-6111) 1 Davis Square, Somerville. PASS Program is part of Somerville Homeless Coalition. Provides rental subsidies and case management services for up to 1-2 years for Somerville households at risk of homelessness and meet "self-sufficiency" requirements. No referral needed; clients can walk in or call to start application process. Hours of operation: Monday through Friday from 9:00 to 5:00.

**Carey Program for Men**  (617-349-6349) 362 Green Street, Cambridge. Rooms are located at Cambridge YMCA at 820 Massachusetts Ave. Sixteen -month transitional housing program, candidates must be sober 6+ months and be working full time. Part of Cambridge Multi-Service Center. Clients need to have successfully completed a preceding program, need to hand in a completed referral form. Preference for Cambridge residents but it is not an absolute. Hours of operation: Monday 8.30 - 8 pm. Tuesday, Wednesday, Thursday 8.30 - 5 pm. Friday 8.30 - 12 pm. Types of services: Case management, housing search, debt relief, and access to licensed social worker, resident advisor, and budgeting advisor.

**Umoja Men's Transitional Program**  (617-547-3400, Jack Marani) Salvation Army, 402 Mass. Ave, Cambridge. Individual walk in program (or call in) for substance abuse help. Offer dry shelter, food pantry, drop in shelter. Hours: 24/7, business hours every day from 9 am to 5 pm. Serve Cambridge, Somerville and Arlington clients. No referral needed. Men only.

**St. James Summer Shelter**  (857-334-5277) 66 Winthrop St, Cambridge. Must complete application, interview with shelter director, be sober, demonstrate active search for



employment/housing. Mandatory case management. June-August. Application online at <http://www.hcs.harvard.edu/~stjames/prog-application.htm>. Provide resources to transition into permanent housing and employment. Provide permanent bed for duration of stay plus three meals a day. Also case management access, access to job and housing search counselor.

### **Services for Homeless and Runaway Youth**

**DCF Child-At-Risk Hotline** (1-800-792-5200) 24 hours. Shelter placements of youth under 18 years must be arranged through the Massachusetts Department of Children and Families. Call the hotline for placement. You will be directed to the city office if calling during work hours.

**Wayside/ShortStop** (617-776-3377) 116-118 North Street, Somerville. A transitional housing program for homeless youth 18-22 years old (cannot have children). Provides social, educational, and pre-vocational services. Clients can be self-referred with evidence of homelessness, but referral is preferred. Fill out intake assessment and referral form first. Preference for Somerville residents. <http://www.waysideyouth.org/shortstop-transitional-housing-co-ed>

**Sobriety and Stability Housing Program (SAS)** (617-623-6111) 1 Davis Square, Somerville. Provides housing and supportive case management services to homeless young adults ages 18-24 whom have a diagnosed substance abuse disability by licensed provider and have at least 3 months of documented sobriety. Call to complete referral form to get on waitlist. Operated by the Somerville Homeless Coalition.

**The Prescott Young Adult Program** (781-643-1668) 12 Prescott Street, Arlington. Operated by Wayside. Ages 18 - 25. Offers guidance to recover from emotional distress and behavioral volatility to children who outgrew a traditional residential program or who have never been officially discharged from psychiatric care. Flexible continuum care. Requires referral from Department of Mental Health's East Suburban site office (781-641-8100).


**STEPS Young Adult Resource Center** (781-646-2826) 12 Prescott Street, Arlington. Operated by Wayside. A resource Center for young adults (ages 18 - 25) who need a safe, supportive environment where they can get help to transition to independent living. Offers regular workshops and events to teach valuable life skills. Call or stop by. No referral needed. <http://www.waysideyouth.org/steps>

**Youth Harbors** (781- 697- 0788) Guidance Office Room #220 at Somerville High School, 81 Highland Avenue, Somerville. Assists homeless students at Somerville High School,


Full Circle, and S.C.A.L.E. and who are at least 17.5 years old and unaccompanied. Assists in stabilizing youth in their independent life through rental assistance, financial literacy, securing employment or better employment, and overall preparation for successful independent life. Referrals from school counselors or other guidance counselors in school system, other agencies, or self-referred.

### **Daytime Drop-In Programs**

*\*Hours may vary by season, so call the individual program for exact information:*

**Bridge Over Troubled Waters**  (617-423-9575) 47 West St., Boston. Provides a wide range of services to **Youth and Young Adults (age 14-25)** who are homeless or at-risk of becoming homeless. Offered to clients who have survived abuse and violence; provides help healing mentally, emotionally, physically, and spiritually. Guests receive help to become empowered to make decisions that lead to healthy lifestyles. Guests can obtain food, clothing, emergency housing, family intervention, counseling, medical and dental care, substance abuse counseling, case management, transitional day programs, long term residential programs, assistance with education (GED preparation, computer training), and help with employment. <http://www.bridgeotw.org/>. Parents of young children learn to build stronger family-child relationships and healthy development of children. Bridge deploys **street outreach workers** and a **medical van** that stops at two locations: Park Street Station (corner of Park St and Tremont St): Mon.- Fri. 5-6:30pm, and Harvard Square (in front of T-stop): Mon. - Fri. 7pm-9pm. Walk-ins at main office accepted. No referral required and no geographic restrictions. Under 18 must be arranged through MA Department of Social Services. Call the 24 hour DCF Child-at-risk hotline (800-792-5200).

**Youth on Fire** (617- 661-2508) 1555 Mass. Ave. in the basement of Harvard Epworth Church off Cambridge Common. A drop-in program serving homeless and at-risk **youth** (age 14-24) Offers a common area with books and games, computer access, showers, clothing, laundry, storage space, counseling services, case management, skill etc.. Open Mon. 11-8pm, Tues. 1-6, and Wed.-Fri. 11-6pm to 10 pm. Meals are served Mon., Wed., and Fri from 1:30-3:00. Snacks are available at all drop-in times. Services by appointment on Tues and Thurs. Hot meals served 2:30-5:30 when program is open. Not wheelchair accessible. No geographic restrictions and by appointment. [http://www.ccaa.org/youth\\_on\\_fire.html](http://www.ccaa.org/youth_on_fire.html) [www.aac.org/about](http://www.aac.org/about)

**Boston GLASS Community Center**  (617-266-3349) 93 Mass. Ave., Third Floor, Boston. A drop-in program for GLBT and questioning Youth and **Young Adults (age 13-25)**. GLASS offers a community space for socializing, a kitchen, TV and computer access, counseling, support groups, HIV testing and counseling, etc.. The building is across from

the Hynes Convention Center T stop and accessible via the #1 Bus and Green Line. Open Mon.-Thurs. 3-8pm, and Fri 3-5pm, earlier by appointment.  
<<http://www.jri.org/glass/index.php>>

**The Salvation Army** ♿ (617-547-3400 and 617-945-9741) 402 Mass Ave., Cambridge. Operates a drop-in weekdays 8:30-3:45pm, Saturdays 11:30-1pm, and Sundays 1:30-3pm. Daily lunch and a spread of other food, showers, laundry facilities, and clothing. Staff social workers are available to help with referrals. Tues. & Thurs. NA meetings (11am). Note: The Salvation Army's drop-in is ♿ accessible, but their women's bathrooms are not. No geographical restrictions, no referrals needed.


**Ruby Rogers** ♿ (617-625-9933) 64 Union Sq., Somerville. Open Everyday of the week 11am-5pm. The Drop-in center is member-governed and provides help and services to low income clients with various physical and/ or mental disabilities. Self-help, socializing and advocacy available and also healthy meal programs, computer classes, job readiness, housing searches, karaoke, arts and crafts and support groups. Referrals depend on type of case. No geographical restrictions. [www.rubyrogers.org](http://www.rubyrogers.org)

**Cambridge/Somerville Recovery Learning Center** (617-863-5388) 35 Medford Street, Suite 201, Somerville 02143. Part of Vinfen but run entirely by and for persons with psychiatric conditions to promote and support educational and vocational goals.

**On The Rise's Safe Haven** ♿ (617-497-7968) 341 Broadway, Cambridge. Works with **women** who are homeless and need a level of support that other programs may not be able to provide. The Safe Haven is a place where women can meet basic nutritional, hygiene and safety needs while receiving flexible support to begin addressing issues related to trauma, addiction, mental & physical health, domestic & sexual violence, disabilities, immigration, legal problems and poverty. OTR is not a general drop-in program and women must meet with an advocate for an informal intake to determine whether OTR is the right fit. Open Mon.-Tues. 8-2pm, Wed. 8-4pm, Thurs. 8-2pm, Fri. 8-4, and Sat 8-2 (*excluding the first Saturday of the month*). No geographic restrictions.  
<http://www.ontherise.org/what-we-offer/>

**The Women's Center** ♿ (617-354-6394) Helpline: (617-354-8807) 46 Pleasant Street, Cambridge (near Central Square). A place where **women** can obtain information, referrals, and emotional support from staff and volunteers. This organization also provides sewing classes, support, relaxation, computer literacy, poetry and more services based on needs and volunteers and interns available. Clients have access to brochures, monthly printed info about programs, services, events, jobs, health issues, etc. They obtain low cost therapy from interns if available and/or participate in issue-specific or

general support groups. Open Mon.-Fri. 10 am-8pm, and Sat. 10am-3pm. No geographic restrictions, no referrals needed. [www.cambridgewomenscenter.org/](http://www.cambridgewomenscenter.org/)


**AIDS Action Committee**  (617- 661-3040) 359 Green Street, Cambridge (located just off Mass. Ave. near Central Sq). AAC runs a drop-in program for **HIV-positive clients persons**, with peer-led support groups; free clothing and hygiene supplies; coffee and refreshments; movies and games; internet and telephone access. Clients come in via self-referral or medical (clinical) referral. Open weekdays 9am-5pm. This program also has steady clients. Steady clients also receive medical guidance, case management, housing search and needs based guidance. To qualify for this, they need to bring in copies of the medical diagnosis, proof of income <http://www.aac.org/about/our-work.peer-support.html>

### **Street Outreach**

**CASPAR's First Step Street Outreach Team** (617-592-6895). First Step staff engages homeless people where they are and builds trusting relationships. The goal is to promote human dignity and connect people with the services they need and save a life today so that recovery is possible tomorrow. Through a combination of foot teams and mobile teams in vans, staff travel to known Cambridge and Somerville (and other local communities') homeless hangouts — business districts, subway stations, parks, meal programs, drop-in centers, and building doorways — seeking homeless men and women who may need help. The staff, among other things, offer unsheltered individuals referrals to emergency medical and psychiatric care, meal programs, shelters, substance abuse treatment, and daytime drop-in and social service centers. Operates on weekdays from 8am to midnight. Serves Cambridge and Somerville. No referrals needed.  
<<http://www.casparinc.org/>>

**Streetlight Ministries Outreach** (857-891-7799) Operates Wednesday nights 8:00-9:30 in Harvard Sq., Cambridge and Porter Sq., Cambridge provides warm food, beverages, clothing and counsel. Worship service also available.


