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Council On Aging Minutes 05/16/2013

COUNCIL ON AGING EXECUTIVE BOARD MEETING MINUTES

May 16, 2013

Ground Floor Conference Room

Arlington Senior Center

27 Maple Street

Arlington, MA 02476

Members present: Sue Culhane, Ann FitzGerald, Ingeborg Reichenbach, Richard "Dick" Phelps, Annette Bender, Joanne Morel
 Absent, Bill Carey. Lucilia Prates, Mara Klein Collins
 Assoc Members, Karen Nichols, Volunteer Tony Ippolito
 Staff: Susan Carp, M.S., Executive Director

Guests- Terry Rodda, ASA rep.

1. Call to Order by Joanne Morel at 4:10 pm.

2. Citizens Open Forum- No discussion.

3. Minutes of April 18, 2013 meeting accepted with correction to date of Joan Pippin's party May 24, 2013 and deletion of gift to be determined. All voted in favor.

4. REPORT of CO- CHAIR- Joanne reports that Podiatry Clinic full, organizational problems this time 68 clients attended. Ist floor ladies room again topic of negative discussion. Susan will discuss under her report. Mothers and Others lunch poorly attended each mother/other received floral bouquet from Home Instead. Walk the Rink participants happy, many want to continue as KEEP MOVING.

Program gets underway in June. \$5 fee does not seem to be a deterrent.

5. Executive Directors Report - Volunteers Luncheon and entertainment April 26, 2013 well done as was the entertainment by Our Own groups. Thanks to the great committee from Bill, ASA, COA and Friends.

Program notes-Walk the Rink under way well attended, Zumba Gold free on Thursdays 5:30- 6:30 pm for May. Tai Chi free at 8:30 am Thursdays.

Keep Moving Training May 6, 2013, the aim of starting a walking club in June. May 7 is Legislators Brunch 8:30 am. May 9, Congregate Meal site lunch and dessert special for Mothers and Others floral gifts from Home Instead was poorly attended. May 30th Older Americans Month lobster lunch with Ipswich catering, cost \$5 and the Singing Grandpops coming soon get your tickets now. Friends donated \$500.

Father's and Others catering for June in planning stages.

Podiatry Clinic being evaluated for efficiency more return of fees to COA.

Four Garden plots are for COA use at Magnolia Field thanks to Recreation Department.

May 24, 2013 Friday 1-3pm is Joan Pippin's retirement party.

Harry Barber Funded for \$7,500 for 10 senior work jobs, may need to include persons receiving other subsidies. MIT wrist GPS project still seeks volunteers \$50 for one week

Wearing of bracelet.

Budgets and Funds

New van will arrive soon the remainder of cost coming from Capital Planning budget for Transportation from Town, approximately \$10,000 or at Town Managers dcretion.

Adult Day Health grant for transportation being sought from Title III funds at \$15.00 per ride. Sevoyan funds in place, request made for simplified balance sheet from Comptroller. Symmes grant is due May 31 for transportation.

CDBG funding announced COA to receive \$40,000 for Trans Enterprise Fund, Bill Murphy's position funded through Planning Dept.

Ann noted addition of COA Program revolving account for under \$25,000 from Town Meeting. Susan explained it is used for fees and holdover monies for better flow of funds.

Scholarships are always given for those who cannot afford fees. Karen also suggested payment up front for programs to cut down on accounting. Works in Belmont.

Possibility that EOEI Formula grant funds up to \$8.00 per senior times 9,400 seniors, an increase of \$9,400 July 1. We will know when Governor Patrick signs the bill.

Newsletter discussion, it is going GREEN encouraging on line sign up.

Dick suggested items be numbered for easier reading on report.

Reports -MMSS-partnering with local communities to assist seniors remain at home as Joan Butler spoke about under the new Affordable Care Act. Neighbor helping neighbor.

COA liason to ASA- Ingeborg reports ASA for Coordinators position, 20 hrs a week at \$14.00 -\$18.00 and with benefits, 2 finalists for the position. New coordinator may help with Newsletter and will oversee programs worked out with the program committee. Day trips coming up to Isle of Shoals NH and Nantucket. Charles Schwab, House Committee new rugs and painting the Drop In room.

Joan Pippin's retirement Reception May 24,1-3pm. She was given a Lifetime Membership to ASA and a gift for her services.

Offices available for coming year are Treasurer, Asst Treasurer and President. Bingo Caller has left need help as well.

Doreen Stevens Arlington Historical Commission gave a good talk. No indoor activities on Town Day in September. Pizza and movie on June 7, Friday 4-7 pm.

ASA Liason to COA- Terry Rodda as representative to COA, covered all info.

Joint ASA, COA, no meeting May 6, due to Keep Moving Training.

Friends of Arl. COA- Mark's working on Outcome based programs and he will be offering nutrition programs soon. Thanks for the donation Friends.

7a. Unfinished Business- a. Living Well and Beyond 60 Event will take place October 26,2013 10am to 2pm at Hardy School.

Paul Raia PH.D keynote speaker, panel, rentals, Atria donated 200 lunches. Tony I. is doing the volunteer activities, flyers being worked on, posters to be printed. Funds are to be raised from tables for rentals, printing costs and electronic sign. Visit made to Hardy School included bathroom and handicapped access, parking and directional flow, shuttle service from COA, handicapped parking. Budget M K C and Susan will meet and discuss.

Snacks, water, coffee will be available, seniors will receive priority on lunches.

b. Building Committee- Susan C received the report from Elaine Bello Interior Design Group today. It covers areas of concern and very clearly notes deficiencies. She recommends another in depth redesign which must be presented to the appropriate departments, seeking funding from Town, approval, go through the bidding process.

The plan is to compose letter to BOS, TM, Capital Planning, Redevelopment, FINCOM, ChristineC., ASA, review recommendations, present the plan to BOS, TM in September, meet with Planning, Redevelopment and prepare Warrant Article to present to TOWN MEETING 2014. We will also invite the ASA to send a representative to our committee.

8. New Business-Prepare the BLUE folder with Board information given, names, numbers email addresses, to include copy of budget and which funds cover programs, salaries, grants, donations, Friends, Sevoyan Trust and the Policies and Procedures (2011), and ethics. Folders to be brought to each meeting for reference.

Building Committee to meet June 20,2013 2:30pm.

.9 Adjourn Motion made at 5:34 pm. Next Meeting , June 20, 2013 4pm.

Respectfully Submitted

Ann FitzGerald

June 17, 2013

File 30/30from recorder A file