*Bereavement Resources*

**The Children's Room**

1210 Massachusetts Avenue

Arlington, MA 02476

TEL: 781-641-4741

WEB: [childrensroom.org](https://linkprotect.cudasvc.com/url?a=http%3a%2f%2fchildrensroom.org%2f&c=E,1,MJk_diJoIh894SJ9Aad1uDtozVwsnIu76XR20POQsR4qt_Qg6sPLmhdPBpiP2PtoN89ylB1PHEMg1v40pEWsVgE26_k_dGz0XiWbVT0lBQ0TyUU8PA,,&typo=1)

**Care Dimensions**

Grief Support

888-283-1722

<https://www.caredimensions.org/grief-support/index.cfm>

**Newton Wellesley Hospital**

Bereavement Support

1 Hollis Street

Wellesley, MA

617-243-6566

<https://www.nwh.org/community-services/heal-helping-educate-after-loss/adult-loss/heal-support-groups>

**Mount Auburn Hospital**

Bereavement Support

330 Mount Auburn Street

Cambridge, MA

617-492-3500

<https://www.mountauburnhospital.org/patients-visitors/pastoral-care/bereavement-support/>

***Referrals***

**Bette Spear, LMHC, LMFT**

Adult Individual Counseling

Arlington, MA

617-816-6402

Specialties: suicide and homicide loss

**Faith Benton, PhD**

Child (10+), Teen, and Adult Individual Counseling

Arlington, MA

781-648-9202, [faithbenton@yahoo.com](javascript:top.openWin('%2FWorldClient.dll%3FSession%3DTY2KDQYRH9U31%26View%3DCompose%26New%3DYes%26To%3Dfaithbenton%2540yahoo.com','Compose',800,600,'yes');)

Specialties: Anxiety, child loss, family therapy

**Bob Cohen, LICSW**

Arlington Counseling Associates

Child (5+), Teen and Adult Individual Counseling

Arlington, MA

781-641-4100

**Carol Wintle, LMHC**

Child, Teen, and Adult Individual Counseling

Arlington, MA and Belmont, MA

617-823-7070, [carol@carolwintle.com](javascript:top.openWin('%2FWorldClient.dll%3FSession%3DTY2KDQYRH9U31%26View%3DCompose%26New%3DYes%26To%3Dcarol%2540carolwintle.com','Compose',800,600,'yes');)

Specialties: mindfulness, conflict resolution, bullying prevention, grief, and therapeutic storytelling

**Chris Gill, LICSW**

Child (10+), Teen, and Adult Individual Counseling

Lexington, MA

[christopherbgill@gmail.com](javascript:top.openWin('%2FWorldClient.dll%3FSession%3DTY2KDQYRH9U31%26View%3DCompose%26New%3DYes%26To%3Dchristopherbgill%2540gmail.com','Compose',800,600,'yes');)

Specialties:  young adults, family therapy, play therapy, loss and grief, ADHD, depression, anxiety

**Lexington Counseling**

Lexington, MA

781-862-8621

**Brian Bermack, Psy.D.**

339-707-5236

5 Water Street

Arlington, MA

**Jessica Foley, LMHC**

617-877-0071

36 Beaver Street

Waltham, MA

**Katherine Alson, LICSW**

339-707-7067

Arlington, MA

**Mitch Davidowitz, LICSW**

339-666-1101

Arlington, MA

**James Bennett, LICSW**

781-691-5149

Arlington, MA

**Jennifer Sheng, LICSW**

617-741-9353

Arlington, MA

**Marlene Kenney, LICSW**

781-460-6860

Arlington, MA

Psychology Today – Specialty in grief and loss

[**https://www.psychologytoday.com/us/therapists/ma/arlington?category=grief**](https://www.psychologytoday.com/us/therapists/ma/arlington?category=grief)

**Crisis Text Line**

(100% Free, for any reason you need to speak with someone)

Text: “Home” to 741-741

<https://www.crisistextline.org/>