**The Outdoor Church** (978-456-0047) Sundays: Porter Square T stop (9am), Cambridge Common near Christ Church (1pm), offers Sunday services, food/drink, clothing, referrals every week.

**Bridge Over Troubled Waters**  (617-423-9575) Bridge deploys street outreach workers and a medical van that stops at two locations: Park Street Station (corner of Park St and Tremont St): Mon.- Fri. 5-6:30pm, and Harvard Square (in front of T-stop): Mon. - Fri. 7pm-8:30pm. Provides drinks, essential items, and usually has a nurse.


For **Arlington** emergency services, contact the Arlington Police Department, Captain Jim Curran (781-316-3925) or the mental health clinician Rebecca Tsopelas [RTsopelas@town.arlington.ma.us](mailto:RTsopelas@town.arlington.ma.us) office (781-316-3947).


## **Food Services**

### **Community Meals:**


**The Friday Night Supper Program**  (617-536-7050 ext 22) 351 Boylston St., Boston.


Website: <<http://www.ascboston.org/programs/cmtes-grps/fnsp.html>>. This program serves around 150 meals every Friday to Boston's most vulnerable citizens, those who face a constant struggle for basic nourishment, understanding and friendship. The program provides fresh food with nutritional value and food for body and soul as well through dignity and respect. Doors are open to anyone who faces coping with problems like AIDS, mental illness, substance abuse, people who are elderly and/ or disabled, homeless, jobless, minimally employed, living below poverty level. E-mail: [info@fridaynightsupper.org](mailto:info@fridaynightsupper.org) Public Transit: Arlington (Green Line) Serves dinner Friday 5-7:30pm.

**Harvard Square Churches Meal Program**  (617-876-0200) Zero Garden St., Cambridge MA 02138. Website: <[www.cccambridge.org](http://www.cccambridge.org)> This is a service from ten churches in Harvard Square. Serves a nutritious dinner to anyone who needs a meal every Thursday at 6pm. The organization encourages interaction between volunteers and guests. No geographic restrictions, no referrals needed. Public Transit: Harvard Sq. (Red Line). Free of cost.

**Church of the Advent Tuesday Meal Program**  (617-523-2377) 30 Brimmer St., Boston 02108. Website: [www.theadventboston.org](http://www.theadventboston.org). Serves a nourishing meal each Tuesday and companionship in a friendly and safe environment. No referrals needed, no geographic restrictions. Public Transit: Charles/MGH St. (Red Line) Serves dinner Tuesday at 5:30pm.

**Faith Kitchen, Faith Lutheran Church** (617-354-0414) 311 Broadway, Cambridge. Website: <http://faithkitchen.org>. Public Transit: Central Sq. (Red Line) Serves dinner the second and last Tuesdays of each month at 6:30pm. Free of cost.

**First Parish Unitarian Church**  (617-876-7772) 3 Church St., Cambridge. Public Transit: Harvard Sq. (Red Line) Serves dinner Tuesday at 5:30pm.

**Good Food, Good Friends**  (617-491-7986) St. James Church, 1991 Massachusetts Ave., Cambridge. Website: <http://www.stjamescambridge.org/womens-meal> Public Transit: Porter Sq. (Red Line). Women only. Serves dinner Thursday at 4:30pm. Free of cost.

**Loaves and Fishes Meals Program** (617-497-7277) First Korean Church, 35 Magazine St., Cambridge. Public Transit: Central Sq. (Red Line). Serves dinner Saturday at 5:30pm.

**Mass Ave. Baptist Church** 🚻 (617-868-4853) 146 Hampshire St., Cambridge. Public Transit: From Davis Sq., take bus 83 Central Sq. via Porter Sq. Serves dinner Monday at 6pm, and Friday at 6pm.

**North Cambridge Senior Center** 🚻 (617-349-6320) 2050 Mass Ave., Cambridge. Public Transit: From Davis Sq., take bus 83 Central Sq. via Porter Sq. Seniors only, must bring photo ID Serves lunch Mon-Fri 11:30-12:30pm.

**Project SOUP** 🚻 (617-776-7687) First Congregational Church of Somerville, 89 College Ave, Somerville. Website: [www.shcinc.org](http://www.shcinc.org). E-mail: [projectsoup@shcinc.org](mailto:projectsoup@shcinc.org). Public Transit: Davis Sq. Serves dinner Mondays at 5pm-6pm (except holidays).

**Rosie's Place** 🚻 (617-442-9322) 889 Harrison Ave., Boston. Public Transit: From Park St., take Silver Line SL5 toward Dudley Station. Women only. Serves two meals daily- breakfast 8:30-11am, and dinner 4-7pm.

**Salvation Army** 🚻 (617-547-3400) 402 Mass. Ave., Cambridge. Public Transit: Central Sq. (Red Line) Serves dinner Wednesday at 5pm; lunch weekdays at noon, Sat at 11:30, Sun at 1:30.

**St. Francis House** 🚻 (617-542-4211) 39 Boylston St., Boston. Website: [www.stfrancishouse.org](http://www.stfrancishouse.org) E-mail: [elund@stfrancishouse.org](mailto:elund@stfrancishouse.org). Public Transit: Park St. (Red Line) Serves two meals daily- breakfast 7:30-9am, and lunch 11:30-1pm.

**St. Peter's Episcopal Church** 🚻 (617-547-7788) 15 Sellers Street, Cambridge. Public Transit: Central Sq. (Red Line) Serves dinner every second and fourth Saturday of the month from September through June. Guests are invited to help prepare food from 3-5pm.

**Somerville Community Baptist Church- Hearty Meals for All** 🚻 (617-800-4157) 31 College Ave., Somerville. Website: <http://www.heartymealsforall.org/>. Public Transit: Davis Sq. Serves dinner the second Friday of each month at 6:30pm.

**Somerville Council on Aging** 🚻 *seniors only, must bring photo ID*

- **Holland Street Center:** (617-625-6600 x2300) 167 Holland Street, Somerville. Lunch: Mon-Fri at 11:30 am.
- **Cross Street Center:** (617-625-6600 x2335) 165 Broadway, Somerville. Lunch: Tues, Thurs, Fri at 11:30 am.


- **Ralph & Jenny Center:** (617-666-5223) 9 New Washington Street, Somerville. Lunch: Mon-Thurs at 11:30 am.


**Union Baptist Church** (617-864-6885) 874 Main St., Cambridge. Public Transit: Central Sq. Serves dinner Thursday at 5pm.

**Women's Lunch Place** (617-267-1722) 67 Newbury St., Boston. Website: [womenslunchplace.org](http://womenslunchplace.org) E-mail: [info@womenslunchplace.org](mailto:info@womenslunchplace.org). Public Transit: Arlington (Green Line) Women only. Serves two meals daily- breakfast 8-11am, and lunch 12-2pm.

### **Food Pantries**


*Often, it is a good idea to call ahead to confirm hours of operation and access requirements (such as a photo ID)*


**Project SOUP**  (617-776-7687) 15 Franklin St., East Somerville. Website: <http://www.shcinc.org>. Hours: Mon. 10-2pm; Tues. 9-3pm; Wed. 11-4pm; Thurs. 12-4pm; Fri. 9-3pm; Sat. 9-noon. Public Transit: From Davis Sq., take bus 89 (Sullivan Station via Broadway).

**Helping Hand Food Pantry**  (617-547-4070) St. James Church, 1991 Mass Ave., Cambridge Website: <http://www.stjames-cambridge.org/helping-hand-food-pantry> Hours: Tues 6 - 8pm; Thurs 11-1pm; Sat 10-noon. Public Transit: Porter Sq. Arlington families may use once per month. 617-876-4381 for location.

**Margaret Fuller House Food Pantry** (617-574-4680 x 227) 71 Cherry St., Cambridge. Website: [www.margaretfullerhouse.org](http://www.margaretfullerhouse.org). Hours: Wed 5-7:30pm; Thurs 2-5 pm; Fri and Sat 9-noon. Public Transit: Central Sq.

**Catholic Charities Food Pantry** (617-625-1920) 270 Washington Ave., Somerville Website: [http://www.ccab.org/cc\\_somerville.html](http://www.ccab.org/cc_somerville.html). Hours: Mon-Thurs 10-4pm; Fri 10-1pm. Public Transit: From Davis Sq. take Bus 87: Lechmere St. via Davis Sq.


**Elizabeth Peabody Food Pantry**  (617-623-5510) 277 Broadway, Somerville Website: [http://www.elizabethpeabodyhouse.org/food\\_pantry.html](http://www.elizabethpeabodyhouse.org/food_pantry.html). Hours: Wed-Thurs 5:30-7:30pm. Public Transit: Bus 89 (Sullivan St. via Broadway).

**East End House**  (617-876-4444) 105 Spring St., Cambridge. Website: <http://www.eastendhouse.org/programs.html>. Hours: Tues 9-2pm; Fri 9-noon. Public Transit: Bus 88: Lechmere St. via Highland. Bring referral from doctor/clergy/social worker/etc. on first visit.


**Somerville Homeless Coalition** (617-623-6111) 1 Davis Sq., Basement Somerville (entrance on Dover St.; same building as CVS and Boston Sports Club). Website: [www.shcinc.org](http://www.shcinc.org)  
Hours: Mon-Fri 9-5pm. Emergency pantry only.

