



Town of Arlington, Massachusetts
730 Massachusetts Ave., Arlington, MA 02476
Phone: 781-316-3000

webmaster@town.arlington.ma.us

Council On Aging Minutes 06/20/2013

COUNCIL ON AGING EXECUTIVE BOARD MEETING MINUTES

June 20, 2013

Ground Floor Conference Room

Arlington Senior Center

27 Maple Street

Arlington, MA 02476

Members present: Sue Culhane, Ann FitzGerald, Ingeborg Reichenbach, Richard "Dick" Phelps, Annette Bender, Mara Klein Collins

Absent, Bill Carey, Lucilia Prates, Joanne Morel

Assoc Members, Ann McGowan

Staff: Susan Carp, M.S., Executive Director

Guests- Terry Rodda, ASA rep.

1. Call to Order by Sue Culhane, Chair at 4:00 pm.

2. Citizens Open Forum- No discussion.

3. Minutes of May 19 2013, meeting accepted with correction of elected officers, Chair Sue Culhane, Co Chair Joanne Morel, Sec. Ann F.

4. REPORT of CO- CHAIR- none

5. Executive Directors Report – Older Americans luncheon and entertainment served 87 seniors, Singing GrandPops gave a great show.

Program notes-Walk the Rink attendees want to Keep Moving into summer

months, perhaps at Mt. Pleasant Cemetery. Zumba Gold free on Thursdays 5:30- 6:30 pm has 13 participants. Tai Chi free at 8:30 am Thursdays has 8 participants.

Podiatry Clinic being evaluated for efficiency more return of fees to COA.

Four Garden plots for COA use at Magnolia Field were cleaned up by Susan C., Mark W. and Marcie S.

Harry Barber Funded for \$7,500 for 10 senior work jobs, may need to include persons receiving other subsidies such as Housing but may tip income status.

Budgets and Funds

New van has arrived, the remainder of cost coming from Transportation Enterprise Fund, approximately \$10,000.

Adult Day Health grant for transportation being sought from Title III funds at \$15.00 per ride, and \$1000 scholarship divided by 14 Arlington clients. CDBG funding announced COA to receive \$40,000 for Trans Enterprise Fund, Bill Murphy's position funded through Planning Dept.

EOEA Formula grant funds up to \$8.00 per senior times 9,400 seniors, an increase of \$9,400 July 1. Newsletter discussion, it is going GREEN encouraging on line sign up.

Annual Budget-FY15 due September, need for space known, no place for forms, EOEA ideal COA has 1FTE for every 1000 seniors. Work will be done to prepare for the 2014 Town Meeting and FINCOM budgets.

Number 10- Building and Space are concerns and scheduling with ASA. Three dates sought and one was okay. As these programs are grant related, space is becoming an issue. We try at Joint Boards to iron out issues but displacement of one group has become a problem. The Building Committee met June 20, 2013 with goal of representatives sitting down with Ms Kowalski Planning Director soon. Motion made and passed to meet with Planning Director within one month. She will not be available until September. We urge seniors to speak up about MASTER PLAN, this is our future too. We are outgrowing our space.

Confidentiality and accessibility are serious issues. All Arlington seniors are affected.

MCOA conference on October 2,3,4 in Sturbridge. Some will attend.

Reports –MMSS-We need a liason.

COA liason to ASA- Ingeborg reports ASA Coordinator position, chosen, Frank Tadley. New coordinator may help with Newsletter and will oversee programs worked out with the program committee. Day trips coming up to Isle of Shoals NH and Nantucket. Charles Schwab, House Committee continues spruce up job.

Offices available for coming year are President, Treasurer, Asst. Treasurer. Funds raised this year \$500 plus. Space issue was discussed Harry McC. Stated ASA has a contract with the Town, Town rep. should be involved Planning Department, Director. September 22 Sunday 12:30 is Annual Meeting.

ASA Liason to COA- Terry Rodda as representative to COA, covered all info.

Joint ASA, COA –Sue C. likes idea of Singing Grammas as a hospitality group for seniors, we could join Ann and Larry's sing along. The path along the lawn from side to front door can be treacherous at nite, another improvement item.

Friends of Arl. COA-THE RACE is September 8th at Town Hall. Please volunteer. Thanks for the donations, Friends.

7a.Unfinished Business- a. Living Well,60 and Beyond Event will take place October 26,2013 10am to 2pm at Hardy School.

Paul Raia PH.D keynote speaker, panel, rentals, Atria donated 200 lunches. Tony I.is doing the volunteer activities, flyers being worked on, posters to be printed. Funds are to be raised from tables for rentals, printing costs and electronic sign. Visit made to Hardy School included bathroom and handicapped access, parking and directional flow, shuttle service from COA, handicapped parking. Budget Committee, M K C and Susan will meet and discuss.Great work.

Snacks, water, coffee will be available, seniors will receive priority on lunches.

b. Building Committee- Will prepare report for Planning Department Director meeting and Selectmen's meeting outlining issues and requesting funding at Town Meeting.

8. New Business-Susan outlined current budget numbers and will need some volunteers to assist with proposals for FY15 and Town Meeting 2014.

9 Adjourn Motion made at 5:34 pm. Next Meeting , September 19, 2013 at 4pm.

Respectfully Submitted,
Ann FitzGerald ,sec.

File 31/31A