



## **Arlington Council on Aging**

### **Minutes**

*Date: Thursday December 21, 2023 Time: 6:00 pm*

*Present: Anne Brown, Sheila Connerney, Nancy Feeney, Ann Fitzgerald, Sherry Graham, Mary Hung, Michael Quinn, Bob Tosi Jr., Marjorie Vanderhill*

*Select Board representative present: Steve DeCoursey (not present)*

*Location: This meeting was conducted in a hybrid format.*

*Kristine Shah, Executive Director*

*Michael Quinn, Chair*

*Sheila Connerney, Secretary*

*The Council's primary responsibilities are to design, promote, and implement programs and services to address the needs of the community's elder population, and to coordinate existing services in the community.*

1. Call to order at 6:03pm.
2. Minutes of the November 2023 meeting for approval  
Nancy Feeney made a motion to approve the minutes. Anne Brown seconded the motion. The minutes were approved.
3. Citizen's Open Forum—none.
4. Report: Executive Director
5. Report: Chair
6. Report: Minuteman Senior Services  
There is still a need for volunteers in money management and Meals On Wheels.  
Minuteman recently raised about \$23000 via their annual fundraiser.  
Minuteman Board needs a rep from Arlington.  
New website set to be launched in January 2024.
7. Old Business
8. New Business

9. Other Community Announcements

Today is the Alzheimer's Association Longest Night; luminaries will be lit in support of dementia awareness.

Nancy Feeney ran a class at the COA on how to be your own health care advocate; would be happy to run another class if there is a need.

10. Adjourn

Nancy Feeney made a motion to adjourn the meeting. Mary Hung seconded the motion. The meeting was adjourned at 6:40pm.

- **Next meeting: January 18, 2024**

### **Executive Director's Report: Kristine Shah**

I. Upcoming on current & new Programs/Activities:

- a. COA Winter Ball highlights
- b. Congresswoman Katherine Clarks Office Listening Session highlights
- c. Lunar New Year Celebration, January 25
- d. 42 folks and counting for Sand/Salt buckets project
- e. AARP tax appointments will begin being scheduled in January
- f. Parking Permit Applications distributed to date: just short of 1,500; noticing online applications slowing down but at least 40 residents coming in on Thursdays for in person applications.

II. Harry Barber Renter Relief Program - Full; Volunteer Property Tax Work Off- Full; Elderly and Disabled Tax Relief Applications Due January 31. Thank you to Michael Quinn for filling the vacant E&D Tax Relief Committee Seat.

III. Budget

- a. End of Year fundraising ask - \$4,500 raised for Emergency Fund to date
- b. Grant received from MCOA for additional Nutrition/Cooking Classes for \$9,000
- c. \$24,000 annual gift received to replenish Sussman Fund
- d. Applying for grant to fund 3<sup>rd</sup> COA Van for in-town transportation, applying for Electric Version which if approved would arrive Spring 2024

IV. Board Member Engagement Opportunities

- a. Board Leadership Positions starting July 1

- b. Thank you to board members who helped on Thanksgiving and with Warm Wishes. 125 meals were distributed on Thanksgiving Day and 75 Warm Wishes gift bags were delivered this week.