**St. Francis of Assisi** (Friends of Francis)  (781-396-3400) 441 Fellsway West, Medford.  
Website: <http://www.stfrancismedford.com/parish.asp> Hours: Thurs 3-4:30pm. Public Transit: From Davis Sq., take bus 96: Medford Square via Davis Square. Bring ID and household bill on first visit.


**Unitarian Universalist Church** (781-396-4549) 147 High St., Medford. Website:  
<http://www.uumedford.org/pantry.html>. E-mail: [webinfo@uumedford.org](mailto:webinfo@uumedford.org). Hours: Thurs 6-7:30pm. Public Transit: From Davis Sq., take bus 96: Medford Square via Davis Square.


**Zinberg Clinic Pantry**  (617-665-1606) 1493 Cambridge Street, Cambridge Website:  
<http://www.cha.harvard.edu/locations/zinberg.shtml> Hours: Mon-Fri 8:30-5pm. Public Transit: From Davis Sq., take bus 83: Central Sq. via Porter Sq. The Zinberg Clinic is an HIV clinic operated by Cambridge Health Alliance. Although their food pantry is used mainly by patients, it is open to anyone.

**Pentecostal Tabernacle** (617-661-0222) 77 Columbia St., Cambridge. Website:  
<http://www.ptspice.org/directions>. Hours: Sat 8:30-1:30pm. Public transit: Central Sq.

**St. Peter's Episcopal Church**  (617-547-7788) 838 Mass. Ave., Cambridge Website:  
<http://www.saintpeterscambridge.org/mission/commonCare>. Hours: Sept.-June, 5-6pm on the second and fourth Sat of each month. Public Transit: Central Sq.

**Cambridgeport Baptist Church - The Harvest** (617-576-6779) 459 Putnam Ave., Cambridge  
Website: <http://www.cambridgeportbaptist.org>. Hours: 9:30-11:30pm on the first and third Sat of each month (come early!). Public Transit: Central Sq.

**Mass. Ave Baptist Church - Project Manna**  (617-868-4853) 146 Hampshire St., Cambridge  
Website: <http://www.massavebaptistchurch.com>. Hours: 8am on the fourth Saturday of each month (come early!). Public Transit: Central Sq.

**Arlington Food Pantry**  (781-316-3400) 117 Broadway, Arlington. Hours: 9:00 am – 10:30 am and 5:30pm-7:00pm every Wednesday and last Saturday of the month from 9:30am-11:00am. Must be Arlington resident (proof required) and limited to one time each Wednesday (am OR pm) and the last Saturday of the month. Public Transit: Route 87 bus (Mass Avenue)



### **Call Ahead Sites:**

**Salvation Army** (617-547-3400) 402 Mass Ave., Cambridge. Hours: Call ahead. Public Transit: Central Sq. Food assistance available every day until 3:00 by appointment.

**St. Anne's Parish** (617-625-1904) 50 Thurston St., Somerville. Website: <http://www.stannsomerville.org/> Hours: Call ahead. Public transit: From Davis Sq., take bus 89: Sullivan St. via Broadway.

**\$2-a-Bag Program** (617-288-6185) Website: <http://www.fairfoods.org/dollarbag>. Run by Fair Foods Inc. For a donation of two dollars, families can get about 15 pounds worth of groceries at any Fair Foods site. **Locations:**

- **St. Paul RC Church**  
Address: 29 Mt. Auburn St., Cambridge  
Hours: Sat 10-11am
  
- **Cobble Hill Apartments**  
Address: 84 Washington St., Somerville (back parking lot)  
Hours: Every other Wed, 11:30-1pm
  
- **Mt. Pleasant Apartments**  
Address: 7 Perkins St., Somerville (off Broadway)  
Hours: Every other Wed, 2-3pm

**Center for the Arts at the Armory** (617-628-2601 x3172) Website: [www.artsatthearmory.org](http://www.artsatthearmory.org). 191 Highland Avenue, Suite 1-A, Somerville. Hours: Once monthly: Tuesday, 10:30am-12pm. Brown bag distribution, focused on Seniors (over 60) and persons with disabilities. Must pre-register.

**Clarendon Hill Towers** (617-625-7150) 1372 Broadway, Administration Building, Somerville. Once monthly, Saturday, 9-10am. Mobile style distribution of assorted foods. Must pre-register and bring reusable grocery bags, baskets or a cart to carry food.

## **SNAP - Supplemental Nutritional Assistance Program (formerly known as Food Stamps)**

**Applications:** (617-551-1700) Fill out an application online here: <http://www.mass.gov/snap> or at [www.gettingsnap.org](http://www.gettingsnap.org) or go to the Department of Transitional Assistance located at 80 Everett Avenue, 3<sup>rd</sup> Floor, Chelsea, MA or ask one of the following agencies to assist.

### **For assistance in completing the application:**

**Project Bread's** Food Source Hotline (1-800-645-8333) Monday through Friday, 8am - 7pm, or Saturday, 10am-2pm, or visit their website at <http://www.gettingfoodstamps.org/index2.htm>.

## **WIC- Women, Infants and Children Nutrition Program**

The WIC program provides nutrition education, breastfeeding promotion and support, referrals to community health care services, and nutritious foods tailored to supplement the dietary needs of our participants. Services are provided to pregnant, lactating, and postpartum women, and to infants and children up to age five. To apply, make an appointment at the local WIC office:

- **Windsor St Health Center:**  
119 Windsor St.  
Cambridge, MA 02139  
(617-665-3600)
- **Cambridge/Somerville WIC Program-North Cambridge**  
266 Rindge Ave  
Cambridge, MA 02140  
(617-575-5370)
- **Arlington location:**  
7 Central Street  
Arlington, MA 02474  
(781- 646-2032)

## **Services for Veterans**

### **The City of Somerville's Veterans' Services Department** (617-625-6600 ext 4700)

Somerville City Hall Annex, 50 Evergreen Avenue, Somerville. Mon-Fri 8:30-4:30pm.  
Can help eligible wartime veterans and their dependents access state and federal benefits. (Eligible periods of military service may include WWII, Korea, Vietnam, and the Persian Gulf conflict which is considered by Congress to include any time from 1990 to the

present.) Eligibility guidelines vary benefit to benefit. DVS staff can assist veterans and/or their dependents in accessing:


- Emergency cash assistance for food, clothing, shelter, utilities, personal needs, insurance, telephone, and transportation
- Service-related and non-service-related disability pensions
- A small monthly stipend (\$155/month) available to persons with a work history who are in job training or in a rehabilitation program for substance abuse or mental illness
- Inpatient and outpatient health care
- Education benefits
- Job training and vocational rehabilitation – Disabled veterans (homeless or not) may be eligible for the Vet Tech program (see below for more information)
- Survivor and/or burial benefits

**The Town Of Arlington’s Veterans’ Services Department** (781-316-3166) Town Hall Annex, 730 Mass. Avenue, 3<sup>rd</sup> Floor, Arlington. Services similar to those listed above.

**Volunteers of America** (617-627-9712 ext. 181 and 182), 2 North Street, Somerville. Multiple programs including assisting Somerville and Arlington veterans at risk of losing their current housing or in need of a permanent residence (including housing search and funds for rental arrears) and assisting homeless Somerville and Arlington veterans with job placement and referrals for job training.


**Veterans, Inc.** (800-482-2565, option # 2) 89 South Street, Boston. Operates the Supportive Services for Veterans Program for low income veterans at risk of losing housing or homeless. Services include intense short-term case management, temporary financial assistance, and referral assistance.

**Shelter Legal Services (now known as Veterans Legal Services)** (617-552-0623). Provides free (civil) legal assistance to veterans in cooperation with area homeless shelters and service centers (including Chelsea Soldier’s Home, New England Center for Homeless Veterans, and Cambridge Multi-Service Center).

**The New England Shelter For Homeless Veterans**  (617-371-1800) 17 Court St., Boston. offers a range of services for homeless veterans, including emergency and extended stay shelter, meals, case management, assistance accessing public benefits (e.g., SSI) and Veterans Benefits (see list), legal assistance, eyeglasses, dental care, transitional and permanent housing, and employment. Shelter staff also facilitate access to substance abuse treatment and lead groups for veterans with PTSD (post-traumatic stress disorder).

**Vet Tech Program** (617-371-1785) which offers free job training and placement support in culinary arts, commercial driving, computer office applications, computer support, security guard (6 weeks including a paid internship).

**Veteran's Services at Pine Street Inn** (617-541-8651) 2304 Washington Street in Roxbury's Dudley Square. Receive counseling from Veterans' Services by calling or dropping by office, Monday through Friday, 9 am – 5 pm. Drop-ins are also welcome at a handicap-accessible location, 434 Harrison Avenue in the South End, Tuesdays and Wednesdays, 9 am – 2 pm.

**U.S. Veterans Administration medical facilities** (all ) provide honorably discharged veterans with free health and mental health care and dental care associated with a service-related dental problem. To find the VA Medical Center serving your area, call the VA (toll-free) at 1-877-222-8387, or go to <http://www.va.gov/>

The sites closest to Arlington and Somerville are:

- **V.A. Outpatient Clinic** (617-248-1000) 251 Causeway St., Boston  
[www.boston.va.gov](http://www.boston.va.gov)
- **Boston Vet Center** (617-424-0665) 665 Beacon St. Suite 100, Boston
- **V.A. Medical Center** (617-232-9500) 150 South Huntington St., Boston  
[www.boston.va.gov](http://www.boston.va.gov)
- **V.A. Hospital** (781-275-7500) 200 Spring Rd., Bedford [www.bedford.va.gov](http://www.bedford.va.gov)
- **Homeless Veterans Dental Program** (617-631-6197) Contact Ann Nguyen  
Ann.nguyen8@va.gov

### **Emergency Money for Homelessness Prevention**

*The following agencies provide funds for up-front costs (e.g. security deposit, last month's rent, moving costs) and/or for rental or occasionally utility arrears to prevent homelessness. Each fund has different income and other eligibility requirements that change over time. Unless otherwise noted, the agencies serve both Arlington and Somerville residents.*

**Somerville Homeless Coalition** (617-623-6111) 1 Davis Square, Somerville. Administers homeless prevention and re-housing funds predominantly for *Somerville* residents (with limited funds for *Arlington* residents). Can potentially assist with rental arrears, utility arrears, lease-up costs (first month's rent, last month's rent, security deposit, moving costs) and (if homeless) limited re-housing financial assistance. Income limits range from

30% to 60% of Area Median Income. Call to request application.  
www.shcinc.org. Mon-Fri 9am-5pm

**Housing Corporation of Arlington** (781-859-5294) 252 Massachusetts Ave, Arlington. Administers Homelessness Prevention Fund (private donations) for Arlington residents (or those moving to Arlington). Can assist with rental arrears and lease-up costs for those with income at/below 80% of Area Median Income.

