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***Arlington Human Rights Commission launches MLK Week of Service  
Co-sponsored by The Martin Luther King Jr. Birthday Observance Committee***

Join the Arlington Human Rights Commission and the Martin Luther King Jr. Birthday Observance Committee in a week of service to honor the legacy of Dr. Rev. Martin Luther King Jr. Participation in the MLK Day of Service has grown steadily over the past decade, with hundreds of thousands of Americans each year engaging in projects such as tutoring and mentoring children, painting schools and senior centers, delivering meals, building homes, and reflecting on Dr. King's life and teachings. Many of the projects started on King Day continue to engage volunteers beyond the holiday and impact the community year-round.

Due to the COVID-19 concerns, we're getting creative! To participate, pick one or more activities from the list below and post a picture of your action, artwork, etc., to our social media platforms with the hashtag: #arlingtonweekofservice.

Our platforms' addresses are:

Instagram @ArlingtonHumanRights

Facebook @ArlHumanRights

Twitter @ArlHumanRights.

Not on social media? Email your pictures or submissions us at [ahrcevents@gmail.com](mailto:ahrcevents@gmail.com)

**Activities include:**

- **READ ABOUT RACE**

Choose an age appropriate book on your own or from our curated list on [arlingtonhumanrights.org](http://arlingtonhumanrights.org).

- **DONATE FOOD (Safely!)**

Drop of food items to Arlington EATS at Saint John's Church, 74 Pleasant St

- **GET CREATIVE**

Create a draw, paint, make a video, write about Dr. King's legacy and what it means to the civil rights work being done today