



Board of Youth Services

Date: March 6, 2024

Time: 7:00-8:30 p.m.

Location: 670 R Massachusetts Avenue, Arlington

Minutes

Attendance: Lori Pescatori, Kristen Barnicle, Karen Bishop, Carlene Newell, Colleen Leger, Linda Suziki, Justine Bloch, Joan Axelrod, Stacy Carruth, 6 guests.

1. Introducing Stacy to the Board
 - a. Stacy Carruth: Was at Coalition for mental health and racial equity; two adopted Ethiopian children
2. Touchstones
 - a. Be as present as you can be
 - b. Listen deeply
 - c. Always by invitation
 - d. No fixing
 - e. Use oops, whoa and ouch
 - f. Suspend judgment
 - g. Identify assumptions
 - h. Speak your truth
 - i. Respect silence
 - j. Maintain confidentiality
 - k. When things get difficult, turn to wonder
3. AYCC Transitions
 - a. Stacy
 - i. Public health and community engagement are a focus
 - ii. Focus on increasing equity to address the increasingly diverse community
4. 2023 AYCC Updates ([powerpoint](#))
 - a. 425 clients; 31% increase from previous year
 - b. 9932 sessions (2809 conducted by telehealth)
 - c. 30% served were on public insurance or received income-based grant
 - d. 1324 counseling sessions 99 Arlington students, including METCO and Project Success
 - e. 18 clinicians trained in short term Solution Focused Therapy
 - f. 75 residents received case management to assess basic needs and facilitate access to local and statewide services

- g. 16 migrant families sheltering in Arlington received resource coordination and support
 - h. Fundraising
 - i. Holiday help (192 families—330 children) during holiday season
 - ii. \$35,000 donations from fundraising
 - iii. \$11,000 in relief funding; \$10,000 Clinton Family fund grant for sheltered migrant families
 - i. Budget
 - i. Review of income and projected expenses
5. Board
- a. Strategic direction (e.g. waitlist ; revenue generation strategies
 - b. Fundraising
 - c. Communications (e.g. annual report; website; fundraising/strategic partnerships
 - d. Outreach
 - e. Forums

Meeting adjourned at 8:30 p.m.