**Catholic Charities** (617-625-1920) 270 Washington St., Somerville. Administers funds for rental and utility arrears.

**Metro Housing Boston (formerly Metropolitan Boston Housing Partnership)** (617-425-6700) 1411 Tremont St. Boston 02120 Administers the Residential Assistance for Families in Transition (RAFT) funds of up to \$4000 for low income families with at least one child under age 21 years and who are either homeless (and moving into housing) or at risk of homeless (and have court summary process complaint). Limited funds for those w/o child. Generally must have income below 50% Area Median Income.  
<https://www.metrohousingboston.org/>

**Family to Family** (617-624-3837) 727 Atlantic St. Boston. A non-profit organization that provides grants to help families with at least one child age 18 or under (at risk of homelessness) secure or remain in housing. Must access through a partner agency (like Somerville Homeless Coalition) [www.ftfp.org](http://www.ftfp.org)

**Lend a Hand Society** (617-338-5301) 89 South St., Suite 203, Boston. Provides emergency grants to individuals or families through established social service agencies. Grants are made on a one-time basis per individual or family.

**Widow's Trust Fund** (781-316-3170) Christine Bongiorno, Director of Health and Human Services, Town of Arlington. For income eligible Arlington residents who are widows. Primarily used for health needs (e.g. wheelchairs, hearing aids, dentures), basic life necessities, and one time or short term needs.

**The United Way's First Call for Help** (1-800-231-4377) (Mass 211) Directs homeless people to sources of small cash grants or loans to cover emergency needs.

**Assistance with Utility Bills:**

**State Fuel Assistance** (also known as **Low Income Home Energy Assistance Program** or **LIHEAP**). A government program that helps low income families and individuals pay their heating bills during the winter (Nov 1 – April 30). Renters may receive fuel assistance even if their heat is included in the rent.

- **Arlington residents:**  
Community Teamwork Program  
45 Kirk Street, 2<sup>nd</sup> Floor  
Lowell, MA 01852  
978-459-6161
- **Somerville residents:**  
51 Inman Street, Basement  
Cambridge, MA 02139  
617- 349-6252

### **Housing Search Services**

**Passages Case Management** (617-623-6111) Somerville Homeless Coalition, 1 Davis Square, Somerville. Provides housing focused case management services for Somerville and Arlington residents whom are homeless or at imminent risk of homelessness. Mon-Fri 9am-5pm

**MBHP Housing Consumer Education Center** (617-425-6700) offers services to educate and assist tenants, with a drop-in computer and resource center, workshops and one-on-one meetings with staff members, and referrals to numerous other organizations. All programs are free and open to the public. Find out more at: <http://www.mbhp.org/>  
Hours: M-F 8:45 - 5:00

For those with **tenant-based Section 8 housing choice vouchers**, here are some websites which list available apartments advertised by landlords accepting Section 8 vouchers:

- Cambridge-Housing.org
- SHA-web.org
- MBHP.org

### **Used Furniture and/or Household Goods**

*(need agency referral unless otherwise noted)*

**Mass. Coalition for the Homeless' Furniture Bank** (781-595-7570 x11) 15 Bubier Street, Lynn. Free furniture for people moving out of homelessness. Customers must take selected furniture with them (trucking help is available from Solutions at Work).

**Mission of Deeds** (781-944-9797) 6 Chapin Avenue, Reading.

**Household Goods Recycling of Mass.** (978-635-1710) 530 Main Street, Acton.

**American Friends Service Committee's Material Assistance Program** (617-876-5312) 6 Longfellow Park, Cambridge 02138. Small household goods (kitchen appliances, linens, clothing). No furniture.

**Project Just Because** (508-435-6511) 86 South Street, Hopkinton. Furniture, appliances, clothing for all ages. Pickups are done by appointment. No referral necessary.

**My Brother's Keeper** (508-238-7512) Only provides holiday assistance (presents, etc.) for Somerville. No furniture. Clients can call 508-238-2562 for holiday assistance from September – December.

**Hospital Equipment Loan Program H.E.L.P** (781-322-1052) 500 West Cummings Park, Suite 1150, Washington St, Woburn. Open Saturday mornings 9:00 - noon for free used medical equipment. No referral necessary – can drop in.

### **Permanent Affordable Housing**

*To apply, please contact each provider at the address or phone number listed below and request an application. There are generally long waiting lists and some lists may be closed for new applicants.*

**Somerville Housing Authority** (617-625-1152) 30 Memorial Road, Somerville. Provides public housing apartments for low income elderly, disabled, single persons, and families and provides rental subsidies (primarily Section 8) for same. There is a long waiting list for all its housing programs. To apply, visit the Somerville Housing Authority office or download applications on line at [www.sha-web.org](http://www.sha-web.org). Hours: Monday – Wednesday 8:00 AM - 4:00 PM, Thursday 8:00 AM - 7:00 PM, Friday 8:00 AM – 12:00 noon.

**Somerville Homeless Coalition** (617-623-6111) One Davis Square, Somerville. Operates permanent supportive housing programs for formerly homeless individuals and families. Priority given to chronically homeless individuals and families. Must have

diagnosed disability (mental health, physical health, substance abuse, etc.) by licensed provider. Please call to request application. [www.shcinc.org](http://www.shcinc.org). Monday-Friday, 9am-5pm.

**Heading Home** (617-864-8140) The Schrafft Center, 529 Main Street, Suite 100, Charlestown, MA 02129. Operates Better Homes III which provides rental subsidy and case management for chronically homeless disabled individuals. Also operates Stepping Stones which provides rental subsidy and case management to medically compromised chronically homeless individuals.

**WinnResidential** (617-591-0577) manages rental housing owned by Somerville Community Corporation at various locations throughout Somerville. Mostly 1-3 bedrooms and a rooming house. Some designated for formerly homeless

**Volunteers of America:** (617- 627-9712, extension 181 and 182) 2 North Street, Somerville. 7 permanent housing units for veterans (4 one bedroom and 3 studio units).

**Clarendon Hill Towers** (617-625-7150), 1372 Broadway, Somerville. 501 apartments (1-3 bedrooms) many of which have a Section 8 tied to the apartment. Residents pay 30% of income for rent (including all utilities)

**Cobble Hill Apartments** (617-625-8920), 84 Washington Street, Somerville. 224 apartments (1-2 bedroom) mostly for elderly/disabled and some for families. Tenants pay 30% of income for rent.

**Kent Street Apartments** (617-628-0499), 32-38 Kent Street, Somerville. 40 Apartments (studio – 3 bedrooms). Below market rents but not subsidized.

**B.F. Faulkner Tower** (617-628-2119), 25 Highland Avenue, Somerville.130 apartments (1 and 2 bedrooms) for elderly and disabled. Tenants pay 30% of income for rent.

**Mt. Pleasant Apts** (617-623-5810), 70 Perkins Street, Somerville. 65 apartments (1 and 2 bedrooms) for elderly and disabled. Tenants pay 30% of income for rent.

**Pearl Street Apts** (617-625-8780), 240 Pearl Street, Somerville. 85 one bedroom apartments for elderly and disabled. Tenants pay 30% of income for rent.

**Arlington Housing Authority** (781-646-3400) 4 Winslow Street, Arlington. Provides public housing for low income elderly, disabled, and families and provides rental assistance (primarily Section 8) for same. Tenants generally pay 30% of income for rent. There is a long waiting list for all housing programs. To apply, visit the Arlington Housing Authority office. M - F 9:00 – 4:30.



**Housing Corporation of Arlington** (781-859-5294) 252 Massachusetts Ave, Arlington. Owns and operates about 90 apartments (ranging from studios to 4 bedrooms) at below market rents or for those with their own rental subsidy.

**Caritas Communities** (781-843-1242) owns and operates two rooming houses (12 Russell Terrace and 22 Fessenden Road, Arlington) some of which are affordable to low income tenants.


**Millbrook Square Apartments** (781-641-1410), 17 Mill Street, Arlington. Affordable housing for low income elderly (at least 62) and disabled, where tenants pay 30% of their income for rent.


**Mission: Housed** (617-624-5354) Project manager: Alice Colegrove. Provides rental subsidies and clinical case management and peer support services for chronically homeless individuals with co-occurring substance abuse and mental health disorders. Three year program (October 2013 – September 2016). For Somerville (and Cambridge and Boston) residents only.


*Other: Both Arlington and Somerville have **zoning ordinances** which require a certain number of new rental units to be affordable to lower income tenants (or those with a rental subsidy like Section 8). Generally, publicly advertised lotteries are used to establish the initial waiting list. To apply for the turnover units in Somerville, contact Ithzel Polanco-Cabadas (at 617-625-6600 extension 2586) <https://www.somervillema.gov/departments/programs/inclusionary-housing-program/#tab/2> to be placed on the list serve to receive notice of the lotteries for the vacant units upon turnover. For turnover units in Arlington, apply at the management office of the individual sites and contact Jenny Raitt at 781-316-3091 for those sites.*


### **Free and Low Cost Access to Computers**


*The following places offer people who are homeless options for using computers or enhancing their existing computer skills. This resource is very helpful for individuals searching for housing and jobs.*


**Solutions at Work**  (617-492-0300) Contact Adam Frost 617-325-9526 [adamfrost@computerCareandLearning.com](mailto:adamfrost@computerCareandLearning.com) Offers homeless persons free access to online computers (individualized instruction and support available by appointment) Wednesdays 3:30pm-7:30pm in the basement of Old Cambridge Baptist Church at 1151 Mass. Ave near Harvard Square.

