

Arlington Council on Aging

Minutes

Date: Thursday February 15, 2024 Time: 6:00 pm

Present: Kristine Shah, Michael Quinn (Virtually), Anne Brown (Virtually), Nancy Cox, Nancy Feeney, Mary Hung (Virtually), Karen Nichols, Bob Tosi Jr., Marjorie Vanderhill (Virtually)

The Council's primary responsibilities are to design, promote, and implement programs and services to address the needs of the community's elder population, and to coordinate existing services in the community.

- 1. Call to order 6:06 pm, Nancy Feeney serving as chair this meeting due to Michael's virtual attendance. Kristine Shah to take minutes.
- 2. Minutes of the January 2024 meeting for approval Michael Quinn Moves, Anne Brown seconds, unanimous approval.
- 3. Citizen's Open Forum 4 citizens present, no comments
- 4. Report: Executive Director

Programs/Activities Update:

- a. Valentines Luncheon, January 8, 35 people on waiting list
 - a. Ideas for accommodating more individuals in events shared- Mary Hung shared that we should explore having future luncheons at Town Hall. Group discussed logistics of this and staffing needs for other programs and in office during time of luncheons. Also discussed charging more for some luncheons to underwrite cost of bigger attendance.
- b. AARP tax appointments began February 8, full schedule with waiting list
- c. COA is Promoting increase in MA Senior Circuit Breaker Credit
- d. Visiting Author- Edie Maxwell, Feb 22
- e. Rainbow LLI returns in March
- f. Other special events in March: Music Healing Session, Indian Fusion Cooking, Life Binder Presentation, Weekly Chess begins

Summary of Presentations to Select Board on February 5

- g. CDBG Application Overview
- h. Parking Permits Mid-Year Report

Elderly and Disabled Tax Relief Committee Meeting to make decisions March 7

Standards of Conduct and Behavior Document- the Center has been dealing with many different types of visitors and some conflicts which lead to the updating of this document. It will be shared widely in newsletter and posted in building.

Board Member Engagement Opportunities

New Board Member Recruitment

Advocacy for CDBG Applications

Save the Date: Volunteer Appreciation Luncheon Thursday April 25

- 5. Report: Chair Michael reported that he attended Select Board meeting for Kristine's presentations. Shared that both updates went well, especially parking permit program update. Shared slight concern over CDBG total amount available this year for grants vs. amount of applicants in pool (\$1,000,000 available, \$1,600,000 asked for in total of grant applications)
- Report: Minuteman Senior Services Kristine to resend Older Adult Lobby Day flier to all board members. Marge reported that MMSS discussed state cuts at last meeting. Also looking for MMSS board members to represent Arlington.
- 7. Old Business- none
- 8. New Business none
- 9. Other Community Announcements- Bob Tosi reported that Chamber of Commerce is planning a Health and Wellness Exo for April 6 (Election Day) at the Gibbs School. COA to have presence/table at event and Board Members to be given opportunity to work at table.
- 10. Adjourn Next meeting: March 21, 2024 Nancy Feeney motions, Michael Quinn seconds, unanimous approval.