



Arlington Youth Health and Safety Coalition October Minutes

Date: October 1, 2020

Time: 5:30- 6:30pm

Location: *Virtual (via Zoom)*

Staff Present: Karen Koretsky

Attendance: Kathy Hirsch, Pat Egan, Cindy Bouvier, CLaire Egan, Christy Kiernan, Maya Jacob, Carlene Newell, Bryan White, Colleen Ralston, Michael Leach, Colleen Leger

Minutes

Attendees reviewed the September meeting minutes. Michael Leach moved to approve, Cindy seconded, all approved the September meeting minutes.

1. *Committee Updates:*

- *Students-* Maya Jacob's has created an Instagram account for AHS students: ahs_cares. This account is managed by student advisors and will post uplifting and informative information focused on prevention and mental health.
- Colleen R. suggested the students also contribute to the daily post at AHS.
- AHS students have been approved to *mentor middle school students in a peer support group.*

2. Bryan White SRO

- Activity has picked up at the courts behind AHS, police have increased patrols.
- Students from OMS are gathering in large groups at the Dunkin Donuts and need to be reminded of social distance and not congregate in large groups.
- Discussion about how teachers are addressing the situation if a student appears to be under the influence in a class on Zoom. Guidance is working on protocols for this. As of now, the teacher will call parents and/or police if the student is in danger.

3. Christy Kiernan-ACHS

Has a cohort of A & B (remote vs. on site). Students like the Instagram idea and may join AHS in this activity.

4. What's New:

- AYCC: seeing clients via telehealth. Expanded capacity, no longer limited by space and scheduling. reduced their waitlist to 20 (from over 100)
- AYCC is seeking clinicians of color in order to match experiences and cultural understanding. Have an intern with some availability.
- AYCC has launched a parent group for managing stress and anxiety for the parents of clients, to manage stressors in the home.
- AHS senior college night had 260 logins! offered presentations, messages about SATS, met with kids and had ongoing counseling offerings.

Discussion about the needs of current seniors and students from the class of 2019. The college experience has shifted and students require more support.

Discussion about the needs of parents of children ages K-6.

Discussion of pulling together a resource list of services for parents of kids ages K-8.

Arlington Recreation is offering after school help for a cost. May be hard to manage for families with more than 1 child.

Sarah Augood reported on the Marijuana Study Group: the group is reviewing applications and host agreements for an additional recreational retail site.

5. Upcoming Community Events of Interest:

Meeting adjourned at 6:50 *pm*.

Next meeting is scheduled for November 5th, 2020 at 5:30*pm*.