**Somerville Public Library**  (617-623-5000) Central Library at 79 Highland Ave., Somerville. All of the branches have computers that library cardholders can use at no charge to access the Internet or to word process resumes, letters, and other documents. There is a fee of 15 cents per page to print. Mon-Thurs 9am – 9pm; Fri 9am – 6pm; Sat 9am – 5pm and Sun. 1 – 5pm (closed Sunday for the summer).

**Cambridge Public Library**  All of the branch libraries have computers which library card holders can use at no charge to access the Internet or to word process resumes, letters, and other documents. **The Central Square Library** (As of 10/21/13 closed for the construction/installation of a new elevator) (617-349-4010) 45 Pearl St., Cambridge, has a computer lab with open access hours Mon-Fri: 10am-5:45pm; Sat: 10am-1:45pm (closed Sunday during the summer).


**Arlington Public Library**  **Robbins Public Library** (781-316-3200) 700 Mass. Ave, Arlington. Free computers for library cardholders but use is limited 30 min due to high demand. Mon-Wed 9am – 9pm; Thurs 1pm – 9pm; 9am – 5pm; Sat (Sept-June) 9am – 5pm; Sun (Oct – May) 2 pm – 5pm. **Edith M. Fox Branch Library** (781-316-3198) 175 Mass Ave., Arlington. The Fox Branch has 4 Internet workstations available for public use by sign-up. Wireless access is available on the first floor. Tues, Wed, Fri 9am – 5pm; Wed 12pm – 8pm.


**CCTV**  (617-661-6900) 438 Mass. Ave. (Central Square) Cambridge. Maintains a computer lab with free access to the public on Sunday 4-5:30pm and Tuesday 3-5:45pm. Other days, the cost for access to computers is \$5. For those over 50 years old, there are computer classes on Mondays from 1-3pm. On Wednesdays instructions are provided in Spanish for Spanish speakers.

**The Women’s Center**  (617-354-6394) 46 Pleasant St., Cambridge. Offers support and a range of services for women. The center has computers that are available on a first come/first serve basis. Sign-in for computer usage is on the first floor and covers a one-hour block of time. If no one is waiting to use a computer, that time may be extended until another woman arrives. Lab hours are M-F 10am-7:45pm, Saturdays 10am – 2:45pm.

## Education


*These resources do not exclusively serve persons who are homeless.*

**Mass. Rehabilitation Commission (MRC)**  (617-776-2662) 5 Middlesex Avenue, 3rd Floor, Somerville. Education and job training for persons with documented disabilities – assistance in acquiring services is advisable. Clients must reside in Massachusetts and be eligible to work in the United States. At present (2013), MRC has a 3 month waiting list for services. Case Managers with clients that have a documentable disability should consider contacting Health Care for the Homeless (617-591-6765) 230 Highland Ave. Somerville, MA 02143.


**SCALE**  (Somerville Center for Adult Learning Experiences) (617-625-6600 x 6900) 167 Holland St., Somerville. Provides classes and support services to adult students (16 years and older), who need basic reading, writing and math skills, English instruction for non-native speakers, or a high-school credential. SCALE supports a state-of-the art computer lab, literacy classes, and a GED Test Center. Most classes are free; fees are charged for GED (Graduate Equivalency Diploma) testing and the ADP (Adult Diploma Program). For more information visit our website [www.somerville.k12.ma.us/scale](http://www.somerville.k12.ma.us/scale), call 617 629-5500, or stop by.

## **Employment**

*Starred (\*\*) resources do not exclusively serve persons who are homeless*

**The Moving Ahead Program (MAP)**  (617-654-1257), St. Francis House, 39 Boylston St., Boston. A 14-week program (Mon-Fri 9AM-3PM) focusing on recovery and renewal for persons whose lives have been disrupted by substance abuse, incarceration, mental illness and homelessness. Participants are assisted with life skills, work readiness, "workplace literacy," and job search activities. Applications for both programs are available by phone 617-542-4211 or in-person.


**Spare Change** (617-497-1064) 1151 Mass Ave., Cambridge. This is an independent newspaper written and distributed by homeless and formerly homeless persons and low-income. Homeless persons seeking employment as vendors or wishing to submit an article (for which they can receive a modest payment).


**Cambridge Somerville Recovery Learning Center** **\*\***  (617-863-5388) 35 Medford Street, 2nd floor Suite 201, Somerville. A drop-in center that provides GED prep, computer classes, money management classes, health and wellness, stress management, employment services *for those with a psychiatric condition*. Visit [www.metrobostonrlc.org](http://www.metrobostonrlc.org) to learn more.


**The Career Source** **\*\*** (617-661-7867) 186 Alewife Brook Parkway, Cambridge. Provides employment resources, including free workshops and free access to computers, phones, copying, and fax machines, as well as an employment resource room for primarily self-directed job seekers. Eligible, low-income persons (e.g., families receiving TAFDC) may also be eligible for individualized career counseling support and employment training. Open Monday - Friday 8:30 a.m. - 4:30 p.m. Low-income Adult Program Free Training contact Roxana Menjivar 617-884-4333 [rmenjivar@yourcareersource.com](mailto:rmenjivar@yourcareersource.com)

**Project Place** (617-542-3740) 1145 Washington St., Boston. Provides training and transitional employment programs for homeless and low-income individuals with 90 days of sobriety. There are three different six-month employment programs incorporating skills training,

career-coaching, and up to 30 hours/week employment at \$8/hour. Project Place also offers wrap-around support services, including a 90-day job training internship program, 14 hours/week of classroom time for professional and personal skills development in preparation for job search, and computer training. To access services, call 617-542-3740, extension 23 to set up an intake appointment.

**Community Work Services (CWS)\*\***  (617-720-2233) 174 Portland St, near North Station, Boston. Provides comprehensive employment services including: vocational assessment, work readiness and competitive employment training, placement assistance and support and assistance obtaining Massachusetts Rehabilitation Commission (MRC) eligibility. Tours available Wednesdays at 1 PM (no registration required). Must have a case manager referral and 60-day sobriety. Download referral online at <http://www.cwsbos.com/approach.php>. Hours of operation are M-F 8am-4:30pm.

**Span, Inc. Pathways to Employment Program**  (617-423-0750) 105 Chauncy St., Boston. Offers employment assistance and case management to **ex-offenders only**. Must be within 6 months of release and most recent crime must be nonviolent (Does not apply to those who are HIV positive, as they can obtain services at any time). M, T, Th 8:30am-8pm; W 1-5pm; F 8:30am-5pm.

**CASPAR**  **GROW house** (617-661-6020) 6 Camelia Ave, Cambridge. Offers one-on-one employment counseling, workshops, cover letter and resume critique, networking groups, program internships, placement assistance and referrals to those in recovery from alcoholism and addiction. Individuals may have little to no employment experience or extensive work histories.

**Somerville Community Corporation \*\*** (617-776-5931) 337 Somerville Avenue, 2<sup>nd</sup> Floor, Somerville [www.somervillecdc.org](http://www.somervillecdc.org) Workforce development and jobs linkage program with the Career Place. Career and employment services coaching through SCC Community Asset Building Program.

## **Health Care**

### **To Apply for MassHealth (Medicaid):**

*Don't be intimidated by the paperwork. You can get help applying for MassHealth (see below).*

- **For families, pregnant women, and people under age 65:**  
Call the MassHealth Customer Service Center at 1-800-841-2900 to get a Medical Benefit Request, OR download a Medical Benefit Request from:  
<http://www.mass.gov/Eeohhs2/docs/masshealth/appforms/mbr.pdf> (English)  
[http://www.mass.gov/Eeohhs2/docs/masshealth/appforms/mbr\\_spanish.pdf](http://www.mass.gov/Eeohhs2/docs/masshealth/appforms/mbr_spanish.pdf) (Español)

- **For people aged 65/older and people of any age who need long-term-care services:** Call the MassHealth Customer Service Center at 1-800-841-2900 to get a MassHealth Application (MHA) for Seniors and People Needing Long-Term Care Services, OR Download the MassHealth Application from:  
<http://www.mass.gov/Eeohhs2/docs/masshealth/appforms/smbr.pdf> (English)  
[http://www.mass.gov/Eeohhs2/docs/masshealth/appforms/smbr\\_spanish.pdf](http://www.mass.gov/Eeohhs2/docs/masshealth/appforms/smbr_spanish.pdf) (Español)

*Mail it to MassHealth Enrollment Center Central Processing Unit P.O. Box 290794, Charlestown, MA 02129-0214.*

### **For Help in Applying for MassHealth and Other Low Cost Health Insurance:**

*Hospitals in Massachusetts should provide help in-person applying for MassHealth or other low-cost health insurance. The closest ones are:*

**Cambridge Health Alliance (CHA) Financial Assistance:** (877-637-2273). Assists patients and community members applying for MassHealth or other low cost health insurance. Call Monday through Thursday 9:00am-11:45am and 1- 4:30pm. Staff members speak English, Spanish, Portuguese, Haitian Creole, and French. Or visit offices at:

- CHA Cambridge Hospital campus, 1493 Cambridge St, Cambridge. Main lobby next to front desk
- CHA Somerville Hospital campus, 230 Highland Avenue, Somerville (Main entrance is on Tower St, sign up at front desk (3<sup>rd</sup> floor)

**Mt. Auburn Hospital** (617-492-3500) 330 Mt Auburn St, Cambridge, MA 02138. Assists patients and community members applying for MassHealth or other low cost health insurance.



**Health Care for All's HelpLine** (1-800-272-4232) is a free resource available to everyone simply by dialing. The HelpLine can answer your questions about health coverage in Massachusetts in English, Spanish, and Portuguese. HelpLine Counselors are available 9am-5pm, Monday through Friday. If you call outside of these hours, leave a message, and they will get back to you the next business day.

### **General Health Care Services:**


**Sharewood Project** (781-324-8991) St. Paul's Church 26 Washington St. Malden, MA 02148. Free health clinic open to anyone Tuesday nights 6pm-8pm run by medical students and physicians affiliated with Tufts University School of Medicine. Dermatology and dental screenings available first and third Tuesdays. Vision and nutrition screenings available on

second and fourth Tuesdays. Physicals provided for school aged children (under 18) only. No appointments necessary; no health insurance required.

**Healthcare for the Homeless** The program operates and staffs three outreach sites in Cambridge and Somerville at the Cambridge Salvation Army, the CASPAR Emergency Service Center, and the St. Patrick's Women's Shelter. The CASPAR clinic is for individuals suffering from the disease of addiction who are Shelter clients only. In addition, the staff provides family shelters in Cambridge with health care management services. The staff also conducts inpatient rounds at The Cambridge Hospital for homeless patients and assists inpatient medical teams with discharge planning and treatment plans for homeless patients. Part of Cambridge Health Alliance. Call for varying clinical hours. Clinics are all walk-in, no appointment is needed:

- **St. Patrick's Shelter** (617-628-3015) 270 Washington St., Somerville.
  - Women only
  - Sober
- **Salvation Army**  (617-547-3400) 402 Mass Ave., Cambridge
  - Men only
  - Sober
- **CASPAR Emergency Service Center**  (617-661-0600) 240 Albany St., Cambridge
  - Men and women
  - Must be from Cambridge, Somerville, Arlington, Belmont, or Watertown
  - Active substance abuse
  - Must be a CASPAR shelter client

Homeless and marginally housed women can contact **Women of Means** (781-239-0290) for a referral to a doctor or nurse who can provide free health care services at one of several sites in metro Boston.

Homeless and runaway youth (age 14-24) can receive health care at the **Teen Health Center**  (617-665-1548) at the Cambridge Rindge & Latin High School, 459 Broadway, Cambridge or Teen Connection (617-575-5690) or new patients 617-665-1305 at the Somerville High School, 81 Highland Ave, Somerville and from **Bridge Over Troubled Waters** (617-423-9575, 47 West St, Boston). Bridge Over Troubled Waters has outreach workers at Park Street & Harvard Sq. and a medical van

Pregnant women & women with infants with incomes under the 200% of poverty guideline may be eligible for additional health benefits under the **Healthy Start** program, offered at any

health center of the **Cambridge Health Alliance**  or call 1-800-841-2900 for more information or download application at:

<http://www.mass.gov/eohhs/docs/masshealth/appforms/mbr.pdf> (in English)

<http://www.mass.gov/eohhs/docs/masshealth/appforms/mbr.pdf> (in Spanish)

**Neighborhood Health Centers of the Cambridge Health Alliance** (call 617-665-1000 for Cambridge Hospital front desk):


In Somerville:


- Somerville Hospital, 230 Highland Ave, Somerville, 617-591-4500
- Central St. Health Center, Somerville Primary Care, 26 Central St, Somerville, 617-591-6300
- Broadway Health Center, 300 Broadway, Somerville, 617-284-7000
- Union Square Family Health Center, 337 Somerville Ave, Somerville, 617-665-3370

In Cambridge:

- The Cambridge Hospital, 1493 Cambridge St., Cambridge, 617-665-1000
- Primary Care Center, at Cambridge Hospital, 617-665-1068
- Cambridge Family Health, 237 Hampshire St, Cambridge, 617-575-5570
- Cambridge Family Health North - Porter Square, 2067 Mass Ave., Cambridge, 617-575-5570
- East Cambridge Health Center, 163 Gore St., 617-665-3000
- Windsor Health Center, 119 Windsor St., Cambridge, 617-665-3600

**Services for People with HIV/AIDS:**


**Cambridge Health Alliance HIV Counseling & Testing**  (617-591-6767) provides confidential HIV-testing and counseling services and referrals for treatment and care for people who are at high risk for HIV, regardless of one's ability to pay. These services are available in Spanish, Portuguese, Haitian Creole, French, and Cape Verdean Creole at several sites across Cambridge and Somerville. Interpreters of other languages are also available.


**The Zinberg Clinic**  (617-665-1606) Located in the Cambridge Hospital campus. Patients here find a multidisciplinary approach that includes primary care, specialty care, mental health and social services (including case management), and acupuncture to people with HIV infection, and those at high risk of infection.  
<http://www.challiance.org/Locations/ZinbergClinic.aspx>


**AIDS Action** (617-437-6200) 359 Green St., Cambridge. Provides a range of assistance to persons with HIV/AIDS, including case management, medical advocacy, needle

exchange, home delivery of meals, housing search assistance, transitional housing, "harm reduction" services.

### **Eye Exams and Glasses**

**The Mass. Eye and Ear Infirmary**  (617-573-4098) 243 Charles St., Boston. Free and/or low-cost eye exams and glasses. Those with or without insurance can call to make an appointment.

**The New England Eye Institute**  (617-262-2020) 930 Commonwealth Ave. Boston. Free exams for eyeglasses. Bring prescriptions and a letter documenting homelessness to Pine Street Inn Clinic to receive free pair of glasses.

**LensCrafters**  (617-577-8440) Cambridgeside Galleria, near Lechmere T Stop Free glasses with a letter from an eye doctor and that doctor's tax ID #.

### **Addiction Services**

*\*Note: all services are  unless otherwise noted.*

**Central Street Health Center and Dual Diagnosis Service Unit** (617-591-6050) 26 Central St., Somerville. Offers intensive outpatient program (MWF 9am-12pm), substance abuse counseling, dual diagnosis treatment, and referrals to other treatment options and resources. Shuttle service available from Line St. entrance of Cambridge Hospital. Office hours: Mon.-Fri. 9-5 with "walk-in" service Tue. 11:30

**Outpatient treatment services are offered by:**


- **Mt Auburn Hospital Prevention and Recovery Center** (617-499-5051)
- **North Charles Institute for the Addictions** (617-661-5700)
- **Concilio Hispano** (617-661-9406) Services only in Spanish
- **IMPACT** (617-661-0405) new patients should sign up to attend Tuesday orientations

**Access to detoxification can be arranged by:**

- **First Step** (617-592-6895) Open 8am-Midnight, M-F
- **AdCare** Call 1-800-ALCOHOL or 1-800-345-3552 or 617-227-2622
- **Bridge Over Troubled Water** (617-423-9575) Only for ages 25 and under, must have referral.



## **Residential Treatment Programs:**

- **CASPAR's Womanplace**  (617-661-6020) Residential home at 11 Russell St., Cambridge. Six-month housing and substance abuse treatment program for women in recovery. No children can live in the house, but can visit. State funded by Massachusetts and can therefore only serve Massachusetts ID clients. Clients get a psychological, psychiatric-social evaluation, and assessment. Referral needed from previous program be it a detox program or jail for example (is a next step program). Intake done after referral. Staffed 24/7; 20 beds. Services: case management, job readiness programs, life skills, management skills, spiritual programs, need to be willing to adhere to rules and go to work.
- **CASPAR New Day** (617-628-8188) 242 Highland Ave., Somerville. Pregnant and postpartum women in recovery and their babies only.
- **CASPAR Mens' Residences** (617-623-5277 or 617-776-6036) 16 Highland Ave., Somerville, and 3 Summit Ave., Somerville. Men in recovery only.

## **Support groups for achieving/maintaining sobriety:**

*(Call for local meeting times)*

- **Alcoholics Anonymous** (617-426-9444)
- **Al-Anon** (508-366-0556) For families and friends of users
- **AA/Al-Anon for Portuguese speakers** (617-628-6065) Meetings: Saturdays 5pm at 92 Union Square, Somerville, and Sundays 3pm at St. Anthony Church, Cambridge
- **Narcotics Anonymous** (1-866-NA HELP U or 1-866-624-3578)
- **Cocaine Anonymous** (617-517-3090)
- **Gamblers Anonymous** (888-GA HELPS or 888-424-3577) For gamblers and their families.

## **Mental Health Care**

*(See also Addiction Services, above, for services for persons with a dual diagnosis)*

**Psychiatric Emergency Service at Cambridge Hospital** (617-665-1560) 1493 Cambridge Street, Cambridge. Psychiatrists on duty 24 hours a day to provide an immediate telephone response to acute mental health crises

**Cambridge/Somerville Emergency Services Team at Cambridge Hospital** (1-800-981-4357) Hotline staffed 24 hours a day to provide behavioral health crisis assessment, intervention and stabilization services

**Central Street Health Center** 📞 (617-591-6033) 26 Central St., Somerville. Part of Cambridge Health Alliance. Outpatient services to meet mental health needs including anger problems, anxiety, depressions, drug problems, stress, relationship issues, etc.

**Riverside Community Care** 📞 (formerly **Somerville Mental Health Association**) (617-623-3278) 63 College Ave., Somerville. Outpatient services for couples and families, children and adolescents, and adults. Sliding payment scale beginning at \$10 per session.

**Parenting Journey** 📞 (617 628-8815) 366 Somerville Ave., Somerville. Provides evening parenting classes with the aim of creating safer, more resilient families by supporting them in developing the inner strengths, life skills, and networks of resources to succeed. Sessions include a family-style meal and child-care during each class. Call or register online at [www.parentingjourney.org](http://www.parentingjourney.org). Classes generally start in the winter, spring and fall and are offered in English, Haitian-Creole, Portuguese and Spanish.

**Community Legal Services and Counseling Center** 📞 [ERLIAdmin@vlpnet.org](mailto:ERLIAdmin@vlpnet.org)  
<http://www.clsacc.org/> 47 Thorndike St. (basement suite SB-LL-1). Outpatient counseling services to address anger problems, anxiety, depression, relationship issues, trauma, etc. Sliding payment scale beginning at \$5 per session.

**Community Treatment Team (CTT)** 📞 (617-623-5487) Field-based mental health services targeting homeless clients with a history of hospitalizations and difficulty using outpatient services, Individuals are referred to this program by Dept. of Mental Health Case Managers.


**Arlington Youth Counseling Center (AYCC)** 📞 (781-316-3255) 670R Mass. Avenue, Arlington. A licensed mental health facility that works towards treatment, prevention, and resolution of problems relating to Arlington children and their families (including coping with peer and social stress, behavioral difficulties, family crisis and violence, depression, grief, abuse, neglect, and alcohol and drug abuse). Open M-F 9am-5pm.


### **Dental Care**

*(Note also that dental care is a Mass Health covered service. Members under age 21 get more dental benefits than adults age 21 or older.)*

**Cambridge Dental Clinic at Cambridge Health Alliance** (617-665-3990) 119 Windsor St., Cambridge. Dentists and dental hygienists provide expert care for your teeth and oral health. Accepts patients of all ages. Also has evening hours available and emergency dental care.

**Dentistry for All** (1-800-342-8747) The Massachusetts Dental Society Dentistry offers reduced-cost dentistry through participating dentists. Applicants must document financial need. Call for an application and a referral.


**Forsyth School for Dental Hygienists**  (617 278 2700) at the Mass. College of Pharmacy 101 Palace Rd, Boston. Offers low-cost teeth cleanings at \$15 for children and seniors, and \$25 for adults.

**St. Francis House**  (617-542-4704) 39 Boylston Street in downtown Boston. Screens candidates for dental care every Thursday morning (arrive by 9am), and arranges referrals for free follow-up care.

**Smiles for Success.** Provides referrals for free and low-cost dental care provided by local women dentists for eligible women whose ability to succeed may be compromised by decayed, missing or damaged teeth. To be eligible, a woman must be able to verify current enrollment in an accredited job-training program or active pursuit of transfer from welfare back into the workforce. Obtain more information or apply for assistance at <http://www.smilesforsuccess.org>

### **Services for Victims of Domestic Violence**

**SAFELINK HOTLINE:** (1-877-785-2020). Information about which emergency shelters have beds each night.

**Respond** (617-623-5900) and **Transition House**  (hotline: 617-661-7203). Counseling, referral for emergency shelter, and related services to battered women and their children. Support and services are available to women whether or not they are ready to leave the battering relationship. Referral to shelter is available.

**Emerge** (617-547-9879) Counseling for batterers.

**Boston Area Rape Crisis Center** (617-492-8306) 24 hour hot line: 1-800-841-8371. Assistance to victims of rape.

**Arlington Youth Counseling Center (AYCC)**  (781-316-3251) Contact: Heather Hernandez 670R Mass. Avenue, Arlington. Open M-F 9am-5pm.

**Domestic Violence Liaison at the Police Departments.** (In case of an emergency, dial 9-1-1).

**Somerville:** Somerville Police Victim Advocate, 617-625-1600 x 7279

**Arlington:** Captain Jim Curran, 781-316-3925, or Mental Health Clinician, Rebecca Gallagher, at 781-643-1212.


*Violence by caregivers against children, elders, and persons with disabilities must be reported. The following hotlines will lead to investigation and efforts to address abusive situations:*


- **Child Abuse Hotline** (1-800-792-5200)
- **Disabled Abuse Hotline** (1-800-426-9009)
- **Elder Abuse Hotline** (1-800-922-2275)
- **Somerville/Cambridge Elder Services** (617-628-2601)
- **Minuteman Senior Services** (Arlington residents) (781-272-7177)

### **Legal Assistance**

*For a listing of additional resources for **legal assistance**, please subscribe to the “Intake Update”, updated and distributed monthly by the Eastern Region Legal Intake (ERLI). 197 Friend Street, Boston, MA 02114. Call Program Administrator at 617-603-1705. You can also visit <https://www.masslegalservices.org/findlegalaid>*

*See also [www.masslegalhelp.org](http://www.masslegalhelp.org)*

**Harvard Legal Aid Bureau** (617-495-4408)  Legal assistance in appealing the denial of public benefits (TAFDC, SSI, Emergency Assistance, etc.) and assistance preventing evictions for Somerville residents (not Arlington). Does not take on new cases during the summer months or school vacations.


**Cambridge and Somerville Legal Services**  (617-603-2700), 60 Gore Street, Suite 203, Cambridge (Part of Greater Boston Legal Services). Legal Assistance in preventing evictions, denial of subsidized housing, denial/termination of federal and state benefits (SSI, SSDI, TAFDC, EAEDC, SNAP, MassHealth, child care), mental health and disability rights, elder rights. Somerville (any age) and Arlington (under 60) residents. For Arlington residents 60 and over, call 1-866-778-0939. For unemployment, foreclosure, consumer, and family law issues, call the intake service known as “LARC” at 617-603-1700 Monday – Friday 9:00 – 1:00. For immigration, call 617-603-1234 to be directed to the appropriate person/agency.

**Tenant Advocacy Project** (617-495-4394) 6 Everett Street, Cambridge. Represents applicants and tenants at administrative hearings at housing authority on denials or termination of public housing or Section 8.

**Community Action Agency of Somerville's Homeless Prevention Program of Somerville** (617-623-7370 ext. 140), 66-70 Union Square, Suite 202, Somerville. Helps low income Somerville tenants by providing education about their legal rights, navigating eviction process, mediating and negotiating with landlords, and assisting with applications for subsidized housing. Also aids low income Somerville residents with access to and issues relating to public benefits (such as SNAP, TAFDC, MassHealth) and with utility shut offs and other utility-related issues.

**Harvard Defenders** (617-495-4413) Harvard Law School, Wasserstein Caspersen Clinical Wing, 6 Everett Street, Suite 5110, Cambridge -- Harvard Law School students represent defendants accused of a crime at "show cause" (clerk's) hearings in Somerville and Cambridge District Courts. Cambridge District Court covers Arlington residents. Open for intake and referrals M-F, 9-5.

### **Fair Housing and Human Rights**

**Office of Somerville Commissions**  (617-625-6600 x 2406), 50 Evergreen Avenue, Somerville. Provides support to the Commissions for Women, Human Rights, and Multicultural Affairs and for the LGBT Liaison. Investigates and refers to state officials allegations of discrimination including housing discrimination. Need proof that the problem took place in Somerville or that the affected person resides in Somerville. Referrals are not required.

**City of Somerville Fair Housing Commission** (617-625-6600 x 2578) 50 Evergreen Avenue Somerville, MA 02145. Receives complaints about possible fair housing violations and provides referrals for more fair housing resources.

**Town of Arlington Fair and Affordable Housing** (781-316-3090) Town Hall Annex, 730 Mass. Avenue, Arlington. Receives complaints and inquiries about housing. Provides advice and appropriate referrals.

**Town of Arlington Human Rights Commission** (781-316-3250) 27 Maple Street, Ground Floor, Arlington.


**Fair Housing Center of Greater Boston** (617-399-0491) 262 Washington Street, 10<sup>th</sup> Floor, Boston, MA 02108. Provides case advocacy services focused exclusively on housing

discrimination. Serves Somerville and Arlington residents. No referrals needed. Clients may call to initiate inquiry process. Hours of Operation: M-F 9am-5pm.

### **Child Care and Early Childhood Support Services**


**Early Head Start** (617-629-6652) 474 Broadway, Somerville. Free program that offers services to low-income pregnant women or women with infants or toddlers, up to age 3.  
[www.riversidecommunitycare.org](http://www.riversidecommunitycare.org).

**Somerville Head Start** (617-623-7370 x 127). 66-70 Union Square, Somerville. Operated by Community Action Agency of Somerville. The program is designed to serve children 3-5 years of age from families who qualify for Head Start services in Somerville and Cambridge. Head Start helps children succeed by providing comprehensive services to children through activities that help them grow: socially, emotionally, cognitively, and physically. The majority of families serviced must have household incomes below 130% of the federal poverty guidelines. Applicants can come between 9 and 5 and fill out an application. They must bring proof of income, proof of age, and proof of residency. Contact Christopher Hosman.


**Our Place (Center for Homeless Children)**  (617-547-3400) 402 Mass. Ave., Cambridge, Operated by the Salvation Army. Child care program open Monday through Friday 8:30-3:15pm for children ranging from infancy to 7 years of age.

**The Guidance Center** 12 Tyler Street, Somerville. Offers multiple programs for families with children who live in Cambridge or Somerville. Referrals can be self-made or by other agencies for all programs.

- **Cambridge-Somerville Early Intervention-** 617-629-3919 x5730-- program for children who are at-risk for developmental delays, emotional or behavioral difficulties, and/or conditions such as Down syndrome and cerebral palsy.
- **Early Intervention Parenting Partnership-** 617-629-3919 x5792-- free program offering services to pregnant women or women with newborns who meet certain medical risk factors (such as high blood pressure, diabetes, etc.).
- **Intensive Family Services--** 617-629-3919 x5715 – program works with families with children ages 0-22 with severe emotional disturbances who are transitioning in or out of a residential program
- **Community Service Agency-**617-354-1519 x114. Offers a referral line for families with children ages 0-22 with severe emotional disturbances

**Women Infants and Children** -- Nutrition program available to pregnant and nursing mothers, or mothers of children ages 0-5. Provides supplemental foods, healthcare referrals, and nutrition education. Website: [www.wicprograms.org](http://www.wicprograms.org)

- Arlington Residents: 7 Central St., Suite 160, Arlington (781-646-2032), 10:00am-6:15pm.
- Somerville Residents: 366 Broadway, Suite 102, Somerville (617-575-5330)

**New Mom's Support Group** , (781- 647-5327) 300 Mass. Avenue, Arlington (Calvary Methodist Church): For mothers and babies under one year old. Fridays from 10-11:30. Registration is not necessary as these groups are free.

**Children's clothing, books, and toys** (see the Children's Clothing Exchange and Rosie's Place under "Clothing" below).

### **Services for Families With School-Aged Children**

#### **Rights of Homeless Children:**

*(Courtesy of [www.somerville.k12.ma.us/homeless](http://www.somerville.k12.ma.us/homeless))*

- The right to **attend school**-- A permanent address is not needed to enroll in school.
- A homeless child cannot be denied school enrollment just because school records or other enrollment documentation are not immediately available and must be enrolled immediately.
- The right to **stay in the school they attended before becoming homeless** or where they last enrolled (school of origin) if the parent or guardian so chooses.
- Schools must provide a written explanation if a placement dispute occurs; parents/guardians may contact the School District's Homeless Liaison.
- The right to **participate in extracurricular activities** and all federal, state, or local programs for which he/she is eligible.
- The right to **free breakfast and lunch, transportation assistance and to receive Title 1 services.**


*\*Unaccompanied youth [homeless youth not living with parent(s) or guardian(s)] have these same rights.*

#### **National School Lunch Program:**

- Free breakfast is available for all elementary school students in the public schools
- Free lunch is available to low income students who complete an application for the National School Lunch Program
- Free breakfast and lunches are also available in the summer at various locations.

*For more information, call the Somerville Public Schools' Food Service Office at (617-629-5200 ext .6080) and the Arlington Public School at 781-316-3643*


## **After-School and Summer Programs for Children**


**Child Care Choices of Boston** (part of ABCD)  (617-542-4629) 105 Chauncy St., 2nd Floor, Boston, MA 02111. Assists Somerville (and Cambridge) families pay for after school programs for their school-aged children (which was formerly done by the Child Care Resource Center). Some of the programs listed in this section accept payment vouchers administered by the center. Vouchers are awarded to families on a first-come first-served basis, and are based on income and family size. Website [www.childcarechoicesofboston.org](http://www.childcarechoicesofboston.org)

**Child Care Circuit office** (978-686-4288). 190 Hampshire Street, Lawrence, MA 01840 Assists Arlington families pay for after school programs for their school-aged children, (which was formerly done by Child Care Resource Center).


**SMILE Program** (617-625-6600) Somerville. Somerville Public Schools offer free pre-school from 8:45am-1:45pm for a limited number of children at the following sites: Michael E. Capuano Early Childhood Center, West Somerville Neighborhood School, Argenziano School, Winter Hill Community School. Visit: <http://www.somerville.k12.ma.us/education/components/scrapbook/default.php?sectionid=etalid=13810> for up to date registration information.

**The Somerville Family Learning Collaborative (SFLC)** (617-629-5476) is the Family Engagement department of the Somerville Public Schools. Programming serves families with children birth through high school and offers a wide range of services for parents/guardians. *All SFLC activities and events are free and interpretation is provided at all events.* SFLC services include: Information and referral, literacy playgroups, parent–child home visiting program, parent workshops, family events and activities, parent support groups, developmental screenings, English classes. Family and Community Liaisons in every school to welcome families, provide information, and host activities and workshops

**Somerville YMCA**  (617-625-5050) 101 Highland Ave. Somerville. Recreational activities such as gym sports and swimming for children 6-13 years old. Activities are supervised but not structured. Children can come and go as they please. School year: Mon – Fri: 2:30 – 6pm; Summer: Mon – Fri: 1- 4pm. *Program is free with membership, or a day pass can be purchased for \$1.25; Membership costs \$50/year per child. Scholarships are available through an application process*

**Age Child Care Program – Somerville YMCA**  (617-625-5050) 101 Highland Ave. Somerville. This program includes recreational activities, gym sports, swim lessons, and field trips for children 5-13 years old. Transportation is provided from most Somerville



schools. Monday - Friday: 2:30 – 5:30 PM; Early release Wednesdays: 12 - 5:30 PM. *\$120/week or \$25/day, some financial assistance is available, and vouchers from the Child Care Choices of Boston (ABCD)  (617-348-6677) are accepted.*

**Somerville Community Schools: School Age Child Care Program - After School & Summer Camp** (617-623-0110) 530 Mystic Ave., Rm. 103, (Mystic Learning Center), Somerville. This program includes sports, games, swimming, and field trips for kids 5-12 years old. Transportation is arranged from the Healy School on foot. The program operates year-round. Monday - Friday: 2:30 - 5:30pm; Early release Wednesdays: 12 - 5:30pm; Summer Schedule: Monday - Friday 8am - 5:30pm. Primarily for Somerville residents but open to residents of surrounding cities on a case-by-case basis. *\$22.66 per day, some subsidized slots are available each year; vouchers from the Child Care Choices of Boston (ABCD) are accepted.*

**Tot Time Program** (617-625-6600 ext. 2980) 19 Walnut St. Somerville. Fun activities for young children. Emphasis is on teaching children to play cooperatively with each other. This program has two sessions that run for approximately 14 weeks each. There is a Fall session and a Spring session. Tuesday and Thursday: 8:30- 10:30am. *\$200 for 14-weeks. Call office with requests for financial assistance. Register at <http://www.somervillerec.com/info/tutorial/>.*

**Menotomy Pre-School (at Arlington High School)** (781-316-3585) 869 Massachusetts Ave, Arlington, MA 02476. Provides training experience for high school students studying the field of Early Childhood Education. For registration/school information: call (781-316-3655) and for Preschool Special Education call (781-316-3698). Families may call to schedule a tour of the school.

**Arlington Recreation Programs** (781-316-3880). 422 Summer St, Arlington, MA 02474. All recreation programs in Arlington receive Community Development Block Grant money to subsidize families needing help with recreational program fees.

- Arlington Recreation (781-316-3884)
- Arlington Boys and Girls Club (781-648-1617)
- Fidelity House (781-648-2005)
- Arlington Athletic Department (781-316-3551)

## **Clothing**

*\*Free clothing is generally available to homeless people from the shelters at which they are staying, and at the following drop-in centers:*

- Rosie's Place-- 889 Harrison Ave., Boston-- 617-442-9322 (**women only, on an emergency basis**)
- Salvation Army-- 402 Mass. Ave., Cambridge-- 617-547-3400
- St. Francis House-- 39 Boylston St., Boston-- 617-457-1002
- Youth on Fire-- 1555 Massachusetts Avenue-- 617-661-2805 (**for youth**)

*The following are additional clothing resources:*

**Children's Clothing Exchange:** (617-576-0039) 391 Evereteze Way Cambridge (located at the Roosevelt Towers housing development). You trade your child's (ages 0-16) outgrown clothing, books, and toys. If you do not have children's items to trade, you can volunteer your time to earn credits that you can use to receive items for your child. Client must first visit the Children's Clothing Exchange and register to participate in the program (bring child's birth certificate or health insurance card to prove that the child is yours) Hours of Operation: T 10:00am-4:00pm, W 10:00 am-8:00pm, Th 11:00am- 4:00pm, 2nd and 4th Sat 10:00am-4:00pm.

**Little Fox Thrift Shop:** (781-316-3157) Fox Library, 175 Mass Ave, Arlington. Volunteer-run shop that accepts and re-sells gently used children clothing, toys, books, games, infant equipment, maternity wear and various household items. Hours of Operation: T 9am-1pm, W 2:30pm-7:30pm, Th 9am-5pm, F 9am-1.

**Goodwill Store:** (617-628-3618) 230 Elm St., Somerville. Open Monday through Saturday 10-7pm, Sunday noon-6pm.

**SolutionsWear:** (617-576-0039) 391 Evereteze Way, Cambridge. Free interview-appropriate clothing (3 complete outfits) for homeless and low-income men and women who are enrolled in area job training program. Referral are required, individuals cannot contact. There is also a \$50 per-client fee that may be paid by an agency.

## Other Services

### Obtaining a Mass. ID

**Registry of Motor Vehicles** (617-351-4500) 630 Washington St., Boston. Homeless persons can obtain a Mass. ID from the RMV by bringing a letter on shelter (or other program) stationery signed by a case manager stating the homeless person's name and Social Security number, listing any other identification that s/he has, affirming that s/he is homeless and, if applicable, residing in the shelter or transitional program, and that the case manager knows this person well and can attest to the facts of the letter. Inquire about getting the \$15 fee waived.

### Transportation for persons with disabilities

**SCM Community Transportation** (617-625-1191) provides door-to-door transportation for seniors (62yrs+), people with disabilities, and other at-risk persons. Assistance is primarily for local, non-emergency, medical and grocery shopping trips, with a minimum of 48 hours' notice, although assistance with other necessary trips may be available. A donation of \$1.00-\$2.00 per round-trip is requested but not required.

**THE RIDE** (1-800-533-6282) provides door-to-door transportation for people who cannot use general public transportation (either temporarily or permanently) due to mental, cognitive, or physical disability-- each one-way trip is \$2.00-- you will need to submit and application, which can be found here:

[http://www.mbta.com/uploadedfiles/Riding\\_the\\_T/Accessible\\_Services/ridecvrltrappl0410.pdf](http://www.mbta.com/uploadedfiles/Riding_the_T/Accessible_Services/ridecvrltrappl0410.pdf)

**Transportation Access Pass (TAP) CharlieCards** (1-800-543-8287) allow persons with disabilities and seniors to ride the T at a discounted rate. Medicare Card holders are automatically eligible for a TAP CharlieCard. The TAP CharlieCard is available at the Reduced Fare CharlieCard Office located at Back Bay Station, and open Monday through Friday 8:30am - 5:00pm-- you will need to fill out an application to bring with you, which can be found here:

[http://www.mbta.com/uploadedFiles/documents/ACCESS\\_PASS.pdf](http://www.mbta.com/uploadedFiles/documents/ACCESS_PASS.pdf)

### Free Cell Phones

**SafeLink Wireless** (800-378-1684) Provides free cell phone to eligible low-income persons (Varying minutes of free talk time per month (based on location) for one year and unlimited 911 access). Service is limited to one person per household. For enrollment call (1-800-723-3546). (I have not confirmed this)

Services for ex-offenders

**Span, Inc.** (617-423-0750) 105 Chauncy Avenue, Boston. Offers case management, career development services, health services, and peer support to people who are or have been in prison. Need to present a photo ID in order to be let into the building.

**“Coming Home Directory”** (617-482-2520 ext. 128) Compiled by the Crime and Justice Institute at Community Resources for Justice located at 355 Boylston Street, Boston 02116. A guide to resources for ex-offenders returning to or living in the Greater Boston area. The directory is available on line at [ComingHomeDirectory.org](http://ComingHomeDirectory.org).

Free income tax assistance

**Cambridge Economic Opportunity Committee** (617-868-2900), 11 Inman Street, Cambridge.